

## A.5 Helpline numbers and websites

### Resources for participants

#### **[www.careleaversreunited.com](http://www.careleaversreunited.com)**

Is run by the Care Leavers' Association ([www.careleavers.org](http://www.careleavers.org)), which is an independent UK-based charity run for care leavers by care leavers.

**Email Contacts** for Issues Regarding Homes and Care leavers in general:

[jim@careleaversreunited.com](mailto:jim@careleaversreunited.com) or [mary@careleaversreunited.com](mailto:mary@careleaversreunited.com)

#### **[www.anationalvoice.org](http://www.anationalvoice.org)**

Is an organisation run by and for care experienced young people. Staff are also care experienced.

**Telephone:** 0161 237 5577 (Head office)

**Email:** [info@anationalvoice.org](mailto:info@anationalvoice.org)

#### **[www.barnardos.org.uk](http://www.barnardos.org.uk)**

Provides support, advice and intermediary services to adopted adults and former care adults.

**Telephone:** 020 8550 8822 (Head Office)

**Email:** [dorothy.howes@barnardos.org.uk](mailto:dorothy.howes@barnardos.org.uk)

#### **[www.bacp.co.uk](http://www.bacp.co.uk)**

BACP can provide advice on a range of services to help meet the needs of anyone seeking information about counselling and psychotherapy.

**Telephone:** 01455 883300 Head Office

**Email:** [bacp@bacp.co.uk](mailto:bacp@bacp.co.uk)

## A6. Recruitment flyer



University of the  
West of England

### **Adults who grew up in care**

Are invited to take part in a research project about the experience of adults who grew up in care as children

### **Why is your story so important?**

*There is not a lot of information about adults who grew up in care and what they think about it when they are older. I am really interested in hearing your story about growing up in care as a child and what has happened to you since then. This project has the full approval of the university ethics committee which means that all appropriate support systems are in place for participants.*

If you grew up in the care system are aged 35 or older, living in the Bristol area and would like to know more please contact me

Mobile xxxxxx

[Yvon2.guest@uwe.ac.uk](mailto:Yvon2.guest@uwe.ac.uk)

## A7. Information leaflet for participants



University of the  
West of England

### **'Listening to Adults who grew up in care'**

An investigation into the lived experience of Adults who grew up in care as children

**Researcher: Yvon Guest**

### **Introducing the research**

You are being invited to take part in a research study about adults aged 35 and over who lived in the care system as children. Please take the time to read this information leaflet and have a think about whether you want to take part. Do contact me if you have any questions or if there is anything that you are not sure about or if you just want some more information. The interviews will take place between 2009 and 2010.

### **Why is your story so important?**

*There is not a lot of information about adults who grew up in care and what they think about it when they are older. Therefore, I am really interested in hearing your story about growing up in care as a child and what has happened to you since then. Have a look at the questions and answers to see what is involved.*

## **Some questions and answers**

Do you have to take part? *Only if you want to, if you do decided to you will be asked to sign a consent form. You can withdraw at any time and you do not have to give a reason. You can ask for the transcripts of your interview to be returned to you or any summaries of findings that relate to you.*

## **How does it work?**

I would meet with you individually to hear about your time in care and since you left. This would take no less than 1 hour and no more than 4. I would record the interview and then send you a typed copy of the interview and come back and see you again. I will also show you the summary that I have written to see if I have understood your story as you see it and show you what I think about your story.

## **Confidentiality**

Your name will be changed when you tell me your story so that it will be anonymous.

I am the only person who will know who you really are and I will not tell anybody else.

The recordings and any summaries of your story will be kept securely by me. You will not be recognisable in any publications.

## **Thank you for reading this leaflet**

**Contact me on xxxxxx if you are interested or email me:**

[yvon2.guest@uwe.ac.uk](mailto:yvon2.guest@uwe.ac.uk)

## **A8. Consent form**

### **CONSENT FORM**

**Title of Project:**

**Listening to Adults who grew up in care**

An investigation of the lived experience of adults who grew up in care as children

Name of Researcher: **Ms Yvon Guest**

Mobile: email: **yvon2.guest@uwe.ac.uk**

I confirm that I have read and understand the information sheet for the above study and have had the opportunity to ask questions.

I understand that my participation is voluntary and that I am free to withdraw at any time, without needing to give a reason.

I understand that if I withdraw from the study I can request that all data and records relevant to me be withdrawn too.

I agree to being interviewed and recorded and to be quoted anonymously in any publications.

I agree to take part in the above study.

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Name of participant

Date

Signature

## A.9 Telephone interview questionnaire

<b>CATEGORY</b>	<b>REMARKS</b>
<b>Name</b>	
<b>Male</b>	
<b>Female</b>	
<b>Age</b>	
<b>Ethnicity</b>	
<b>Disabled</b>	
<b>Occupation (s)</b>	
<b>Education/Qualifications</b>	
<b>Length of time in care</b>	
<b>Relationship status</b>	
<b>Children</b>	
<b>Care experience(s)</b>	
<b>Any difficulties since leaving care</b>	
<b>Formal/informal support</b>	
<b>Source of referral</b>	
<b>Contact phone</b>	
<b>Address</b>	
<b>Email</b>	