A World on Fire': What Contribution can Psychotherapy Research Make (if any)to Addressing Contemporary Global Challenges

Does one-size-fit-all? Considering individual and contextual factors in psychotherapy research

Eva Fragkiadaki, University of the West of England

Issues to consider



One-size-fits-all?



Exclusive?



Everyone follows the same symptom/change trajectories?

Healing contextually determined (Purgato et al., 2021, p. 4)

- Domains
- Tailored and individualised approaches
- Idiographic, longitudinal designs
- Longitudinal qualitative methods
- Participatory, translational research