

Exercise performed from Kurt Johannessen's books, in order of receipt are:

1. Write a question on a boat that runs on batteries. Start the boat and send it out on the ocean. Sarah Bodman, UK.
2. Whisper to a stone. Sarah Bodman, UK
3. Bake a bread that looks like an airplane. Put it outside and let the birds eat it. Sarah Bodman, UK
4. Kiss the Wind & Imagine a stone in your hand.... (It Felt a Gift) Kath Bell, UK.
5. Eat peas and think of princesses. Sara Elgerot, Sweden.
6. Write one hundred stories and bury them in a forest. (While Memory Lasts) Teresa Ogando, Portugal.
7. Go to a beach. Pick up a grain of sand. (Reynisfjara, Iceland & Weston-super-Mare, UK) Pete McCallion, UK.
8. Throw a rock into the sea while you think of kings. David Dellafiora (Geelong Waterfront, Victoria, Australia, 10th August 2024, photo Susan Hartigan), Australia.
9. Take the time you need. Make a little mast with a little sail. Go out in a field and plant the mast in the ground. Rachel Marsh, 12th August 2024), UK.
10. Draw a tiny galaxy in your hand. Sara Bowen, Australia.
11. Make a small bow and a small arrow. When the evening comes, go outside and look at the stars. Sarah Bodman, UK.
12. Think of something you don't know. Anna Juchnowicz, Poland.
13. Read a hundred-year old book. Sarah Bodman, UK.
14. Bury an umbrella on a rainy day. Sarah Bodman, UK.
15. Eat an orange while you think of the moon. Sarah Bodman, UK.
16. Take the time you need. Make a little mast with a little sail. Go out in a field and plant the mast in the ground. Linda Parr (responding to Rachel Marsh and Kurt Johannessen, 16th August 2024), UK.
17. Hold a seed tightly in your hand, then move it in slow circles around your head. (Seed#1), artist collaboration between Latkinson & Aidler, UK.
18. Imagine that you are a stone and the stone is you. Take the time you need. (How to become a stone, on the Guaíba shoreline, Porto Alegre), Fernanda Fedrizzi, Brazil.
19. Eat peas and think of princesses. Sarah Bodman, UK.
20. Get a book about airplanes at the library. Comb your hair back. Sarah Bodman, UK.
21. Get up in the middle of the night, eat two green apples and read a fairy tale. Sarah Bodman, UK.
22. Write one hundred stories and bury them in a forest. (While memory lasts), Fabiola Notari, Brazil.
23. Write one hundred stories and bury them in a forest. (Twilight), Aline Cavalcante, Brazil.
24. Write one hundred stories and bury them in a forest. (Carpe Diem), Vitória Kachar, Brazil.
25. Write one hundred stories and bury them in a forest. (While memory lasts), Leonor Décourt, Brazil.
26. Write one hundred stories and bury them in a forest. (Carpe Diem), Cláudia Aparecida de Souza, Brazil.
27. Write one hundred stories and bury them in a forest. (Invisible), Daniela Karam, Brazil.
28. Write one hundred stories and bury them in a forest. (Lost Paradise), Sandra Lopez, Brazil.
29. Write one hundred stories and bury them in a forest. (The Eagle and The Mountain), Cristina Parisi, Brazil.
30. Write one hundred stories and bury them in a forest. (That unbearable lightness), Lídice Salgot, Brazil.
31. Write one hundred stories and bury them in a forest. (A day just like any other; Nothing; The Darkness) Irene Guerreiro, Brazil.

32. Write one hundred stories and bury them in a forest. (Ghosts), Ana Cris Rosa, Brazil.
33. Write one hundred stories and bury them in a forest. (Winter - Will you leaf out again next Spring?), Renata Danicek, Brazil.
34. Write one hundred stories and bury them in a forest. (Voice), Clarissa Zelada, Brazil.
35. Write one hundred stories and bury them in a forest. (Uncharted Democracy), Margarida Holler, Brazil.
36. Eat an orange while you think of the moon. Tom Sowden, UK.
37. Eat peas and think of princesses. Marian Kilpatrick, UK.
38. Take a swim in the pool. Eat fish for dinner afterwards. Marian Kilpatrick, UK.
39. Make a small bow and a small arrow. When the evening comes, go outside and look at the stars. Kate Bernstein, UK.
40. Go deep into a forest. Close your eyes. Morwenna Peters, UK.
41. Make many small drawings of flying birds seen from above. Emily Lucas, UK.
42. Throw a rock into the sea while you think of kings. Vicki King, UK.
43. Draw something you have forgotten. Shaun Oaten, UK.