Title: The timing of childhood adversity associates with epigenetic patterns across

childhood and adolescence: results from a prospective, longitudinal study

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RESEARCH IN CONTEXT

2 Evidence before this study

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- 3 We searched PubMed from inception to July 29, 2022 for articles on childhood adversity and
- 4 DNA methylation measured during childhood and adolescence in human populations. Search
- 5 terms included "DNA methylation OR epigenetics", "trauma OR adversity OR abuse", "child
- 6 OR childhood", "adolescent OR adolescence". Our search did not identify any previous studies
- 7 that investigated time-varying associations between childhood adversity on adolescent DNA
- 8 methylation or trajectories of DNA methylation across development.

9 Added value of this study

- 10 To our knowledge, this is the first human study to incorporate time-dependent measures of
- childhood adversity in the study of longitudinal epigenetic patterns. Our findings are the first to
- demonstrate the dynamic developmental associations between adversity on the human
- epigenome. These analyses extend prior work that revealed sensitive periods for the association
- of childhood adversity with epigenetic alterations at age 7 in ALSPAC, further highlighting that
- exposure to adversity between the ages of 3-5 may be more closely linked to biological processes
- and future health than exposure during other time periods.

Implications of all the available evidence

- Our study suggests epigenetic mechanisms may serve as a biological link between childhood
- adversity and long-term health. If replicated, these findings could explain why there are both
- 20 immediate and latent manifestations of disease among people with histories of childhood
- 21 adversity. Our findings also support the need for further studies investigating the role of DNA
- 22 methylation trajectories in predicting child and adolescent health, including risk for immune
- 23 dysfunction, metabolic disorder, and mental health problems.

ABSTRACT

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Background: Childhood adversity is a potent determinant of health across development. Altered 25 26 DNA methylation (DNAm) signatures have been identified in children exposed to adversity and may be more common among children exposed during sensitive periods in development. 27 However, it remains unclear if adversity has persistent epigenetic associations across childhood 28 29 and adolescence. We examined the relationship between time-varying adversity and genome-30 wide DNAm, measured three times from birth to adolescence using prospective data from the 31 Avon Longitudinal Study of Parents and Children. 32 **Methods:** We investigated the relationship between the timing of exposure to seven adversity 33 types (measured 5-8 times between ages 0-11) and blood DNAm at age 15 using a structured life course modeling approach. We also assessed the persistence of adversity-DNAm associations we 34 35 previously identified from age 7 blood DNAm into adolescence and the influence of adversity on DNAm trajectories from ages 0-15. We attempted to replicate our age 15 associations using data 36 37 from the Raine Study and Future of Families and Child Wellbeing Study (FFCWS). 38 **Findings:** Adversity associated with differences in age 15 DNAm at 41 loci ($R^2 \ge 0.035$). Most 39 loci (20/41; 49%) were associated with adversities occurring between ages 3-5. Most 40 associations were identified for exposures to one-adult households (20/41; 49%), financial 41 hardship (9/41; 22%), or physical/sexual abuse (4/41; 10%). Differences in age 15 DNAm were 42 not present in age 7 DNAm; DNAm differences previously identified at age 7 resolved by age 43 15. We identified six distinct DNAm trajectories from these patterns of stability and persistence. 44 We replicated the direction of associations for 90% (18/20 loci) of one-adult household loci 45 using adolescent blood DNAm from the Raine Study and 64% of loci (18/28 loci) using saliva

- DNAm from the FFCWS. The direction of effects for 11 one-adult household loci were
- 47 replicated in both cohorts.
- 48 **Interpretation:** These findings highlight the time-varying impact of childhood adversity on
- 49 DNAm profiles across development, providing a potential biological mechanism linking
- adversity to adverse health outcomes in children and adolescents.
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- 52 NHMRC.

INTRODUCTION

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Children exposed to adversity, such as abuse or maltreatment, family disruption or dysfunction, or poverty, frequently have poorer physical and mental health outcomes later in development and across the life course(1). Epigenetic processes, including DNA methylation (DNAm), are increasingly recognized as potential underlying mechanisms for these associations, as DNAm is responsive to experiences(2) and may mediate the link between environmental exposures and health outcomes(3). Indeed, hundreds of studies in humans, including populationbased studies, systematic reviews, and meta-analyses have shown links between childhood adversity, DNAm, and adverse health outcomes across the life course (reviewed in (4)). However, prior studies investigating the epigenome of children exposed to adversity have not yet explored two key dimensions of the adversity-DNAm relationship: 1) the timing of adversity, and 2) the timing of DNAm measurement and its stability over time. These dimensions are critical to understand the biological risk posed by childhood adversity, identify children at risk for poor health, and improve intervention targets for health promotion and disease prevention in children and adolescents. First, it remains unclear how the *timing* of childhood adversity might shape DNAm. Both human and animal studies suggest there may be sensitive periods for epigenetic programming when physiological and neurobiological systems are primed for external influences, allowing experiences to impart more enduring effects(5, 6). Notably, we have previously identified a potential sensitive period for the effects of adversity on childhood DNAm between the ages of 3-5 (7, 8). However, no prior studies have investigated sensitive periods for epigenetic patterns in adolescence.

Second, little is known about how DNAm profiles of children exposed to adversity vary across development and how DNAm variation *across time* may shape health. In a recent article, Oh and Petronis(9) argued that the dynamic nature of epigenetic mechanisms is best examined through longitudinal studies that model chrono-epigenetic patterns, meaning the dynamics of epigenetic processes across time, rather than at single timepoints. Although previous studies have shown the epigenome is dynamic across development(10-17), no study has determined how childhood adversity might influence DNAm trajectories.

To address these gaps, we examined the longitudinal relationship between early-life adversity and genome-wide DNAm across childhood and adolescence, using data collected over two decades from a subsample of youth in the Avon Longitudinal Study of Parents and Children (ALSPAC) cohort. We examined the associations between exposure to seven types of childhood adversity, assessed repeatedly between birth and age 11, and DNAm at age 15. Given the unique availability of three waves of DNAm in ALSPAC (measured from cord blood, and blood at ages 7 and 15), we also examined DNAm trajectories from birth to adolescence.

Our aims were to: 1) determine whether childhood adversity has time-dependent associations with adolescent DNAm; 2) characterize the developmental trajectories of DNAm linked to adversity; and 3) evaluate the persistence of associations between childhood adversity and DNAm at age 7 that we previously identified in ALSPAC(8) (see **Figure S1** for analytic flow-chart). This study is the first to investigate the time-varying influences of childhood adversity on adolescent DNAm and DNAm trajectories from childhood to adolescence.

METHODS

Study design and participants

ALSPAC is a large population-based birth cohort from Avon, UK of 14,451 children followed from before birth through early adulthood(18, 19). Blood-based DNAm profiles were generated for a subsample of ALSPAC mother-child pairs as part of the Accessible Resource for Integrated Epigenomic Studies (ARIES), which includes cord blood at birth (n=905), whole blood at age 7 (n=970), and peripheral blood leukocytes at age 15 (n=966)(20) (**Appendix p.3**).

We examined seven types of childhood adversity previously associated with DNAm: 1) caregiver physical or emotional abuse; 2) sexual or physical abuse (by anyone); 3) maternal psychopathology; 4) one-adult households; 5) family instability; 6) financial hardship; and 7) neighborhood disadvantage. These adversities were reported by mothers via mailed questionnaires, collected 5-8 times between birth and age 11 (**Figure 1**; **Table S1**).

DNAm was measured from blood at 485,577 CpG sites using the Infinium HumanMethylation450 BeadChip microarray (Illumina, San Diego, CA). Laboratory procedures, preprocessing, and quality control steps were described previously(20-21). We removed non-variable CpGs (<5% DNAm difference between children in the 10th and 90th percentile), resulting in 302,581 CpGs for analyses (**Appendix p.3**). DNAm was analyzed as beta values, which represent the percent of methylation at each site.

Ethical approval for the study was obtained from the ALSPAC Ethics and Law

Committee and the Local Research Ethics Committees. Consent for biological samples has been collected in accordance with the Human Tissue Act (2004). Informed consent was obtained from participants following the recommendations of the ALSPAC Ethics and Law Committee.

Secondary analyses of these data were approved with oversight by the Mass General Brigham Institutional Review Boards (Protocol 2017P001110).

Statistical analysis

We examined time-dependent associations for each adversity among children with DNAm data and no missing data among covariates or the adversity timepoints shown in Figure 1 (N=609-665). To adjust for known potential confounders(7), we controlled for age of blood collection, sex, race/ethnicity, maternal age at birth, maternal education at birth, birthweight, number of previous pregnancies, maternal smoking during pregnancy, and cell type proportions (**Appendix p.3** and **Figure S2**).

Our primary analyses focused on identifying time-dependent associations between each type of childhood adversity and DNAm measured in adolescence (age 15). We used the structured life course modeling approach (SLCMA), a two-stage method that simultaneously compares *a priori* life course hypotheses explaining exposure-outcome relationships(22-24). SLCMA first uses variable selection to identify the life course hypothesis explaining the greatest proportion of outcome variation. Effect estimates, confidence intervals, and p-values are then calculated for the selected life course hypothesis using post-selective inference. SLCMA detects time-varying associations with more statistical power and less bias than traditional epigenome-wide association studies of ever/never-exposed or cross-sectional paradigms (7, 8, 25).

We generated variables corresponding to six separate life course hypotheses, including four sensitive periods hypotheses encoding exposure to each childhood adversity during: 1) *very early childhood* (ages 0-2), 2) *early childhood* (ages 3-5), 3) *middle childhood* (ages 6-7), 4) *late childhood* (ages 8-11); and two additive hypotheses: 5) *accumulation of exposures* (total exposures of the specific adversity across childhood; **Table S2**), and 6) *recency of exposures* (total exposures of the specific adversity weighted by age) to determine whether more recent exposures had a stronger impact than distal exposures. We tested associations using selective

inference and accounted for multiple-testing using the false-discovery rate (FDR). SLCMA, Quantile-quantile plots (**Figure S3**), genomic inflation estimates, and functional analyses of top loci are in **Appendix p.4**.

As sensitivity analyses, we completed internal validation analyses of the SLCMA results using ordinary nonparametric bootstrapping, and investigated the impact of potential confounders or alternate mediators of the association between childhood adversity and DNAm at age 15, including exposures to other types of childhood adversity in the same or different sensitive periods (**Appendix p.5-7, 10-12**).

We sought to replicate primary associations between childhood adversity and DNAm levels in adolescence using data from The Raine Study(26, 27) and the Future of Families and Child Wellbeing Study (FFCWS)(28). In the Raine Study, we analyzed the loci linked to one-adult households using blood DNAm measured at age 17 (N=382-529). In the FFCWS, we analyzed the loci linked to caregiver abuse, financial hardship, maternal psychopathology, and one-adult households using saliva DNAm measured at age 15 (N=662-1,859). The timing of adversity exposures was matched with the one identified in ALSPAC (see **Appendix p.7-10**).

Finally, the three waves of longitudinal DNAm data available in ALSPAC also allowed us to investigate three subsequent analyses of DNAm trajectories across development (**Appendix p.12-13**). First, we assessed whether DNAm differences identified at age 15 emerged earlier in development, using linear regression to test whether exposure to the same type and timing of childhood adversity was associated with DNAm at the same top loci at birth or age 7. Second, we investigated DNAm patterns in our top loci beyond the age 15 time point, studying

longitudinal change and stability of DNAm across age 0, 7, and 15 among children from three distinct exposure groups: 1) children who had adversity exposure *during* the sensitive period identified from the SLCMA (labeled as exposed-SP); 2) children who had adversity exposure *outside* the sensitive period identified from the SLCMA (exposed-other); and 3) children who were never exposed to adversity.

Third, we previously identified associations between time-varying exposures to childhood adversity and DNAm levels at age 7 for 46 loci across the epigenome(8). To determine whether these DNAm alterations persisted to adolescence, we performed linear regressions between the same type and timing of childhood adversity and DNAm levels measured at age 15 for these 46 loci.

Role of the funding sources

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RESULTS

Demographic characteristics did not differ between the ARIES sample and children exposed to any adversity between ages 0-11 (**Table S3**). The prevalence of exposure to a given adversity between ages 0-11 ranged from 15.1% (sexual/physical abuse, 100 of 663 children) to 34.8% (maternal psychopathology, 222 of 639 children) (**Figure S4**; **Table S4**). The tetrachoric correlation of exposure within adversity across development ranged from 0.36 (family instability) to 0.786 (one-adult households). Different types of adversity were weakly correlated (ravg=-0.04-0.16).

Across all types of adversity, 41 loci showed significant associations between exposure to adversity and DNAm levels at age 15 (\geq 3.5% of DNAm variance explained by adversity; largest p-value=5.94x10⁻⁶; **Table 1; Table S5**). Of these, 22 loci were significant after multiple-test correction (FDR<0.05). As prior studies show that p-values are poor metrics of statistical inference on their own(29, 30), particularly in the context of time-varying associations(8), we focused downstream analyses on CpGs meeting the R² threshold.

Sensitive periods were the most often selected life course hypothesis by the SLCMA, with 35 loci showing associations with childhood adversity that occurred during *very early childhood* (20%; 18/41), *early childhood* (56%; 23/41), or *late childhood* (10%; 4/41) (**Figure 2**). Only 3 loci (7%) showed associations with the accumulation or recency of adversity. Most of these associations were for exposure to one-adult households (20 loci), followed by financial hardship (9 loci), sexual or physical abuse by anyone (4 loci), caregiver physical or emotional abuse (3 loci), neighborhood disadvantage (3 loci), family instability (1 locus), and maternal psychopathology (1 locus).

Childhood adversity was mainly associated with a decrease in DNAm (35/41 loci). On average, childhood adversity exposure was linked to a 3.5% absolute difference in DNAm (range 0.9-10.4%). For loci associated with accumulated time living in one-adult households, each additional exposure timepoint associated with a 1% difference in DNAm (range 0.3-1.4%). For loci associated with the recency of financial hardship, one additional exposure was linked to a -1.3% to 2.3% change in DNAm per year of age at exposure.

Top loci showed higher representation in low CpG density regions, such as enhancers (p=0.008) and Open Seas (p=0.018) (**Figure S5**). Most loci (28/41) had weak, positive brain-blood

correlations in individuals without exposure to adversity (28/41 positive; ravg=0.10; 10 with p<0.05; **Table S6**; **Figure S6**)(31), suggesting adversity-associated differences in blood DNAm could be reflected in the central nervous system. No biological processes were significantly enriched in top loci using the DAVID or *missMethyl* gene ontology tools(32, 33)(**Figures S7-S8**). Seven genes linked to sexual/physical abuse (*TAF1*), family instability (*PKD2*), financial hardship (*FBXL16*, *XKR6*), or one-adult households (*DSP*, *CUX2*, *STK38L*) showed evidence of strong functional constraint through analyses of probability of intolerance to loss-of-function mutations(34)(**Table S5**; **Figure S9**). Finally, several loci were previously associated with gestational age (7 loci), sex (6 loci), smoking (1 locus), inflammatory bowel disease (1 locus), and rheumatoid arthritis (4 loci). Together, these findings suggest different types of childhood adversity may act through diverse biological processes (**Appendix p.4-5**).

Internal validation of top associations yielded nearly identical results to the initial analyses (largest difference in effect estimates=2.03%) (**Figure S10**; **Table S7**). Our results remained stable when correcting for exposure to other adversities during the sensitive period or across childhood, suggesting they were not influenced by co-occurring adversity (**Appendix p.6-7**; **Figure S11-13**). Together, these results point to the robustness and specificity of associations between time-varying childhood adversity and DNAm at age 15.

We attempted to replicate these associations in two independent datasets, the Raine Study and FFCWS (**Figure S14**). Using data from the Raine Study (blood DNAm), we tested associations for the 20 CpGs associated with one-adult households (**Table S8**). Of these, 18 CpGs (90%) showed the same direction of effects in the Raine Study, which was more likely than random chance (p=2x10⁻⁴; **Figure S15**). Three CpGs were nominally significant (p<0.05) in the Raine Study; none of the effect estimate confidence intervals contained zero and all had the

same direction as ALSPAC. Effect estimates in the Raine Study were smaller compared to ALSPAC. These differences were mitigated when correcting for winner's curse effects (**Figure S15**).

Using data from FFCWS (saliva DNAm), we attempted to replicate associations for 28 loci associated with four childhood adversities. Of these, 64% of CpGs (18/28) showed the same direction of effects in the FFCWS (p=0.092), with 73% of one-adult household loci (11/15) showing concordant directions (p=0.059; Figure S16; Table S9). Importantly, all 11 of these one-adult household loci showed the same direction of effects in the Raine Study. While the magnitudes of effects were smaller in FFCWS, one CpG associated with the accumulation of one-adult household exposures (cg00807464; *CUX2*) showed nearly identical effect estimates between cohorts. These results point to the partial replication of associations from ALSPAC in independent cohorts, particularly for exposures to one-adult households.

For the 41 loci identified in age 15 DNAm, none showed associations between adversity and DNAm at birth (**Table S10**) or age 7 (**Table S11**). Notably, the age 7 estimates were *smaller* than the age 15 associations, with consistent directions-of-effect in about half of loci (20/41) (**Figure 3A**). Agnostic of adversity exposure, correlations in DNAm levels across ages were low at the individual-level (r_{avg}=0.11; **Figure S17**). The emergence of these associations was not explained by early-life confounders (<10% change in effect estimates for parental socioeconomic position, maternal BMI, or gestational age) or biological mediators during adolescence (<5% of the association mediated through age at pubertal onset, adolescent BMI, CRP levels, or smoking), suggesting some adolescent differences may emerge later in development and become stronger with time (**Appendix p.10-12**); **Figures S2, S18-24**).

Moving beyond adolescent DNAm, 34 of the 41 loci had significant adversity exposure group-by-age interactions (FDR<0.05), suggestive of more complex patterns of change and stability across development. From these loci, we identified five additional types of longitudinal DNAm trajectories (**Figure 4**), which showed distinct DNAm patterns across ages and adversity exposure groups (**Figures S25-28**; **Table S12**), but not between the FDR and R² subsets of CpGs (**Figure S29**).

Finally, of the 46 CpG sites previously showing time-varying associations between adversity and DNAm at age 7 (8), only one showed an association at age 15 (p<0.05; **Table S13**), which did not pass multiple-test correction. Again, approximately half of loci showed consistent direction-of-effect between age 7 and 15 (24/46) (**Figure 3B**). These findings suggest some childhood epigenetic responses to adversity may not persist into adolescence.

DISCUSSION

This study's main finding is that associations between childhood adversity and DNAm vary across the life course, manifesting at different developmental stages through distinct patterns of persistence and latency. To our knowledge, this is the first study to incorporate time-dependent measures of childhood adversity when assessing longitudinal epigenetic patterns.

Our findings point to early childhood – the period between ages 3 to 5 – as a possible sensitive period for the biological embedding of childhood adversity that manifests in adolescence. These findings are consistent with prior human and animal studies showing that exposures earlier in life may have greater influence on epigenetic patterns measured in

childhood(7, 8) or adolescence(35). As early childhood is a time of rapid cognitive, social, emotional, and regulatory development(36), epigenetic processes may be more malleable(12), resulting in increased sensitivity to life experiences that shape DNAm levels and trajectories across development. These findings suggest early childhood may be a period for focused interventions to limit or prevent the long-term sequelae of childhood adversity.

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Of the seven types of adversity examined, exposure to single parent households had the greatest number of associations to DNAm in adolescence. By contrast, previous research on DNAm from the same children at age 7 identified no associations with one-adult households(8), suggesting these associations are adolescent-specific. Prior studies have shown the effects of single parent households begin to emerge around puberty, manifesting through shifts in puberty timing (37), poorer self-esteem(38), and higher depressive symptoms(39) and externalizing behaviors(39). Of note, we did not detect any mediation of the associations of one-adult households and DNAm through pubertal onset age, nor were any loci previously linked to pubertal onset or sex hormone levels, or confounded by socioeconomic factors (Figure S19). We also replicated the direction of associations for 11 loci associated with one-adult households in two independents cohort. These results are particularly salient given the differences in the sociodemographic contexts and in the DNAm tissue assessed between studies. Beyond broad tissue differences, saliva is more heterogenous across individuals than blood (40), which further increased the stringency of the replicated effects and highlights the potential relevance of these top loci. Overall, these findings suggest a latency to the effects of one-adult households on biological processes and health outcomes, which may not become apparent until the rapid developmental changes occurring during puberty.

Curiously, we observed fewer associations for other adversities, such as maternal psychopathology and experiences of sexual, physical, or emotional abuse. These adversities may have subtler influences on the adolescent epigenome, requiring larger sample sizes or meta-analyses to uncover. None of our top loci overlapped between different types of childhood adversity, nor were they present among top loci from a twin study of adolescents exposed to severe victimization (N=118)(11). As discussed in ongoing debates surrounding the "lumping or splitting" of childhood adversities in clinical research(41), different dimensions of adversity could result in distinct epigenetic signatures, a hypothesis supported by the finding that adjusting for other types of adversity only modestly influenced associations. Of note, we found that exposures to deprivation-type adversities during early childhood may have more influence on adolescent DNAm than threat-type adversities (42)(**Figure S30**).

Arguably the most novel finding from our study concerned the patterns of stability and change in the relationship between adversity and DNAm. Most DNAm trajectories showed primarily *latent* associations with adversity, meaning they did not emerge until age 15 in youth exposed to adversity. These findings align with previous longitudinal studies of genome-wide DNAm from ALSPAC and Project Viva, which showed that early-life stressors, such as prenatal maternal smoking(13) and socio-economic disadvantage during childhood(10, 14), can have both immediate and latent associations with DNAm during childhood and adolescence. Subtle desynchronization of DNAm levels may appear earlier in development, while evading immediate detection until later in life. These "sleeper" patterns may explain why complex diseases unfold over years of development, rather than immediately after exposures or risk factors(9). We also note that most of our top loci showed little individual-level stability over time, suggesting these latent effects may be located within regions of the epigenome that change across development.

Future research is needed to determine whether latent associations between childhood adversity and the epigenome persist into adulthood and whether they are more likely to influence physical and mental health than alterations arising earlier in development.

Similarly, the DNAm differences we previously observed at age 7 did not persist into adolescence(8). Studies on early-life stressors(10, 14), birthweight and gestational age(16), and maternal weight before and during pregnancy(15) parallel these findings, showing that DNAm differences linked to early-life environments rarely persist across time. Whether these patterns resolve naturally or due to active intervention is unknown and should be investigated to determine whether interventions can be beneficial in reversing epigenetic effects of early-life stressors. Nevertheless, even short-term alterations that eventually fade over time could alter the developmental trajectories of downstream cellular pathways to influence future health.

Several differentially methylated genes we identified were implicated in processes that could influence downstream disease. For instance, *CUX2* is transcription factor involved in dendrite and synapse formation(43), alterations to which could influence neurodevelopment and vulnerability to mental disorders. Several top genes, including *DUSP10*, *DSP*, and *VEGFA*, are also linked to cardiac function, and may partially reflect mechanisms linking childhood adversity to heart disease(44). We note, however, that findings from epigenome and genome-wide association studies have different interpretations and have not yet converged on common mechanisms underlying human health and disease. As DNAm alterations may not reflect concomitant changes in gene function or expression, experimental studies are needed to identify the true functional and health consequences of these epigenetic differences and determine whether short- and/or long-term DNAm changes could link childhood adversity to adverse health outcomes across the lifespan.

If replicated, our results may reveal how the biological embedding of early-life exposures through DNAm contribute to disease risk across development, which could have important clinical implications for early risk prediction, disease prognosis, and therapeutic guides for individuals and populations exposed to adversity. Several recent studies have shown that DNAm can predict risk and progression of diseases such as cancer (45) and depression (46). It may be that certain adversity-associated DNAm trajectories predict concomitant trajectories of disease risk. If true, repeated measures of DNAm could serve as a biological indicator or early warning-sign of initiated disease processes, helping identify people at greater risk for future disease. Moreover, these adversity-associated DNAm trajectories may also act as biological measures of treatment response, for example to salutary interventions or protective factors designed to buffer against the effects of adversity. Recent research shows that DNAm differences among adults with posttraumatic stress disorder (PTSD) (compared to those without PTSD) resolved following psychotherapy treatment; such DNAm changes corresponded to a reduction in PTSD symptom severity(47). Thus, repeated measures of DNAm could be used as a marker of therapeutic efficacy, tracking possible disease progress and/or resolution.

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Our study had limitations. First, DNAm data were generated from slightly different tissue types at each wave. Although we corrected for cell type composition using established methods, differences in the stability of DNAm differences between waves may have been partially driven by tissue-based differences and variability. Second, we could not replicate all findings, partially due to the lack of available data from the Raine Study and FFCWS. Further, differences in associations between cohorts could reflect differences in the socio-economic environment or the specific timing and tissue of DNAm measurements, among other factors. Future studies should confirm these longitudinal epigenetic responses to childhood adversity and triangulate the socio-

biological factors that modulate adversity-induced epigenetic differences and health outcomes. Third, we cannot rule out the possibility that unmeasured confounding or technical factors influenced our findings. However, our results were robust in internal validation analyses and when controlling for 11 potential confounders and investigating four potential mediators. Similarly, we could not assess the impact of time-varying confounding, which could have influenced our results(48). Fourth, our analytic subsample was mainly composed of children from European descent. This lack of diversity limited the generalizability of our findings, emphasizing the importance of replicating this work in more diverse cohorts. Finally, the differences in DNAm observed in youth exposed to adversity may not reflect concomitant phenotypic alterations, as epigenetic alterations in peripheral tissues may only partially reflect the causal mechanisms that drive health and disease. Thus, studies that combine both model systems and human populations are necessary to fully delineate the relationships among adversity, DNAm, and health.

In sum, this study highlights developmental variability in the relationship between adversity and DNAm trajectories and its potential role in adversity-related health outcomes across childhood and adolescence. Future studies should continue to investigate longitudinal measures of DNAm to identify the potential role of latent and persistent epigenetic alterations in driving the short- and long-term health outcomes that result from childhood adversity.

Ultimately, this research will help guide intervention strategies and identify individual at higher risk for physical and mental disorders arising from exposure to childhood adversity.

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AUTHOR CONTRIBUTIONS

AAL designed the study, performed all primary analyses in ALSPAC, led the replication analyses, interpreted the results, and wrote the manuscript. YZ, BJS, JC, AJS, ADACS, MJS, EW, CLR, and KJR assisted in the design and interpretation of the study and provided critical input in writing the manuscript. PM, NMW, SCW, and RCH performed the Raine Study analyses and provided critical input on the manuscript. JF, CM, LS, and DN performed the FFCWS analyses and provided critical input on the manuscript. ECD obtained grant support for this work, designed the study, interpreted the results, and helped write the manuscript. AAL and YZ directly accessed and verified the ALSPAC data reported in the manuscript. PM and NMW directly accessed and verified the Raine Study data reported in the manuscript. JF and CM directly accessed and verified the FFCWS data reported in the manuscript. AAL reviewed and compiled the scripts and results for the Raine Study and FFCWS analyses. AAL and ECD made the final decision to submit the manuscript.

COMPETING INTEREST

The authors have no conflicts of interest to declare.

DATA SHARING

ALSPAC data are available by request from the ALSPAC Executive Committee for
researchers who meet the criteria for access to confidential data
(<u>bristol.ac.uk/alspac/researchers/access/</u>). Data from the Raine Study are available with the
permission of the Raine Study. Restrictions apply to the availability of these data, which were
used under license for this study. The FFCWS data analyzed in the current study are available
with permission from the Future of Families and Childhood Wellbeing Study repository
(fragilefamilies.princeton.edu/documentation)

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TABLES AND FIGURES

Table 1. Top associations between time-dependent exposure to adversity and DNA methylation at age 15.

Adversity	Timing	Age (years)	CpG	DNAm unexp ¹	DNAm SP ²	Δ DNAm ³	Effect estimate ⁴	SE*	95% CI*	R2 ⁵	P-value	FDR- adjusted p-value	Nearest gene	Trajectory class
Caregiver physical or emotional abuse	Early childhood	5	cg14855874	0.091	0.121	0.030	0.030	0.005	0.019; 0.041	0.041	3.32E-07	1.01E-01	BANK1	Emergent
			cg15454534	0.885	0.868	-0.017	-0.017	0.003	-0.023; -0.01	0.039	6.76E-07	1.02E-01	OR2T1	Latent
			cg06215562	0.847	0.826	-0.021	-0.021	0.004	-0.029; -0.013	0.035	2.37E-06	1.81E-01		Latent
Sexual or physical abuse by anyone)	Early childhood	3.5	cg26970800	0.902	0.847	-0.055	-0.055	0.010	-0.074; -0.036	0.044	8.51E-08	2.08E-02	CBLIF	Emergent
			cg15723468	0.822	0.779	-0.043	-0.045	0.009	-0.062; -0.028	0.041	1.89E-07	2.08E-02	GALNT2	Latent
			cg17928317	0.681	0.785	0.104	0.076	0.015	0.045; 0.106	0.041	2.06E-07	2.08E-02	MAGEC3	Primed
	Late childhood	8	cg27558057	0.257	0.289	0.032	0.107	0.024	0.059; 0.155	0.036	1.53E-06	1.16E-01	TAF1	Stable
Family instability	Very early childhood	2.5	cg02735620	0.877	0.857	-0.021	-0.019	0.004	-0.027; -0.012	0.036	2.07E-06	4.63E-01	PKD2	Emergent
Financial hardship	Very early childhood	0.66	cg14455319	0.289	0.339	0.050	0.052	0.011	0.032; 0.074	0.036	3.87E-06	2.00E-01	ANKK1	Time-stable
			cg13204236	0.861	0.824	-0.037	-0.037	0.007	-0.051; -0.023	0.036	5.94E-06	2.00E-01	STPG4	Latent
	Early childhood	5	cg15037420	0.780	0.746	-0.035	-0.034	0.007	-0.049; -0.021	0.036	3.04E-06	2.00E-01	BSPH1	Latent
			cg06410970	0.860	0.825	-0.035	-0.033	0.006	-0.046; -0.022	0.036	5.56E-06	2.00E-01	ANXA11	Overcompensation
	Late childhood	11	cg02011706	0.861	0.799	-0.062	-0.064	0.013	-0.089; -0.039	0.036	5.35E-06	2.00E-01	LMF1	Emergent
			cg04659536	0.901	0.873	-0.029	-0.028	0.006	-0.039; -0.017	0.035	5.52E-06	2.00E-01	SDK1	Latent
	Recency		cg17670999	0.817	0.807	-0.010	-0.002	0.000	-0.003; -0.001	0.041	8.76E-07	2.00E-01	ARHGAP39	Stable
			cg25459301	0.769	0.756	-0.013	-0.003	0.001	-0.004; -0.002	0.036	4.24E-06	2.00E-01	XKR6	Overcompensation
			cg06812747	0.837	0.825	-0.012	-0.003	0.001	-0.004; -0.002	0.035	4.98E-06	2.00E-01	FBXL16	Stable
Maternal psychopathology	Very early childhood	2.75	cg16813552	0.898	0.883	-0.015	-0.015	0.003	-0.021; -0.01	0.045	7.11E-08	2.15E-02	OGA	Stable
Neighborhood disadvantage	Very early childhood	2.75	cg04288299	0.914	0.905	-0.009	-0.021	0.004	-0.029; -0.013	0.039	4.52E-07	7.00E-02	NELFA	Overcompensation
and ranage			cg25019631	0.201	0.223	0.023	0.044	0.009	0.028; 0.061	0.038	6.16E-07	7.00E-02	CASP9	Overcompensation
			cg04224851	0.907	0.894	-0.013	-0.014	0.003	-0.02; -0.009	0.038	6.94E-07	7.00E-02	ZFP36L2	Overcompensation
One adult in the household	Very early childhood	1.75	cg05491478	0.908	0.880	-0.028	-0.027	0.006	-0.039; -0.016	0.038	7.33E-07	2.81E-02	LRRFIP1	Overcompensation
	Early childhood	3.9	cg16907527	0.853	0.824	-0.030	-0.032	0.005	-0.041; -0.022	0.060	4.17E-10	1.26E-04	VEGFA	Flat emergent
			cg08818094	0.847	0.798	-0.048	-0.050	0.008	-0.067; -0.034	0.051	8.79E-09	1.33E-03	TBC1D19	Latent

	cg01060989	0.824	0.794	-0.031	-0.031	0.005	-0.042; -0.021	0.047	6.73E-08	6.78E-03	DUSP10	Latent
	cg15814750	0.723	0.684	-0.039	-0.040	0.009	-0.058; -0.025	0.039	6.57E-07	2.81E-02	WDR72	Latent
	cg15783822	0.868	0.848	-0.021	-0.021	0.004	-0.031; -0.014	0.039	8.08E-07	2.81E-02	PRR4	Latent
	cg15864691	0.907	0.889	-0.018	-0.018	0.004	-0.014 -0.025; -0.011	0.038	8.36E-07	2.81E-02	HOXA10	Overcompensation
	cg02584161	0.661	0.603	-0.057	-0.058	0.011	-0.081; -0.038	0.038	1.28E-06	3.42E-02		Latent
	cg02810291	0.840	0.818	-0.022	-0.023	0.005	-0.033; -0.014	0.037	1.35E-06	3.42E-02	AKAP13	Overcompensation
	cg04036644	0.882	0.855	-0.027	-0.026	0.005	-0.037; -0.016	0.037	1.36E-06	3.42E-02	LOC286083	Latent
	cg11811897	0.758	0.711	-0.047	-0.047	0.010	-0.067; -0.03	0.037	1.68E-06	3.64E-02	PKD1L1	Latent
	cg15817130	0.794	0.759	-0.036	-0.038	0.007	-0.051; -0.025	0.037	1.83E-06	3.69E-02	MYO10	Latent
	cg06711254	0.686	0.631	-0.055	-0.056	0.012	-0.08; -0.036	0.036	2.15E-06	3.98E-02	FSIP2	Flat emergent
	cg19096460	0.845	0.821	-0.024	-0.024	0.005	-0.035; -0.015	0.035	2.89E-06	4.85E-02	HERC3	Latent
	cg18980650	0.800	0.760	-0.040	-0.036	0.007	-0.05; -0.024	0.035	3.31E-06	5.08E-02	NOX1	Emergent
	cg27504269	0.771	0.733	-0.038	-0.040	0.008	-0.056; -0.026	0.036	3.52E-06	5.08E-02	SLCO1A2	Latent
Late childhood 10	cg12096528	0.890	0.874	-0.016	-0.016	0.003	-0.023; -0.01	0.036	2.24E-06	3.98E-02	SLC25A41	Overcompensation
Accumulation	cg00807464	0.052	0.057	0.006	0.003	0.001	0.002; 0.004	0.040	7.56E-07	2.81E-02	CUX2	Stable
	cg10420609	0.559	0.522	-0.037	-0.014	0.003	-0.02; -0.009	0.039	7.71E-07	2.81E-02	DSP	Latent
	cg14579651	0.634	0.605	-0.028	-0.012	0.002	-0.018; -0.008	0.037	1.68E-06	3.64E-02	STK38L	Stable

¹DNAm unexp. = mean DNA methylation levels in children with no exposure to adversity from ages 0 to 11.

²DNAm exp. SP = mean DNA methylation levels in children with exposure to adversity that occurred during the selected sensitive period (SP). Accumulation hypotheses show the mean DNA methylation levels in children with at least one exposure to adversity.

³ΔDNAm= difference in mean DNA methylation levels between children exposed to adversity during the selected sensitive period and individuals unexposed to adversity (i.e., DNAm exp. SP – DNAm unexp.)

⁴Effect estimates were calculated using linear regression of exposure to adversity from the theoretical model and DNA methylation, correcting for the covariates described in the methods. Standard error and confidence intervals are shown for these estimates.

⁵R² is the proportion of variation in DNAm at this CpG that is explained by differences in this adversity at this timing, after removing the associations with covariates.

^{*}CI = Confidence Interval; SE = standard error; Very early childhood = 0-3 years, Early childhood = 3-5 years; Late childhood = 8-11 years.

FIGURES

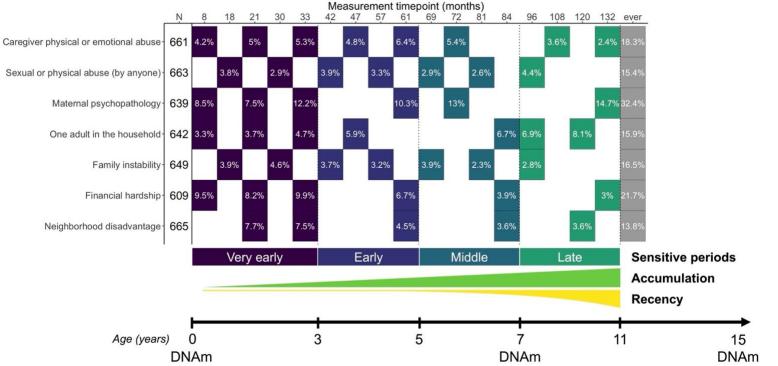


Figure 1. Summary of exposures and outcomes examined in the present study. Seven types of childhood adversity were assessed 5-8 times between the ages of 0 and 11. The effective sample size (N) was based on the availability of complete data for all covariates, all available timepoints of childhood adversity, and DNAm at age 15 (N=609-665). Each filled cell represents the time point when the adversity was measured, along with the prevalence of children exposed to adversity. Colors represent the four sensitive periods used to define time-dependent exposure to adversity: *very early childhood* (age 0-3), *early childhood* (age 3-5), *middle childhood* (age 5-7), and *late childhood* (age 7-11). The additional life course models tested were accumulation and recency, which reflect the total number of exposures across development and exposure to adversity weighted by time, respectively. Genome-wide DNA methylation (DNAm) data were collected at ages 0, 7, and 15.

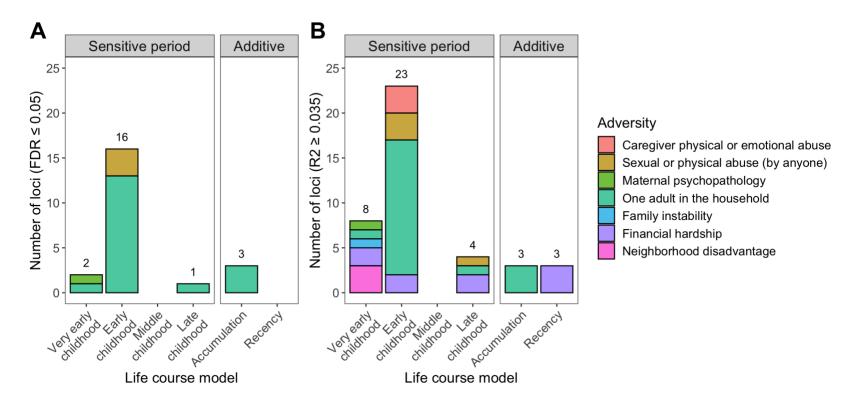


Figure 2. Life course theoretical models selected by the SLCMA for top loci at age 15. The life course theoretical models were split by sensitive periods (i.e., exposure to adversity during specific childhood periods) or additive models (i.e., accumulation or recency of exposures). Colors represent the different types of adversity. The distribution of theoretical models for top loci was significantly different than random chance, with exposure to adversity during sensitive periods more frequently predicting DNA methylation levels as compared to the additive models. A) 22 loci were identified at a false-discovery rate (FDR) <0.05. Most loci were associated with exposure to one-adult households during early childhood. B) 41 loci were identified at an $R^2 \ge 0.035$ cutoff and $p < 1 \times 10^{-5}$ threshold, which again mainly showed associations with adversity occurring during early childhood.

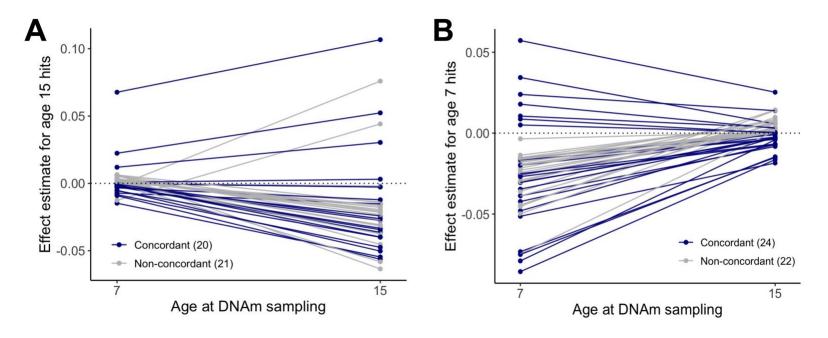


Figure 3. Persistence and stability of associations between childhood adversity and DNA methylation across development. A)

The estimates of associations between childhood adversity and DNAm at age 7 or age 15 generally showed variable directions-of-effect for the significant loci identified from the SLCMA at age 15 (20 concordant and 21 non-concordant directionality). Estimates for age 7 DNAm data were also smaller than those at age 15, suggesting that these loci showed latent responses to adversity. **B**) The estimates of associations between childhood adversity and DNAm at age 7 or age 15 generally showed variable directions-of-effect for the significant loci identified in a previous study of age 7 DNAm (24 concordant and 22 non-concordant directionality). Estimates for age 15 DNAm data were also smaller than those at age 7, suggesting that these loci showed early responses to adversity that resolved by adolescence.

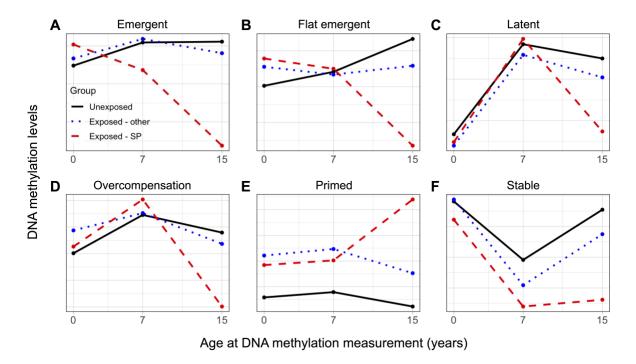


Figure 4. DNA methylation trajectories across development. Distinguishing features included DNAm differences emerging earlier versus later in development, differences between children exposed during a sensitive period (exposed-SP) or at other developmental stages (exposed-other), and differences linked to age at DNAm measurement. A) Emergent trajectory (5 loci): differences in exposed-SP appeared in childhood but did not fully emerge until age 15. B) Flat emergent trajectory (2 loci): differences in exposed-SP were modest throughout childhood and fully emerged by age 15. C) Latent trajectory (17 loci) differences for exposed-SP emerged at age 15, with no differences observed from exposure at other times. Some CpGs in this cluster showed graded differences between childhood exposed in sensitive periods versus other times. D) Overcompensation trajectory (9 loci): cross-over of DNAm differences in exposed-SP were present from age 7 to age 15, along with differences in DNAm level between ages. E) Primed trajectory (1 loci): differences in the exposed groups were apparent from birth but were magnified in exposed-SP at age 15. F) Stable trajectory (7 loci): differences in exposed-SP were present at age 7 and remained stable until age 15.

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SUPPLEMENTAL METHODS

Discovery cohort - the Avon Longitudinal Study of Parents and Children

Sample description

Data came from the Avon Longitudinal Study of Parents and Children (ALSPAC), a longitudinal birth cohort of children born to mothers who were living in the county of Avon, England, with expected delivery dates between April 1991 and December 1992(1, 2). The main goal of the ALSPAC study is to increase knowledge of the pathways influencing lifelong health, with a focus on the genetic and environmental determinants of health and disease. A total of 14,451 pregnant women participated in the study and of 14,062 of eligible live births who were alive at one year of age (n=13,988 children) were enrolled in the study. Please note that the study website contains details of all the data that is available through a fully searchable data dictionary and variable search tool: http://www.bristol.ac.uk/alspac/researchers/our-data/.

Ethical approval for the study was obtained from the ALSPAC Ethics and Law Committee and the Local Research Ethics Committees. Consent for biological samples has been collected in accordance with the Human Tissue Act (2004). Informed consent for the use of data collected via questionnaires and clinics was obtained from participants following the recommendations of the ALSPAC Ethics and Law Committee at the time. All data are available by request from the ALSPAC Executive Committee for researchers who meet the criteria for access to confidential data (http://www.bristol.ac.uk/alspac/researchers/access/). Secondary analyses of ALSPAC data were approved with oversight by the Mass General Brigham Institutional Review Boards (IRB) (Protocol 2017P001110).

DNA methylation profiling

The analytic sample came from a subsample of ALSPAC, the Accessible Resource for Integrated Epigenomics Studies (ARIES). The subsample consisted of 1,018 mother-child pairs from whom blood-based DNA methylation data were collected. Participants in the ARIES subsample were randomly selected from ALSPAC participants with complete data across at least five timepoints of data collection (3). Three timepoints of DNAm were collected, including cord blood at birth (n=905), whole blood at age 7 (n=970), and peripheral blood mononuclear cells at age 15 (n=966). 846 individuals had DNAm collected at all three timepoints. Number of samples are based on the number of samples with available data after the pre-processing procedures described in the main text.

DNA methylation pre-processing and normalization

DNAm data were processed using the *meffil* package in R, which performs background correction and functional normalization of DNAm data (4). Twins and samples with >10% of CpG sites with a detection p-value >0.01 or a bead count <3 were removed, as were cross-hybridizing probes and polymorphic probes. To remove possible outliers, we winsorized the beta values (i.e., values that represent the percent of methylation at each CpG site), setting the bottom 5% and top 5% of values to the 5th and 95th quantile, respectively (5). Finally, we removed probes showing little variability across individuals, defined as CpGs with <5% difference in DNAm between the 10th and 90th percentile of values. The final analytic sample after pre-processing consisted of 966 youths and 302,581 CpGs with DNAm data measured at age 15. DNAm measured at age 0 and 7 were similarly pre-processed and normalized.

Covariates

Across all ALSPAC analyses, we controlled for the following covariates, which were measured at birth and coded as follows. We have extensively investigated and discussed the topic of covariates in our prior manuscript on time-varying adversity and childhood DNAm (6). These were selected based on their inclusion in prior studies of early-life exposures and DNAm using data from ALSPAC (6-9).

- 1. Sex coded as a binary variable, as reported at birth, and confirmed from epigenetic data.
- 2. Race/ethnicity coded as a binary variable corresponding to white or non-white, as our analytic sample was predominantly white and previous work in the ARIES subsample found no strong evidence of population stratification(6). Race/ethnicity was determined based on parent self-reports at birth; any response other than "White" from either parent resulted in the child received a code of "non-White".
- 3. Maternal age at birth coded as a categorical variable with three categories of response, ages 15-19, ages 20-35, and age 36+. We categorized this variable because maternal age does not have a linear relationship with health outcomes. Rather, children born to young (age <20) or older (age>35) mothers may be more likely to have deleterious health outcomes (10, 11). As such, using a continuous scale of maternal age is not appropriate for these types of analyses, in spite of the potential increase in power.
- 4. Number of previous pregnancies coded as a categorical variable, with response categories of 1, 2, and 3+.

- 5. *Maternal smoking during pregnancy* coded as an exposure if the mother smoked during at least two trimesters of pregnancy, as previously described (9).
- 6. Child birthweight coded as a continuous variable.
- 7. *Maternal education* coded as a categorical variable with four categories of response, less than O-level, O-level, A-level, and degree or above.
- 8. Age at DNAm collection continuous measure of the age (in years) at which the blood sample for DNAm was collected from the participant.

We also estimated cell type composition using the Houseman method for all three ages as part of the *meffil* pipeline (4, 12). All estimated cell type proportions were included in downstream analyses and regressions that used DNAm data.

Structured Life Course Modeling Approach (SLCMA)

We tested time-dependent associations for each adversity using the timepoints shown in **Fig. 1**. In the first step, the SLCMA selected the timepoint or additive hypothesis (accumulation; recency) that explained the most variation in a given CpG for each type of adversity (seven separate analyses of 302,581 CpGs). We interpreted the model selected by the SLCMA through six separate life course hypotheses, including four sensitive periods hypotheses that encoded exposure to each childhood adversity during:

- 1. very early childhood hypothesis selected by the SLCMA fell within the ages of 0-2 (before 36 months);
- 2. *early childhood (ages 3-5)* hypothesis selected by the SLCMA fell within the ages of 3-5 (61 months or before);
- 3. middle childhood hypothesis selected by the SLCMA fell within the ages of 6-7 (84 months or before);
- 4. late childhood hypothesis selected by the SLCMA fell within the ages of 8-11 (after 84 months);
- 5. *accumulation* total number exposures across childhood, ranging from 0-8 total exposures, depending on the adversity analyzed;
- 6. recency total number of exposures weighted by age when the adversity was measured.

In the second stage of the SCLMA, we used selective inference to perform post-selection inference(13) and adjusted for covariates using the Frisch-Waugh-Lovell theorem(14), shown to improve statistical power in penalized regression analyses(15, 16). Only complete cases (i.e., individuals with non-missing covariate and exposure data from ages 0-11) were analyzed for each adversity (**Fig. 1**).

Biological implications of loci associated with childhood adversity identified from SLCMA

To further understand the biological implications of significant loci, we investigated the biological implications of findings from SLCMA in four different ways (Table S5).

First, we assessed the enrichment of regulatory elements in top loci compared to all analyzed loci using chisquared tests. Both FDR-significant and R^2 -threshold loci were overrepresented in enhancers (**FDR**: p=0.034; R^2 : p=0.008), but not gene promoters (**FDR**: p=0.17; R^2 : p=0.17; **Fig. S5A**). These loci were also enriched for regions away from CpG islands ('Open Sea'), rather than CpG Islands, shores, or shelves (**FDR**: p=0.021; R^2 : p=0.018; **Fig. S2B**). Overall, top loci showed higher representation in regions of lower CpG density, suggesting these genomic regions may be more responsive to childhood adversity.

Second, we examined the correlation of DNAm at the top loci in blood and four different brain regions using the Blood Brain DNA Methylation Comparison Tool(17). Most FDR-significant loci (17/22) had weak, but positive correlations between brain and blood (prefrontal cortex r_{avg} =0.05, range=-0.19-0.65; entorhinal cortex r_{avg} =0.06, range=-0.24-0.60; superior temporal gyrus r_{avg} =0.05, range=-0.18-0.61; cerebellum r_{avg} =0.06, range=-0.14-0.54)(**Table S6**; **Fig. S6**)(17). Similarly, most R²-threshold loci (28/41) also had weak, but positive correlations, which were, on average, larger than those for the FDR loci (prefrontal cortex r_{avg} =0.11, range=-0.19-0.95; entorhinal cortex r_{avg} =0.11, range=-0.24-0.95; superior temporal gyrus r_{avg} =0.09, range=-0.21-0.94; cerebellum r_{avg} =0.09, range=-0.20-0.97). Thus, adversity-induced alterations to blood DNAm levels may reflect similar changes in the central nervous system.

Third, we analyzed the enrichment of biological processes in top loci using gene ontology (GO) terms from the DAVID tool (18, 19). Although none reached significance, eight distinct clusters of biological processes were overrepresented in FDR-significant loci (n=21 genes)(18, 19). These clusters were implicated in abiotic stimulus, development, ion transport, and cellular regulation of biosynthetic processes (**Fig. S7**). By contrast, 18 clusters were identified for R²-threshold loci, which were involved in development, MAPK activity, muscle development, and immunity. These results suggest that different types of childhood adversity may act through diverse biological processes, rather than a concerted network of pathways.

We also assessed the enrichment of GO terms in top loci using the *missMethyl* package in R, which accounts for the number of CpG measured in each gene(20). Again, no significant enrichment was detected for KEGG pathways, biological processes, molecular functions, or cellular components at an FDR<0.05. Among the top 10 processes from KEGG, biological processes, cellular component, and molecular function categories, several pathways and processes were related to immune function, apoptosis, and development (**Fig. S8**).

Fourth, we assessed the evolutionary constraint of genes linked to top loci using data from the Exome Aggregation Consortium (21), which estimated the probability of intolerance to loss-of-function (pLI) mutations using genetic and evolutionary data. In other words, genes with intolerance to loss-of-function are thought to have more functional constraint and thus, may potentially have played a role in human survival and evolution. Genes linked to top loci showed no evidence of enrichment for functionally-constrained genes (**Table S5**; **Fig. S9**). However, 3 FDR-significant genes linked to the accumulation of exposure to one-adult households showed evidence of strong evolutionary constraint (pLI>0.9; *DSP*, *CUX2*, and *STK38L*). Four additional genes with high evolutionary constraint were identified in the R²-threshold loci (*FBXL16*, *PKD2*, *TAF1*, and *XKR6*). Five of the seven loci in genes with high functional constraint showed decreased DNAm in participants exposure to childhood adversity (*DSP*, *STK38L*, *FBXL16*, *PKD2*, *XKR6*). Together, these findings highlight a potential role for genes influenced by parental and social environment in human survival and evolution.

Finally, we used the EWAS catalog to identify traits previously associated with our top CpGs. All of our top 41 loci showed prior associations in the literature, including 29 that had been previously linked to age. We also found seven CpGs previously associated with gestational age, which had little effect on the strength of associations when we included it in our analysis of additional confounders (**Fig. S19**; see below for details). Similarly, six CpGs were linked to sex differences, though only the three located on chromosome X showed after removing sex as a covariate. One CpG was previously linked to smoking (cg02810291) and one to maternal BMI (cg13204236); additional confounding and mediation analyses for these CpGs again found no differences. Finally, we identified four CpGs previously associated with rheumatoid arthritis, which showed no mediation through CRP levels. However, these findings may point to further relationships between childhood adversity, inflammation, and future health outcomes.

Internal validation of age 15 loci using non-parametric bootstrapping

The ALSPAC cohort is unique; no longitudinal birth cohorts at present have collected comparable measures of childhood adversity and DNAm. At best, other birth cohort studies with repeated measures of childhood adversity have only collected one timepoint of DNAm during childhood or adolescence, but not both. By contrast, studies with repeated DNAm measures do not have repeated and prospective measures of childhood adversity. As such, we could not complete external replication analyses of the associations we detected between time-varying childhood adversity and DNAm at age 15. In the absence of a cohort in which to replicate our findings, we performed internal validation analyses of our associations using ordinary nonparametric bootstrapping(22).

In brief, the bootstrap involves resampling data with replacement from a given sample (23). Unlike parametric methods, such as t-test and linear regressions, the bootstrap does not require assumptions of normality nor rely on parameter estimation (e.g., regression coefficients) from the original sample. Rather, the bootstrap relies on the approximations of test statistics, generated by drawing repeated resamples from a given sample – at random – across thousands of iterations. By resampling with replacement, the original sample size is maintained, with some rows of data omitted and others repeated; this process creates multiple random (re)samples of data from the same underlying population. Since the original sample is drawn from the population of interest, each bootstrap resample can be thought of as a new sample of data drawn from the population. In other words, the bootstrap sample differs from the original sample in each iteration at random, while also remaining similar to the general population from which the original sample was collected. As such, bootstrapping can provide insight into whether findings might be replicated in an independent cohort sampled from the same general population.

Here, we performed a random-x bootstrap resampling using the *boot* package in R(24). For each CpG identified in the analyses of childhood adversity and DNAm at age 15, we performed 10,000 bootstrapped linear regressions of the selected hypothesis (**Table 1**) and DNAm. We included the same covariates as the SLCMA analyses in the bootstrapped models. Effect estimates across the 10,000 bootstraps were averaged to obtain the "bootstrapped effect estimate". 95% confidence intervals were calculated using the normal-theory interval(24). As we used the bootstrap for inference, rather than prediction, we did not estimate the bootstrap optimism. In inference, the optimism would be 0 and therefore, is not informative. Instead, we report the "bootstrap bias", which is the difference between the bootstrapped estimate and the estimate in the full sample.

The results from the bootstrap analyses were nearly identical to those identified in the initial SLCMA analyses (**Table S7**), both in terms of average effect estimates and confidence intervals. The mean difference

between effect estimates from the bootstrap and original analyses (i.e., bootstrap bias) across all top loci was 4.57 x10⁻⁵ (2.52x10⁻⁵ for FDR-significant loci), with the largest absolute magnitude of difference being 2.03% (comparing the bootstrap to the original effect estimate). In addition, all effect estimates were significant at the 5% level, judged by bootstrap confidence intervals (**Fig. S10**). Confidence intervals were narrower in all but two of the original analyses (linear regression) compared to the bootstrap, suggesting the bootstrap could more precisely assess the effect estimate.

Together, these findings show that our initial results were robust to different analytic subsamples and populations, as well as nonparametric approaches that make fewer distributional assumptions. Thus, our findings may be likely to replicate in independent cohorts.

Adjusting for exposure to other childhood adversities

To further determine the specificity of our associations between subtypes of childhood adversity and DNAm patterns at age 15, we performed a set of mutually-adjusted regression analyses. Specifically, we investigated the impact of correcting for exposure to the other six types of childhood adversity on the strength of association between a given measure of childhood adversity and DNAm.

Children in this analytic sample could have been exposed to adversity before, during, or after the sensitive periods we identified. We therefore coded exposure to other types of childhood adversity in five ways, as outlined below. We investigated these five different ways of coding co-occurring adversities to facilitate future replication of our work in datasets that may not be as fine-grained as ALSPAC, as well as narrow down the periods when co-occurring adversities may have the greatest impact on our results.

- 1. Exposed to any other childhood adversity between age 1-11 the full window of potential exposures to childhood adversity;
- 2. Exposed to any other childhood adversity between age 1-7 the window of potential exposures to childhood adversity that would influence age 7 and age 15 DNAm;
- 3. *Exposed to any other childhood adversity between age 8-11* the window of potential exposures to childhood adversity that would only influence age 15 DNAm;
- 4. Exposed to any other childhood adversity <u>before</u> the SLCMA-selected sensitive period;
- 5. Exposed to any other childhood adversity <u>during</u> the SLCMA-selected sensitive period;

NB: for loci with accumulation hypotheses – #4 and #5 were calculated using the accumulation of all exposures to other adversities from age 1-11.

For each of the 41 adolescent-specific loci, we ran five separate regressions that included the base model (no mutual adjustment; i.e., the model we presented in primary text) and one of the five above variables. The strength of associations for the mutually-adjusted models were compared to the base model associations between the specific childhood adversity and DNAm at age 15. We found that all associations remained significant when correcting for other types of childhood adversity, no matter which mutual-adjustment strategy was employed (FDR<0.05 when correcting for testing 41 loci) (**Fig. S11**).

Associations between the accumulation of exposure to one-adult households and DNAm at age 15 were most attenuated in the mutually-adjusted model, showing between a 1 to 39% reduction in the size of the effect estimate per CpG; the average attenuation for these three CpGs was 9.0% (**Fig. S12**). Similarly, the three loci linked to the recency of exposures to financial hardship also showed stronger effect shifts in mutually adjusted models (range = -28% to 27%, mean = 2.4%). These results are perhaps unsurprising, given that accumulation and recency scores across childhood may be more highly correlated with other exposures to childhood adversity.

By contrast, we observed smaller alterations to the effect of exposures during sensitive period hypotheses when performing these mutual-adjustment analyses, suggesting our sensitive period findings were less prone to the influence of other types of childhood adversity. Of note, mutual-adjustment for other adversities reported during the same sensitive period identified by the SLCMA generally had the greatest effect on the strength of associations (**Fig. S12**). In particular, almost all associations between exposure to one adult households during early childhood, and DNAm at age 15 were attenuated when controlling for co-occurring adversities during the same sensitive period (mean = 8.6% reduction in effect estimate, range = -20.6% to 4.0%; **Fig. S13**). This finding suggests one-adult households may co-occur with other adversities more frequently, particularly during early childhood. Nevertheless, the strength of associations remained fairly stable even when controlling for these co-occurring exposures, indicating that associations remained specific to one-adult households.

Together, these results suggest our observed associations between childhood adversity and DNAm at age 15 were mostly specific to each type of childhood adversity and were not the result of other possible co-occurring exposures across childhood. Future studies should further investigate these findings in other cohorts to confirm their

robustness and specificity to subtypes of childhood adversity, especially because ALSPAC is a sample where few children were simultaneously exposed to multiple types of adversity (see correlations in **Table S4** and **Fig. S4**).

Replication cohort – The Raine Study

Sample description

The Raine Study, formerly known as the Western Australian Pregnancy Cohort Study, is a continuing longitudinal study based in Perth, Western Australia. Between 1989-1991, 2,979 Generation 1 participants (primary caregivers) were recruited at approximately 18 weeks of pregnancy(25, 26). At birth, 2,868 participants were available for follow-up. Generation 2 participant (offspring) follow-ups were conducted at 34 weeks' gestation, and ages 1, 2, 3, 5, 8, 10, 13, 17, 20, 22, and 27 years; and labelled to reflect average age of participants at each follow-up. Follow-ups were approved by Human Ethics Committee at King Edward Memorial Hospital, Princess Margaret Hospital for Children, and the University of Western Australia in Perth. Generation 2 participants with epigenetic data were included in the present analysis (n=1,190). Local Flinders ethics was ratified by their Human Research Ethics Committee approval number: HEL4641-2.

DNA methylation profiling

Primary caregivers (Gen1) provided written informed consent to participate in the study at each follow-up and participants (Gen2) provided consent when they were old enough. Clinical assessments were performed at multiple follow-ups, including at age 17 years where a blood sample was taken with consent. DNA methylation profiles were generated from whole blood for 1,192 (58 technical replicates) participants. DNA was first extracted from the blood sample via the Puregene DNA Isolation kit (Qiagen, Germany). Genomic DNA was treated with sodium bisulphite with the Zymo EZ DNA Methylation-Gold kit. Processing of the Human Methylation 450K array was performed by the Centre for Molecular Medicine and Therapeutics (The University of British Columbia, Vancouver, Canada).

Quality control was performed via R and Bioconductor packages *shinyMethyl*, *MethylAid*, and *RnBeads*. Four participants were identified as outliers and removed; three additional participants with poor probe quality were also removed, as was one participant with a sex misclassification. CpG sites were removed for the following reasons: CpG with a common SNP disrupted the site leading to genotypic specific DNAm levels; sex chromosome CpGs; CpGs with a detection p > 0.05 in any sample; probes with bead counts < 3 in more than 5% of samples. Normalization was performed using beta-mixture quantile normalization (BMIQ) (27).

Childhood adversity (one-adult households)

Gen2 participants were followed-up at 34 weeks' gestation, and ages 1, 2, 3, 5, 8, 10, 13, 17, 20, 22, and 27 years. A variety of clinical and demographic information was collected from Gen1 and Gen2 participants at each follow up. Using these data, we could harmonize one type of time-varying childhood adversity between ALSPAC and the Raine Study cohorts: exposure to one-adult household.

Specifically, information on number of adults (i.e., those aged 18 or older) that the income supported in the Gen2 participant household was collected as a continuous numeric value at ages 1, 2, 3, 5, 8, 10. Data were recoded to reflect a binary in terms of a one-adult household (exposed/unexposed) at each period.

Covariates

The following covariates were included in the analyses of data from the Raine Study:

- 1. Biological sex assigned at birth
- 2. First 10 principal components of genetic variance (calculated using SNP data)
- 3. Maternal education level at birth
- 4. Maternal age at birth
- 5. Mother's number of previous pregnancies
- 6. Child birthweight
- 7. Maternal smoking during pregnancy
- 8. Cell type proportions estimated using the Houseman method.

Replication cohort – Future of Families and Child Wellbeing Study (FFCWS)

Sample description

FFCWS is a prospective, longitudinal birth cohort of almost 5,000 families in the USA followed to capture a representative sample of families vulnerable to risk factors linked to nonmarital childbearing(28). From 1998 to 2000, 4,898 children in 75 hospitals were enrolled in the study (76% unmarried parents). FFWS is an

ethnically/racially diverse sample (50% Black; 24% Hispanic; 18% White) enriched for families with fewer socioeconomic resources (65% with ≤ high-school degree; 39% below poverty line at birth). Families were interviewed when children were 1, 3, 5, 9, and 15 years old. Follow-up completion rates are >75% at all ages.

DNA methylation profiling

DNAm was measured from children's saliva samples at age 15 (N=2,020). DNA was collected using the DNA Genotek Oragene kits and purified according to the manufacturer's protocol. DNA was then bisulphite converted using the EZ-96 DNA kit (Zymo Research) and methylation was assessed using the Illumina 450 K array (n=880). A secondary sample was analysed using the Illumina EPIC array (n=1,140).

DNA methylation data were initially processed with the minfi R package(29). Stratified quantile normalization was undertaken to remove bad samples. Probes on sex chromosomes, problems with a SNP within nucleotide of the CpG site, probes with >20% failed samples, and CpG sites with >50% failed samples were removed.

Childhood adversity

We investigated four measures of childhood adversity in the FFCWS cohort, which are outlined below. For all adversities, we analyzed the presence/absence of the exposure during the specific timepoint closest to ALSPAC.

- Caregiver physical and emotional abuse (N_{DNAm}=662-1,527): The Conflict Tactics Scale was collected from mothers, fathers, and primary caregivers (if not mother or father) at ages 3, 5, and 9. Participants were classified as having been exposed to caregiver physical or emotional abuse exposed if they experienced (1) physical punishment on two or more occasions (e.g., spanking, hitting, slapping) OR (2) verbal aggression on three or more occasions (e.g., shouting/yelling, calling them names/dumb/lazy, threatened to hit, etc.).
- 2. Maternal psychopathology ($N_{DNAm} = 1,846$): Maternal depression was measured at ages 1, 3, 5, and 9 using the CIDI-SF scale for depression(30-33). Participants were classified as exposed if mothers met a liberal threshold score of ≥ 3 in the CIDI-SF.
- 3. One adult in the household (N_{DNAm} =799-1842): At ages 1, 3, 5, and 9, primary caregivers reported the number of individuals aged 18+ living in the household. Participants were classified as exposed if only one adult lived in the household.
- 4. <u>Financial hardship (N_{DNAm} =722-1,859)</u>: Mothers reported material hardship at ages 1, 3, 5, and 9 (34-37). Participants were coded as exposed to financial hardship if mothers reported difficulties paying for the following three items in the past year: (1) food (2) rent, and (3) utilities.

Covariates

The following covariates were included in replication analyses using FFCWS data:

- 1. child sex
- 2. child birthweight
- 3. mother's number of prior pregnancies
- 4. maternal education
- 5. maternal age at birth
- 6. maternal smoking during pregnancy
- 7. city of data collection
- 8. array type (450K or EPIC)
- 9. leukocyte proportion estimated using a childhood saliva reference panel (38).

Replication analyses

Winner's curse correction of top ALSPAC loci

Winner's curse is the terms evoked in genome-wide studies to explain why top associations identified from discovery analyses may fail to replicate when tested again in independent data sets(39). In other words, the first identification of a given exposure-outcome relationship may be an exaggerated estimate for a given exposure-outcome relationship in the sample in which it was first identified.

To reduce concerns that our discovery results were biased by Winner's curse, we accounted for Winner's curse when attempting to replicate our findings in the Raine Study and the FFCWS. We used the *winnerscurse* package in R (github.com/amandaforde/winnerscurse), which performs a normalized maximum likelihood estimation (MLE) on our top 41 loci, leveraging the effect estimates and standard errors of these loci to calculate a bias-corrected estimate and 95% confidence intervals(40). As expected, relative to our original discovery results, we

found the Winner's curse corrected estimates were smaller and had wider confidence intervals, but remained significantly associated with exposure to childhood adversity (**Table S8**). We use these estimates in downstream replication analyses to assess potential replication more reliably in the Raine Study and FFCWS.

Replication in the Raine Study Generation 2

We focused our replication analyses on the CpGs identified in the primary analyses. Due to the availability of childhood adversity data, we could only investigate the 20 CpGs associated with one-adult households (**Table S8**; **Fig. S14**). In other words, we could not adequately match the other types of childhood adversity measured in the ALSPAC cohort using data from the Raine Study. We also note that participants from the Raine Study had blood DNAm profiles measured later in development (starting at age 17), meaning that differences in DNAm present earlier in development (i.e., age 15) may have resolved by this timepoint.

As we have previously shown, p-values are an unstable metric for the replication of time-varying associations within and between studies(7). Thus, we focused primarily on replicating the direction and magnitude of associations observed using ALSPAC data.

In the Raine Study (N=382-529), we performed linear regressions of exposures to one-adult households, matched as closely as possible to the time point identified in ALSPAC (**Table S8**) and DNAm measured at age 17, adjusting for covariates. Across all CpGs, the magnitude of effects between adversity and DNAm were smaller in Raine than ALSPAC, even with our Winner's curse bias-corrected estimates (**Fig. S15**). However, 90% of CpGs (18/20) showed the same direction of associations, which is higher than would have been expected under the null (p=0.000201) (**Fig. S15**). Three CpGs showed nominal associations in the Raine Study (p<0.05), though none passed multiple-test correction. However, their 95% confidence intervals did not overlap with zero; their confidence intervals also overlapped with the winner's curse-correction estimates from the ALSPAC cohort. Prior studies have used both criteria as a metric for replication(41).

Together, these that the associations between one-adult household and DNAm identified in the ALSPAC cohort are partially recapitulated in the Raine Study. Although the replicated effects were smaller in the Raine Study, key differences in the socioeconomic context and age at DNAm measurement could have influenced these findings. These findings further highlight the importance of investigating sensitive periods for childhood adversity and DNAm across sociobiological contexts and across time.

Replication in the FFCWS cohort

We focused our replication analyses on the CpGs identified in the primary analyses, again attempting to replicated the direction and magnitude of associations. Due to the availability of childhood adversity and DNAm data, we could only investigate 28 CpGs associated with caregiver abuse (3 CpGs), maternal psychopathology (1 CpG), one-adult households (15 CpGs), and financial hardship (9 CpGs) (**Table S9; Fig. S14**). Of these loci, five were only measured on the 450K array (not the EPIC array), resulting in a smaller sample size.

We could not adequately match the other types of childhood adversity measured in the ALSPAC cohort (neighborhood disadvantage and physical/sexual abuse) using data from FFCWS, and the loci associated with family instability were not available for analysis. We also note that all participants from FFCWS had DNAm profiles measured from saliva, with a subset having data generated from the EPIC array (N=865-1,043). FFCWS is also demographically distinct from the ALSPAC cohort, having higher prevalence of socioeconomic adversity and more racial/ethnic diversity. These differences may have influenced our ability to replicate associations in FFCWS.

In FFCWS (N=662-1,859), we performed linear regressions of exposures to childhood adversity, matched as closely as possible to the time point identified in ALSPAC (**Table S9**) and DNAm measured from saliva at age 15, adjusting for covariates. Across all CpGs, the magnitude of effects between adversity and DNAm were smaller in FFCWS than ALSPAC, even with our Winner's curse bias-corrected estimates (**Fig. S16**). However, 64% of CpGs (18/28) showed the same direction of associations, which is slightly higher than would have been expected under the null (p=0.092)(**Fig. S16**). We also note that 73% of the CpGs associated with one-adult households (11/15) showed the same direction of effects between cohorts, again slightly higher than random chance (p=0.059). Importantly, all 11 of these one-adult household CpGs showed the same direction of effects in the Raine Study, which further point to the replication of one-adult household effects across cohorts. In addition, one CpG associated with the accumulation of one-adult household exposures (cg00807464) showed nearly identical effect estimate between cohorts. Although no loci met a nominal p<0.05 threshold, several CpGs had confidence intervals that overlapped with those in ALSPAC.

Overall, the directions of associations between childhood adversity and DNAm were largely replicated in the FFCWS cohort, particularly for exposures to one-adult households. Given the clear differences between FFCWS and ALSPAC, it is perhaps unsurprising that the magnitude of associations was smaller in replication analyses.

Further studies using large-scale, longitudinal birth cohorts are needed to triangulate these results across cohorts and determine the extent to which differences in the sociodemographic environment might influence the relationship between childhood adversity and adolescent DNAm.

Testing for potential confounding effects of the relationship between childhood adversity and DNA methylation levels at age 7 and 15

Given that our observed associations between childhood adversity and DNAm at age 15 were not present at age 7, we hypothesized that these emergent effects could be influenced by confounding structures of the data, whereby other factors might be driving these adolescent-specific associations. As such, we further investigated whether the associations we observed between time-varying childhood adversity and DNA methylation patterns across development were influenced by confounding factors or methodological artifacts that were not included in our models. We approached the issue of confounders using two approaches, outlined in **Fig. S2** and **Fig. S18**, focusing on the 41 associations that were identified in age 15 DNAm.

Early-life confounders of childhood adversity and DNAm at age 7 and 15

First, we tested whether early-life factors could influence the strength of associations between childhood adversity and DNAm levels at age 7 and 15. To this end, we assessed the impact of removing covariates from our base model (described above) on the estimated effect from a linear regression of time-varying adversity and DNAm levels. When removing individual covariates from the base model, we did not observe any large changes in the effect estimates of the associations between childhood adversity and DNAm at age 15 (**Fig. S19**) or age 7 (**Fig. S20**), except for two CpGs (cg17928317: 37.5% increase; cg27558057: 72.8% decrease). The effect estimates of these two loci changed substantially upon removal of sex as a covariate (**cg17928317**: age 15 β_{base} =0.079, β_{no} sex=0.108; age 7 β_{base} =0.001, β_{no} sex=0.029; **cg27558057**: age 15 β_{base} =0.106, β_{no} sex=0.029; age 7 β_{base} =0.066, β_{no} sex=-0.024), though we note that both CpGs are located on chromosome X. As such, some amount of sex-dependent variability is expected due to differences in X chromosome dosage between males and females.

Beyond the covariates included in our base model, we also investigated whether other common confounders may have influenced our observed associations. Here, we assessed the impact of adding the following confounding factors known to influence childhood adversity or DNAm patterns to our base regression model: 1) parental socio-economic position (parent SEP) measured at birth, 2) gestational age in weeks, 3) maternal prepregnancy BMI, and 4) delivery type (caesarean or non-caesarean birth). We investigated these potential confounding factors due to their influence on risk for childhood adversity, as well as their prior associations with longitudinal DNAm patterns (42, 43). Of note, these factors were omitted from our initial analyses due to their high correlation with other covariates within our base model that are more robust predictors of longitudinal outcomes, such as maternal education, birthweight, maternal age, etc.

In general, the inclusion of parent SEP, gestational age, or maternal BMI did not substantially influence the strength of associations between childhood adversity and DNAm levels at age 15 (**Fig. S19**) or age 7 (**Fig. S20**). Indeed, only four loci showed a >10% change in their effect estimates upon the inclusion of these new covariates, all of which were influenced by the inclusion of maternal pre-pregnancy BMI (two from one-adult households and FDR-significant; two from financial hardship and passing the R²-threshold). All associations remained significant at a Bonferroni-adjusted p<0.05 (for 41 loci). Changes less than 10% are generally thought to reflect factors that have little confounding effects (44), although more recent studies suggest that this threshold may be overly conservative and that thresholds for confounding could reach up 40% (45).

By contrast, we observed more variance in the effect estimates and p-values when including delivery method as a covariate. Indeed, 22 of 41 loci showed >10% change in effect estimates in age 15 DNAm, of which nine were no longer significant at a Bonferroni-adjusted p<0.05 (for 41 loci). Only one locus had >40% change in the effect, which was associated with financial hardship during late childhood (cg04659536; effect change = -83.3%). These findings are reflective of potential residual confounding from the method of delivery for a subset of loci at age 15. However, we note that including this covariate substantially reduced our sample size due to higher missingness than other variables, which could potentially introduce issues of selection bias. Associations in age 7 DNAm showed little to no impact of caesarean births on effect estimates.

Taken together, these findings suggest the specific associations between time-varying childhood adversity and DNAm at age 15 may not be due to the effects of common confounders or methodological artifacts arising from our current covariates. Furthermore, the associations between adversity and DNAm at age 7 remained null for all but one of these 41 loci (p>0.0012), further suggesting that the latent effects we observed were unlikely due to common confounders. Nevertheless, it is possible that other unmeasured confounders may influence the relationship between

childhood adversity and DNAm at age 15, and thus, our findings should be replicated in other longitudinal birth cohorts with repeated measured of childhood adversity and DNAm.

Adolescent-specific factors mediating the relationship between childhood adversity and DNAm

Second, we tested the influence of adolescent-specific factors that could have possibly explained our observed associations. These adolescent-specific factors occurred after childhood adversity and DNAm collection at age 7, but before DNAm collection at age 15 (**Fig. S18**). Because our associations maintained the temporal ordering of exposures preceding the outcome, adolescent-specific confounders should not influence associations with DNAm at age 7. Moreover, confounders are, by definition, linked to both the exposure (adversity) and outcome (DNAm levels at age 15). In the present situation, we could assume that adolescent-specific factors land in the causal path between adversity and DNAm, given that they would occur after adversity and before DNAm. Given this causal path, potential adolescent-specific confounders could be considered mediators, rather than confounders that can be adjusted in a regression model. As such, we performed causal mediation analyses using the R package *mediation* (version 4.5.0) to determine whether our adolescent-specific association were explained, in part, by potential factors on the causal path. To this end, we assessed whether four biological outcomes previously linked to childhood adversity and/or DNAm patterns significantly mediated our observed associations; our rationale for testing these variables is described below. We corrected for the same covariates as previously described in mediation analyses.

<u>Pubertal onset:</u> Exposure to childhood adversity has been associated with earlier pubertal onset in some studies, including ALSPAC (46). Puberty is a time of rapid change and development, with concomitant alterations in epigenetic pathways (47). As such, age at pubertal onset is a plausible candidate to mediate the association between childhood adversity and DNAm levels in adolescence. To estimate pubertal timing, we analyzed the age at peak height velocity, calculated by a method called superimposition by translation and rotation (SITAR), which analyzes height measurements between age 5 and 16 (N=605-654) to identify the age at pubertal onset(48).

We did not identify significant mediation effects for pubertal onset for any of our top 41 loci (lowest p-value = 0.268, cg14455319; **Fig. S21**). Furthermore, when we contrasted our findings to a previous epigenome-wide association study of puberty and gonadal hormone levels, we did not find any overlaps with our 41 adolescent-specific loci(49). These findings suggest pubertal onset was unlikely to explain adolescent-specific associations.

Body mass index (BMI): We next analyzed BMI measured at age 15 (N=569-618). Prior studies have shown that childhood adversity is linked to obesity and changes in metabolic function(50, 51). In addition, a recent study of BMI in the ARIES cohort has shown a strong relationship between DNAm and BMI(52). Although the majority of loci in our analysis showed no significant mediation through BMI at age 15 (**Fig. S22**), 2.67% of the association between exposure to a one adult household in early childhood and DNAm levels at cg16907527 was explained by BMI (p=0.050). Although this association did not survive multiple-test correction, we note this locus is located in *VEGFA*, a gene linked to hyperglycemia and diabetes(53). Together, these finding suggest BMI was not likely to have substantial confounding effects on our findings.

C-reactive protein (CRP): Childhood adversity has been associated with alterations in inflammatory pathways (54), which, in turn, have been linked to genome-wide DNAm differences (55, 56). As such, we assessed the potential role of CRP levels, measured at age 15, as a mediator between childhood adversity and DNAm levels at age 15 (N=491-542). Again, we did not identify any significant mediation effects (**Fig. S23**). Two loci, located in *VEGFA* (cg16907527) and *SLC25A41* (cg12096528), showed a causal mediation effect with p<0.05, suggesting that CRP levels may have slight effects on our associations. Again, these did not survive multiple-test correction for the analysis of 41 loci. Overall, these findings suggest that CRP may not have been an important confounding factor in our analyses.

Adolescent smoking: Smoking and exposure to cigarette smoke is one of the strongest and best-replicated associations with DNAm patterns(57). In addition, smoking in early adolescence may reflect increased risk-taking behaviors, which are linked to a higher likelihood of exposure to some types of childhood adversity(58). As such, we investigated daily smoking at age 15 (meaning whether the adolescent smoked every day or not) explained the relationship between childhood adversity and DNAm levels at age 15 (N=566-613). At age 15, adolescents were asked if they smoked every day during their clinic visit, reported as yes/no (adolescents who reported "not applicable" were coded as "no"). In the subsets of adolescents with childhood adversity, DNAm, and covariates, the prevalence of smoking at age 15 ranged from 3.9 to 4.3% (mean = 4.0%) across the adversities analyzed (prevalence varied due to the varying completeness of each type of adversity). Again, we did not observe any significant mediation effects of smoking on the association between childhood adversity and DNAm at age 15 (**Fig. S24**), suggesting that smoking may not have confounded our findings.

All taken together, these results suggest that our findings were not influenced by these four biological and environmental factors linked to childhood adversity and known to influence DNAm levels. Although we cannot rule out that other pathways may be involved in our adolescent-specific associations, these analyses provide additional support for the direct and latent effects of childhood adversity on the adolescent epigenome.

Types of DNAm trajectories across development for age 15 loci

To further refine the patterns of change and stability in DNAm responses to childhood adversity, we identified the different types of longitudinal DNAm trajectories present in the $41\ R^2$ -threshold loci identified from the SCLMA of age 15 DNAm. We first performed a two-way mixed analysis of variance (ANOVA) of the statistical interaction between age at DNAm collection and exposure group, controlling for the timing of repeated measures of DNAm (i.e., age 0, 7, 15) of each individual as fixed effects. Based on this ANOVA, we split trajectory types based on the statistical significance of exposure group-by-age interactions, finding two sets of loci: 1) 7 loci that did not show any group-by-age interactions (i.e., stable cluster) and 2) 34 loci with significant group-by-age interactions (FDR<0.05).

Focusing on the second subset, we characterized the patterns of DNAm that could be used to distinguish between different types of DNAm trajectories across development. To this end, we applied a Tukey *post-hoc* test to identify the significant contrasts from the ANOVA of exposure group-by-age interactions for each locus, which included exposure group differences, mean age differences, and exposure group differences *within* and *between* each age. As we were interested in changes across time and age 15-specific patterns, we focused our analyses on a subset of these Tukey contrasts, which included:

- 1. *mean exposure group differences across all age* meaning comparisons between individuals exposed during the period selected by the SLCMA (exposed-SP), individuals exposed outside the period selected by the SLCMA (exposed-other), and individuals with no exposure (unexposed);
 - a. Exposed-SP versus Exposed-other
 - b. Exposed-SP versus Unexposed
 - c. Exposed-other versus Unexposed
- 2. *mean age differences across exposure groups for neighboring ages* meaning mean differences between age 7 and 0, as well as mean differences between age 15 and 7;
 - a. Age 7 versus Age 0
 - b. Age 15 versus Age 7
- 3. exposure group differences within each age meaning differences between exposure groups at age 0, age 7, or age 15.
 - a. Age 0-specific differences
 - i. Exposed-SP versus Exposed-other
 - ii. Exposed-SP versus Unexposed
 - iii. Exposed-other versus Unexposed
 - b. Age 7- specific differences
 - i. Exposed-SP versus Exposed-other
 - ii. Exposed-SP versus Unexposed
 - iii. Exposed-other versus Unexposed
 - c. Age 15-specific differences
 - i. Exposed-SP versus Exposed-other
 - ii. Exposed-SP versus Unexposed
 - iii. Exposed-other versus Unexposed

We recoded these contrasts as categorical variables to reflect whether the differences from the Tukey were significant (0 = p > 0.05; 1 = p < 0.05). We then performed divisive hierarchical clustering using a dissimilarity matrix for these categorical patterns (i.e., 0/1 based on significance) using the *cluster* package in R (59). We selected the number of distinct types of trajectories based on the inflection point of the sum of squares (lowest without meaningful decrease), with no more than one trajectory type with one CpG (**Fig. S25**). This step resulted in six distinct types of DNAm trajectories (**Fig. S26**), which showed distinct profiles of age, group, and group-by-age differences (**7**). Trajectories were plotted using cell-type corrected DNAm values and complete cases for covariates measured at birth (age 0: N = 559-616; age 7: N = 613-668; age 15: N= 609-665; sample sizes varied by adversity; **Fig. S28**).

For the seven loci without exposure group-by-age interactions, we identified slight differences between youths exposed during a sensitive period and those who were unexposed at age 7, which fully emerged by age 15 (i.e., stable).

Finally, we did not identify any differences in the enrichment of DNAm trajectories between loci in the FDR-significant and R^2 -threshold subsets ($\chi^2=1.92$, p=0.86; **Fig. S29**). These findings further emphasize that p-values do not show the whole picture, though additional differences may emerge when thresholds are relaxed further.

Investigating adversity-DNAm relationships within a threat and deprivation paradigm

To investigate potential differences between in sensitive period enrichment among our top loci in the context of threat versus deprivation-type exposures(60-62), we used the following definitions to classify our adversities into this established paradigm:

- A. *Threat:* Threat exposures are defined as "experiences that represent a threat to one's physical integrity"(60). Based on this definition, exposures to 1) caregiver physical or emotional abuse, and/or 2) physical or sexual abuse (by anyone) were categorized as threat-type exposures.
- B. Deprivation: Deprivation exposures are defined as the "absence of expected environmental inputs and complexity" (60). Based on this definition, exposures to 1) family instability, 2) financial hardship, 3) maternal psychopathology, 4) neighborhood disadvantage, and/or 5) one-adult households were categorized as deprivation-type exposures.

Following the classification of adversities into these paradigms, we investigated differential patterns of sensitive period enrichment for the 41 top loci identified at age 15 and 22 loci that passed an FDR<0.05 threshold (**Fig. S30**). Although there were differences in the number of adversities contributing to these two exposure paradigms, we observed more loci associated with a deprivation paradigm (34 loci) than a threat paradigm (7 loci). Furthermore, both exposure paradigms had more associations with exposure during early childhood than other exposure periods or models. However, loci associated with threat exposures were clustered mainly within early childhood, while loci associated with deprivation exposures were more distributed across time periods (p =0.32). Together, these findings suggest that deprivation-type exposures during early childhood may have greater impacts on adolescent DNAm profiles, but these effects can be further refined by investigating specific types of childhood adversity.

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SUPPLEMENTAL TABLES

Table S1. Summary of the childhood adversity variables analyzed in the present study.

Adversity	Respondent	Questionnaire items	Exposure classification	Assessment timepoints (question range)
		your partner was physically cruel to your children, you were physically cruel to your	Exposed: mother, the partner, or both, endorsed any of the items.	8 months (since birth) 1.75 years (since age 8 months) 2.75 years (since age 18 months)
Caregiver physical or emotional abuse	Mother and partner	children, 3) your partner was emotionally cruel to your children,	<u>Unexposed</u> : any negative response and no positive response.	4 years (since age 2.5) 5 years (in past year) 6 years (since age 5)
		you were emotionally cruel to your children.	Missing: all questions unanswered.	9 years (since age 8) 11 years (since age 9)
			Exposed: an affirmative response was provided to either item.	1.5 years (since age 6 months) 2.5 years (since age 18 months)
Sexual or physical abuse	Mother	 an item asking if the child was exposed to either sexual or physical abuse from anyone. 	<u>Unexposed</u> : any negative response was available and no positive response was provided.	3.5 years (in past year) 4.75 years (since age 3) 5.75 years (in past 15 months) 6.75 years (since age 5) 8 years (since age 7)
Maternal psychopathology	Mother	1) the Crown-Crisp Experiential Index (CCEI), assessing anxiety and depression, 2) the Edinburgh Postnatal Depression Scale (EPDS), 3) a question asking about suicide attempts	Missing: both questions unanswered. Exposed: one or more of the following criteria was met: 1) CCEI depression score > 9 2) CCEI anxiety score > 10 3) EPDS score > 12 4) a suicide attempt since the time of the last interview Unexposed: none of the above criteria above were met and none of the scores were missing. Missing: Any of the prorated scales or questions were missing.	8 months (11,2=current; 3=since birth) 1.75 years (1,2=current; 3=since age 8 months) 2.75 years (1,2=current; 3=since age 18 months) 5 years (1,2=current; 3=since age 5) 11 years(1,2=current; 3=since age 9)
One adult in the household	Mother	1) an item asking about the number of adults (>18 years of age) living in the household.	Exposed: fewer than two adults were residing in the household. Unexposed: two adults or more were residing in the household.	8 months (current) 1.75 years (current) 2.75 years (current) 4 years (current) 7 years (current) 8 years (current)
		Child	Missing: question unanswered. Exposed: at least two of these events occurred at	10 years (current) 1.5 years (since age 6 months)
Family instability	Mother	 taken into care, separated from their mother for two or more weeks, separated from their father for two or more weeks, 	a single time point. <u>Unexposed</u> : none of the events occurred at a single time point and no questions were missing.	2.5 years (since age 18 months) 3.5 years (in past year) 4.75 years (since age 3) 5.75 years (in past 15 months) 6.75 years (since age 5)
		acquired a new parent.	Missing: any question was unanswered.	8 years (since age 7)

Financial hardship	Mother	Family had difficulty affording the following items, coded on a Likert-type scale (1=not difficult; 2=slightly difficult; 3=fairly difficult; 4=very difficult): 1) items for the child, 2) rent or mortgage, 3) heating, 4) clothing, 5) food.	Exposed: mothers reported at least fair difficulty for three or more items at each time point. Unexposed: mothers reported on all five items, but the above criterion was not met. Missing: any question unanswered.	8 months (current) 1.75 years (current) 2.75 years (current) 5 years (current) 7 years (current) 11 years (current)
Neighborhood disadvantage	Mother	The following problems happened in the neighborhood (2=serious problem, 1=minor problem, 0=not a problem or no opinion): 1) noise from other homes, 2) noise from the street, 3) garbage on the street, 4) dog dirt, 5) vandalism, 6) worry about burglary, 7) mugging, 8) disturbance from youth.	Exposed: scores >=8 of the total sum of questions, corresponding to the 95th percentile of exposure. Unexposed: scores were <8 and no questions were missing. Missing: any question unanswered.	1.75 years (current) 2.75 years (current) 5 years (current) 7 years (current) 10 years (current)

Table S2. Distribution of the accumulation score for each type of adversity

				Accumulation score (% of participants)								
Adversity	N	Mean	SD	0	1	2	3	4	5	6	7	8
Caregiver physical or emotional abuse	661	0.37	1.01	81.7	9.2	5.1	1.2	0.5	1.7	0.5	-	0.2
Sexual or physical abuse (by anyone)	663	0.24	0.65	84.6	10.3	2.6	2.0	0.6	-	-	-	-
Family instability	649	0.24	0.66	83.5	11.9	2.5	1.2	0.8	0.2	-	-	-
Financial hardship	609	0.41	0.96	78.3	11.3	4.8	3.0	1.8	0.7	0.2	-	-
Maternal psychopathology	639	0.66	1.23	67.6	16.0	7.2	4.5	2.4	1.3	1.1	-	-
Neighborhood disadvantage	642	0.39	1.18	84.1	7.6	2.7	1.7	1.1	0.9	0.9	0.9	-
One adult in the household	665	0.27	0.81	86.2	7.2	3.0	1.7	1.1	0.9	-	-	-

Table S3. Distribution of covariates in the total ALSPAC sample, ARIES subsample, and among those exposed to any adversity between age 0-11.

	ALSPAC (N=14,885)	ARIES* (N=966)	Exposed to any adversity (N=647)	ALSPAC vs. ARIES	ALSPAC vs. Exposed	ARIES vs. Exposed
	N (%)	N (%)	N (%)		χ	2 test p-value
Sex				0.068	0.11	0.99
Male	7535 (51.3)	466 (48.2)	311 (48.1)			
Female	7148 (48.7)	500 (51.8)	336 (51.9)			
Race/Ethnicity				0.007	0.38	0.28
White	11468 (95.0)	900 (97)	596 (95.8)			
Non-white	609 (5)	28 (3)	26 (4.2)			
Maternal education				< 0.001	< 0.001	0.49
less than O-level	3728 (30)	152 (16.1)	118 (18.6)			
O-level	4294 (34.6)	321 (34)	202 (31.8)			
A-level	2791 (22.5)	279 (29.5)	194 (30.6)			
Degree or above	1599 (12.9)	193 (20.4)	121 (19.1)			
Maternal age at birth				< 0.001	< 0.001	0.68
Ages 15-19	650 (4.7)	9 (0.9)	9 (1.4)			
Ages 20-35	12354 (88.4)	858 (89.4)	572 (88.7)			
Age 36+	968 (6.9)	93 (9.7)	64 (9.9)			
Smoking during pregnancy				< 0.001	< 0.001	0.19
Smoker	2557 (21.1)	98 (10.7)	80 (13.1)			
Non-smoker	9536 (78.9)	814 (89.3)	532 (86.9)			
Previous pregnancies				0.004	0.1	0.96
0	5770 (44.6)	439 (47.1)	295 (47.0)			
1	4539 (35)	346 (37.1)	229 (36.5)			
2	1848 (14.3)	113 (12.1)	77 (12.3)			
3+	767 (5.9)	34 (3.6)	26 (4.1)			
Birthweight	, ,	, ,	,	< 0.001	< 0.001	0.98
< 3000	3646 (24.8)	149 (15.4)	101 (15.6)			
3000 - 3499	4922 (33.5)	339 (35.1)	228 (35.2)			
3500 - 3999	4378 (29.8)	331 (34.3)	216 (33.4)			
>= 4000	1734 (11.8)	147 (15.2)	102 (15.8)			

^{*}The ARIES subsample with DNA methylation data collected at age 15-17, without twins.

P-values, used to evaluate whether distributions differed across each sample comparison, were determined by chi-square tests. Maternal education values are presented from lowest level of education (less than O-level) to highest (degree or above). Differences between the total sample number and each variable are due to missing values (not shown in table).

Table S4. Prevalence and correlations between adversities occurring from age 0-11.

Adversity	Prevalence (% any exposure) ¹	Average within adversity correlation ²	Average correlation with other adversities ³
Caregiver physical or emotional abuse	18.1	0.562	0.137
Sexual or physical abuse (by anyone)	15.1	0.402	0.090
Family instability	24.4	0.597	0.153
Financial hardship	15.9	0.357	-0.035
Maternal psychopathology	34.8	0.611	0.161
Neighborhood disadvantage	16.1	0.741	0.112
One adult in the household	17.9	0.786	0.127

¹Prevalence of any exposure to adversity between the ages of 0 and 11.
²Average tetrachoric correlation of exposure to adversity between different timepoints across development.
³Average tetrachoric correlation of exposure to different types of adversity across development.

Table S5. Annotated loci identified at age 15.

Adversity	Timing	Age (years)	CpG	Chr	Coordinate	Nearest Gene	Distance to gene	Relation to CGI	Enhancer	Promoter	pLI		
Caregiver physical or	Early childhood	5	cg14855874	4	102712397	BANK1	0	S_Shore	1	0	1.8E-10		
emotional abuse			cg15454534	1	248569605	OR2T1	0	OpenSea	0	0	7.3E-07		
			cg06215562	13	82344645			OpenSea	1	0			
Sexual or physical	Early childhood	3.5	cg26970800	11	59614212	CBLIF	1237	OpenSea	0	0			
abuse (by anyone)			cg15723468	1	230387268	GALNT2	0	OpenSea	0	0	8.8E-01		
			cg17928317	X	140982278	MAGEC3	0	OpenSea	0	0	3.2E-08		
	Late childhood	8	cg27558057	X	70712724	TAF1	0	Island	0	1	1.00		
Family instability	Very early childhood	2.5	cg02735620	4	88950514	PKD2	0	OpenSea	1	0	1.00		
Financial hardship	Very early	0.66	cg14455319	11	113258908	ANKK1	0	S_Shore	1	0	2.5E-08		
	childhood		cg13204236	2	47476732	STPG4	72991	OpenSea	1	0			
	Early childhood	5	cg15037420	19	48474386	BSPH1	0	OpenSea	0	0			
			cg06410970	10	81921424	ANXA11	0	OpenSea	1	0	3.5E-06		
	Late childhood	11	cg02011706	16	891283	LMF1	12350	N_Shelf	0	0	1.1E-14		
			cg04659536	7	4218154	SDK1	0	OpenSea	0	0	5.0E-03		
	Recency		cg17670999	8	145928398	ARHGAP39	17203	S_Shelf	0	0	1.7E-03		
					cg25459301	8	10941183	XKR6	0	OpenSea	1	0	9.6E-01
			cg06812747	16	742426	FBXL16	72	N_Shore	0	0	9.5E-01		
Maternal psychopathology	Very early childhood	2.75	cg16813552	10	103544649	OGA	0	S_Shore	0	0			
Neighborhood	Very early	2.75	cg04288299	4	1988825	NELFA	0	S_Shore	0	0	1.7E-01		
disadvantage	childhood		cg25019631	1	15850977	CASP9	0	N_Shore	0	1	3.2E-03		
			cg04224851	2	43304158	ZFP36L2	145381	OpenSea	1	0	4.6E-01		
One adult in the household	Very early childhood	1.75	cg05491478	2	238621313	LRRFIP1	0	OpenSea	0	0	3.7E-01		
	Early childhood	3.9	cg16907527	6	43744388	VEGFA	0	OpenSea	1	0			
			cg08818094	4	26806047	TBC1D19	49128	OpenSea	1	0	1.6E-02		
			cg01060989	1	221945814	DUSP10	30297	OpenSea	1	0	5.0E-01		
			cg15814750	15	53880678	WDR72	0	OpenSea	1	0	1.6E-16		
			cg15783822	12	10999279	PRR4	0	OpenSea	0	0	1.0E-05		
			cg15864691	7	27217606	HOXA10	0	N_Shore	0	0	6.8E-01		
			cg02584161	6	156086665			OpenSea	1	0			

	cg02810291	15	85973746	AKAP13	0	OpenSea	1	0	8.5E-01
	cg04036644	8	1200583	LOC286083	43709	OpenSea	0	0	
	cg11811897	7	47811084	PKD1L1	3164	OpenSea	1	0	1.7E-23
	cg15817130	5	16742179	MYO10	0	OpenSea	0	0	4.0E-03
	cg06711254	2	186924071	FSIP2	226054	OpenSea	1	0	3.2E-08
	cg19096460	4	89490818	HERC3	22754	OpenSea	1	0	7.2E-01
	cg18980650	X	100130547	NOX1	1212	OpenSea	0	0	3.9E-04
	cg27504269	12	21524305	SLCO1A2	0	OpenSea	0	0	5.6E-15
Late childhood 10	cg12096528	19	6427642	SLC25A41	0	S_Shore	0	0	6.0E-05
Accumulation	cg00807464	12	111618977	CUX2	0	OpenSea	0	0	1.00
	cg10420609	6	7538349	DSP	3519	N_Shelf	0	0	1.00
	cg14579651	12	27429400	STK38L	0	OpenSea	1	0	9.7E-01

^{*} CGI = CpG Island; Chr = chromosome; pLI = probability of intolerance to loss of function (Exome Aggregation Consortium). Bolded loci passed a 5% FDR threshold of in the original analysis.

Table S6. Correlation of DNAm in brain and blood for age 15 loci.

Adversity	Timing	Age (years)	CpG	I	PFC		EC		STG	(CER
				r	p-value	r	p-value	r	p-value	r	p-value
Caregiver physical or	Early childhood	5	cg14855874	0.213	6.78E-02	0.269	2.35E-02	0.444	6.61E-05	0.239	4.46E-02
emotional abuse			cg15454534	0.059	6.16E-01	0.072	5.51E-01	-0.033	7.81E-01	0.145	2.28E-01
			cg06215562	0.068	5.65E-01	0.014	9.07E-01	-0.023	8.46E-01	-0.067	5.80E-01
Sexual or physical abuse (by	Early childhood	3.5	cg26970800	-0.097	4.09E-01	0.016	8.94E-01	0.067	5.67E-01	-0.029	8.11E-01
anyone)			cg15723468	0.035	7.69E-01	-0.106	3.81E-01	-0.024	8.38E-01	0.103	3.94E-01
			cg17928317	0.649	4.08E-10	0.6	3.10E-08	0.61	6.23E-09	0.538	1.34E-06
	Late childhood	8	cg27558057	0.95	4.40E-38	0.947	9.22E-36	0.914	2.91E-30	0.882	2.80E-24
Family instability	Very early childhood	2.5	cg02735620	-0.061	6.03E-01	-0.027	8.24E-01	0.119	3.09E-01	-0.071	5.56E-01
Financial hardship	Very early childhood	0.66	cg14455319	0.318	5.71E-03	0.246	3.88E-02	0.406	3.04E-04	0.074	5.41E-01
			cg13204236	-0.025	8.30E-01	0.091	4.48E-01	0.001	9.92E-01	-0.101	4.00E-01
	Early childhood	5	cg15037420	0.065	5.81E-01	-0.002	9.88E-01	-0.069	5.58E-01	0.057	6.36E-01
			cg06410970	-0.083	4.80E-01	-0.003	9.78E-01	0.112	3.37E-01	-0.024	8.43E-01
	Late childhood	11	cg02011706	0.062	5.99E-01	0.141	2.42E-01	0.084	4.72E-01	0.207	8.35E-02
			cg04659536	0.952	8.82E-39	0.953	1.17E-37	0.935	1.41E-34	0.968	4.84E-43
	Recency		cg17670999	-0.039	7.42E-01	0.089	4.60E-01	0.139	2.36E-01	-0.199	9.87E-02
			cg25459301	0.39	5.83E-04	0.228	5.62E-02	0.059	6.14E-01	0.211	7.78E-02
			cg06812747	0.075	5.26E-01	-0.107	3.74E-01	-0.037	7.53E-01	-0.158	1.89E-01
Maternal psychopathology	Very early childhood	2.75	cg16813552	0.02	8.69E-01	-0.035	7.72E-01	0.019	8.74E-01	0.173	1.50E-01
Neighborhood disadvantage	Very early childhood	2.75	cg04288299	-0.137	2.44E-01	-0.007	9.52E-01	-0.213	6.67E-02	-0.192	1.09E-01
			cg25019631	-0.043	7.17E-01	0.017	8.88E-01	-0.037	7.50E-01	-0.047	6.96E-01
			cg04224851	0.201	8.62E-02	0.092	4.46E-01	-0.147	2.09E-01	0.05	6.81E-01
One adult in the household	Very early childhood	1.75	cg05491478	-0.085	4.70E-01	0.112	3.51E-01	-0.058	6.22E-01	0.057	6.36E-01
	Early childhood	3.9	cg16907527	0.066	5.74E-01	-0.008	9.48E-01	-0.062	6.00E-01	0.051	6.74E-01
			cg08818094	0.088	4.54E-01	0.041	7.35E-01	0.151	1.97E-01	-0.086	4.77E-01
			cg01060989	0.034	7.75E-01	-0.038	7.55E-01	0.076	5.15E-01	-0.033	7.86E-01
			cg15814750	-0.02	8.63E-01	-0.241	4.27E-02	0.004	7.21E-01	-0.029	8.12E-01
			cg15783822	0.041	7.31E-01	-0.005	9.70E-01	0.151	1.96E-01	0.027	8.26E-01
			cg15864691	0.034	7.72E-01	0.085	4.80E-01	-0.074	5.29E-01	-0.138	2.51E-01
			cg02584161	0.166	1.58E-01	-0.024	8.45E-01	0.115	3.25E-01	0.065	5.89E-01
						l		I		I	

		cg02810291	-0.185	1.15E-01	0.187	1.18E-01	0.134	2.50E-01	0.058	6.32E-01
		cg04036644	-0.081	4.92E-01	0.353	2.53E-03	0.14	2.33E-01	0.069	5.66E-01
		cg11811897	0.054	6.46E-01	-0.034	7.76E-01	0.031	7.90E-01	0.106	3.79E-01
		cg15817130	0.09	4.48E-01	0.064	5.95E-01	-0.036	7.57E-01	0.167	1.63E-01
		cg06711254	0.081	4.95E-01	0.058	6.30E-01	-0.133	2.54E-01	0.152	2.07E-01
		cg19096460	0.044	7.13E-01	0.139	1.39E-01	-0.036	7.61E-01	0.002	9.88E-01
		cg18980650	0.375	9.81E-04	0.352	2.62E-03	0.177	1.28E-01	0.255	3.15E-02
		cg27504269	-0.001	9.96E-01	-0.066	5.82E-01	-0.072	5.42E-01	0.072	5.51E-01
Late childhood	10	cg12096528	0.135	2.50E-01	0.1	4.06E-01	-0.181	1.21E-01	-0.118	3.26E-01
Accumulation		cg00807464	-0.07	5.52E-01	0.27	2.25E-02	0.008	9.43E-01	0.093	4.43E-01
		cg10420609	0.064	5.89E-01	-0.095	4.29E-01	0.039	7.41E-01	-0.023	8.50E-01
		cg14579651	0.032	7.84E-01	-0.117	3.29E-01	0.097	4.09E-01	0.043	7.24E-01

PFC = prefrontal cortex; EC = entorhinal cortex; STG = superior temporal gyrus; CER = cerebellum. Values represent the correlation between DNA methylation levels in blood and the specified brain regions, as reported by Hannon et al., 2015. Bolded loci passed a 5% FDR in the original analysis.

Table S7. Associations between childhood adversity and age 15 DNAm using non-parametric bootstrap

Caregiver physical or emotion of the part of the par	Adversity	Timing	Age (years)	CpG	Original effect estimate ¹	Bootstrap effect estimate ²	Bootstrap bias ³	% difference ⁴
Part		Early childhood	5	cg14855874	3.01E-02	3.02E-02	6.81E-05	-0.23%
Sexual or physical abuse (by anyone) Early childhood 3.5 cg26970800 5.47E-02 5.45E-02 1.00E-04 0.35% 0.24%	abuse			cg15454534	-1.64E-02	-1.64E-02	3.21E-06	0.02%
anyone (Including of the Including				cg06215562	-2.11E-02	-2.10E-02	2.27E-05	0.11%
Part	* *	Early childhood	3.5	cg26970800	-5.47E-02	-5.45E-02	1.90E-04	0.35%
Late childhood 8 eg27558057 1.07E-01 1.08E-01 1.86E-03 1.74%	anyone)			cg15723468	-4.52E-02	-4.51E-02	1.10E-04	0.24%
Family instability Very early childhood 2.5 cg02735620 -1.07E-01 -1.05E-01 -				cg17928317	7.56E-02	7.54E-02	-2.07E-04	0.27%
Financial hardship		Late childhood	8	cg27558057	1.07E-01	1.05E-01	-1.86E-03	1.74%
Financial hardship Very early childhood 0.66 cg1435319 5.29E-02 5.26E-02 -3.25E-04 0.61% Early childhood 5 cg15304236 3.378E-02 -3.73E-02 -1.96E-05 -0.05% Early childhood 5 cg15037420 -3.50E-02 -3.50E-02 -2.45E-05 -0.07% Late childhood 11 cg0461970 -3.41E-02 -3.41E-02 -2.45E-05 -0.07% Recercy cg16707990 -2.10E-03 -2.78E-02 -2.78E-02 3.09E-06 0.01% Maternal psychopathology Very early childhood 2.75 cg1681352	Family instability	Very early childhood	2.5	cg02735620	-1.97E-02	-1.97E-02	-2.86E-05	-0.14%
Early childhood 5 cgl5037420 -3.58E-02 -3.58	Financial hardship	Very early childhood	0.66	cg14455319				0.61%
Capital Composition Capital Composition				cg13204236	-3.73E-02	-3.73E-02	-1.96E-05	-0.05%
Late childhood 11 cg02011706 -6.39E-02 -6.44E-02 -4.63E-04 -0.72% -6.09E-02 -2.78E-02 -2.78E-0		Early childhood	5	cg15037420	-3.50E-02	-3.50E-02	6.23E-05	0.18%
Recency cg1767099 2.10E-03 2.78E-02 2.78E-02 3.09E-06 0.01% Recency cg1767099 2.10E-03 2.06E-03 4.27E-05 2.03% cg25459301 2.81E-03 2.75E-03 3.38E-06 0.12% Maternal psychopathology Very early childhood 2.75 cg16813552 Neighborhood disadvantage Very early childhood 2.75 cg04288299 2.06E-02 2.07E-02 5.12E-05 0.25% cg25019631 4.43E-02 4.44E-02 1.29E-04 0.29% cg04224851 2.43E-02 2.13E-02 5.17E-05 0.11% One adult in the household Very early childhood 3.9 cg16907527 -3.16E-02 -2.75E-02 5.17E-05 0.19% cg08818094 -5.03E-02 -3.17E-02 -3.17E-02 -1.40E-04 0.44% cg08818094 -5.03E-02 -3.15E-02 -3.17E-05 0.09% cg15814750 -4.14E-02 -4.13E-02 -3.17E-05 0.29% cg15814750 -4.14E-02 -4.13E-02 -3.17E-05 0.29% cg15814750 -4.14E-02 -4.13E-02 -3.63E-05 0.16% cg15864691 -1.81E-02 -1.80E-02 -5.93E-02 -4.89E-05 0.29% cg025814161 -5.93E-02 -5.93E-02 -5.93E-02 -4.89E-05 0.09% cg025814161 -5.93E-02 -5.93E-02 -5.93E-02 -4.89E-05 0.09% cg025814161 -5.93E-02 -5.93E-02 -5.93E-02 -4.89E-05 0.09% cg025814161 -5.93E-02 -5.93E-02 -5.93E-02 -4.89E-05 -0.08% cg025814161 -5.93E-02 -5.93E-02 -5.93E-02 -4.89E-05 -0.08% cg025814161 -5.93E-02 -5.93E-02 -4.89E-05 -0.08% cg025814161 -5.93E-02 -5.93E-02 -5.93E-02 -4.89E-05 -4.89E-05 -4.89E-05 -4.8				cg06410970	-3.41E-02	-3.41E-02	-2.45E-05	-0.07%
Recency Recency Cg17670999 -2.10E-03 -2.76E-03 3.09E-05 2.03%		Late childhood	11	cg02011706	-6.39E-02	-6.44E-02	-4.63E-04	-0.72%
Neighborhood disadvantage Very early childhood 2.75 cg08128429 -2.06E-02 -2.75E-02 -2.75E-02 -2.75E-02 -2.75E-05 -2.75				cg04659536	-2.78E-02	-2.78E-02	3.09E-06	0.01%
Maternal psychopathology Very early childhood 2.75 cg16813552		Recency		cg17670999	-2.10E-03	-2.06E-03	4.27E-05	2.03%
Maternal psychopathology				•	-2.81E-03	-2.76E-03	5.18E-05	1.84%
Neighborhood disadvantage					-2.75E-03	-2.75E-03	3.38E-06	0.12%
Neighborhood disadvantage	Maternal psychopathology	Very early childhood	2.75	cg16813552				
Cg25019631 4.43E-02 4.44E-02 1.29E-04 -0.29% cg04224851 -1.43E-02 -1.43E-02 -2.02E-05 -0.14% One adult in the household Very early childhood 1.75 cg05491478 -2.76E-02 -2.75E-02 5.17E-05 0.19% Early childhood 3.9 cg16907527 -3.16E-02 -3.17E-02 -1.40E-04 -0.44% cg08818094 -5.03E-02 -5.02E-02 4.75E-05 0.09% cg01060989 -3.15E-02 -3.15E-02 -3.15E-02 -3.71E-05 0.12% cg15814750 -4.14E-02 -4.13E-02 8.80E-05 0.21% cg15783822 -2.21E-02 -2.21E-02 3.63E-05 0.16% cg15864691 -1.81E-02 -1.80E-02 5.27E-05 0.29% cg02584161 -5.93E-02 -5.93E-02 -5.93E-02 -4.89E-05 -0.08%					-1.52E-02	-1.52E-02	6.59E-06	0.04%
One adult in the household Very early childhood 1.75 cg04224851 -1.43E-02 -1.43E-02 -2.02E-05 -0.14% Very early childhood 1.75 cg05491478	Neighborhood disadvantage	Very early childhood	2.75	•	-2.06E-02	-2.07E-02	-5.12E-05	-0.25%
One adult in the household Very early childhood 1.75 Cg05491478 -2.76E-02 -2.75E-02 5.17E-05 0.19% Early childhood 3.9 Cg16907527 -3.16E-02 -3.17E-02 -3.17E-02 -3.17E-02 -3.17E-02 -3.17E-05 0.09% Cg01600989 -3.15E-02 -3.15E-02 -3.15E-02 -3.17E-05 0.09% Cg15814750 -4.14E-02 -4.13E-02 3.63E-05 0.21% Cg15864691 -1.81E-02 -1.80E-02 -5.93E-02 -4.89E-05 -0.08%				cg25019631	4.43E-02	4.44E-02	1.29E-04	-0.29%
-2.76E-02 -2.75E-02 5.17E-05 0.19% Early childhood 3.9 cg16907527 -3.16E-02 -3.17E-02 -1.40E-04 -0.44% cg08818094 -5.03E-02 -5.02E-02 4.75E-05 0.09% cg01060989 -3.15E-02 -3.15E-02 -3.71E-05 -0.12% cg15814750 -4.14E-02 -4.13E-02 8.80E-05 0.21% cg15783822 -2.21E-02 -2.21E-02 3.63E-05 0.16% cg15864691 -1.81E-02 -1.80E-02 5.27E-05 0.29% cg02584161 -5.93E-02 -5.93E-02 -4.89E-05 -0.08%				cg04224851	-1.43E-02	-1.43E-02	-2.02E-05	-0.14%
cg08818094 -5.03E-02 -5.02E-02 4.75E-05 0.09% cg01060989 -3.15E-02 -3.15E-02 -3.71E-05 -0.12% cg15814750 -4.14E-02 -4.13E-02 8.80E-05 0.21% cg15783822 -2.21E-02 -2.21E-02 3.63E-05 0.16% cg15864691 -1.81E-02 -1.80E-02 5.27E-05 0.29% cg02584161 -5.93E-02 -5.93E-02 -4.89E-05 -0.08%	One adult in the household	Very early childhood	1.75	cg05491478	-2.76E-02	-2.75E-02	5.17E-05	0.19%
cg01060989 -3.15E-02 -3.15E-02 -3.71E-05 -0.12% cg15814750 -4.14E-02 -4.13E-02 8.80E-05 0.21% cg15783822 -2.21E-02 -2.21E-02 3.63E-05 0.16% cg15864691 -1.81E-02 -1.80E-02 5.27E-05 0.29% cg02584161 -5.93E-02 -5.93E-02 -4.89E-05 -0.08%		Early childhood	3.9	cg16907527	-3.16E-02	-3.17E-02	-1.40E-04	-0.44%
$\begin{array}{cccccccccccccccccccccccccccccccccccc$				cg08818094	-5.03E-02	-5.02E-02	4.75E-05	0.09%
$\begin{array}{cccccccccccccccccccccccccccccccccccc$				cg01060989				
$\begin{array}{cccccccccccccccccccccccccccccccccccc$				cg15814750			8.80E-05	
cg15864691 -1.81E-02 -1.80E-02 5.27E-05 0.29% cg02584161 -5.93E-02 -5.93E-02 -4.89E-05 -0.08%				cg15783822	-2.21E-02	-2.21E-02	3.63E-05	
cg02584161 -5.93E-02 -5.93E-02 -4.89E-05 -0.08%				cg15864691	-1.81E-02		5.27E-05	
02010201				cg02584161				
				cg02810291	-2.34E-02	-2.33E-02	7.06E-05	0.30%

		cg04036644	-2.62E-02	-2.61E-02	6.66E-05	0.25%
		cg11811897	-4.83E-02	-4.81E-02	2.23E-04	0.46%
		cg15817130	-3.81E-02	-3.81E-02	-3.42E-06	-0.01%
		cg06711254	-5.80E-02	-5.80E-02	4.05E-05	0.07%
		cg19096460	-2.49E-02	-2.50E-02	-8.09E-05	-0.32%
		cg18980650	-3.68E-02	-3.69E-02	-1.77E-04	-0.48%
		cg27504269	-4.06E-02	-4.05E-02	1.55E-04	0.38%
Late childhood	10	cg12096528	-1.66E-02	-1.65E-02	5.63E-05	0.34%
Accumulation		cg00807464	3.21E-03	3.18E-03	-3.37E-05	1.05%
		cg10420609	-1.45E-02	-1.45E-02	1.36E-05	0.09%
		cg14579651	-1.29E-02	-1.28E-02	5.16E-05	0.40%

¹ Effect estimate from the original linear regression of childhood adversity and DNAm at age 15 in the full ALSPAC sample.

² Average of effect estimates from the 10,000 bootstrapped analyses of childhood adversity and DNAm at age 15.

³ Difference in effect estimates between the bootstrapped and original sample.

⁴ Percent change in absolute effect estimate between the original and bootstrapped analyses.

^{*}Bolded loci passed a 5% FDR threshold in the original analysis.

Table S8. Replication of one-adult household associations in the Raine Study.

	ALSPAC (discovery results)						C (Winner's curse o	corrected)§	The Raine Study				
CpG	Timing	Age (years)	Effect estimate	95% CI	P-value	Effect estimate	95% CI	P-value	Age (years)	Effect estimate	95% CI	P-value	
cg05491478	Very early childhood	1.75	-0.027	-0.18; -0.09	7.33E-07	-0.022	-0.036; -0.003	2.08E-06	2y (N=448)	-0.0011	-0.004; 0.0018	4.57E-01	
cg16907527	Early childhood	3.9	-0.032	-0.23; -0.138	4.17E-10	-0.031	-0.041; -0.021	5.26E-11	3y (N=510)	-0.0026	-0.0086; 0.0034	4.00E-01	
cg08818094			-0.05	-0.37; -0.212	8.79E-09	-0.049	-0.066; -0.028	3.49E-09		-0.0031	-0.008; 0.0018	2.08E-01	
cg01060989			-0.031	-0.24; -0.135	6.73E-08	-0.030	-0.041; -0.016	1.19E-08		-0.0005	-0.0046; 0.0036	8.12E-01	
cg15814750			-0.04	-0.33; -0.166	6.57E-07	-0.031	-0.053; -0.003	3.87E-06		0.0031	-0.0043; 0.0104	4.09E-01	
cg15783822			-0.021	-0.17; -0.088	8.08E-07	-0.018	-0.029; -0.003	1.47E-06		-0.0038	-0.0071; -0.0004	2.91E-02	
cg15864691			-0.018	-0.14; -0.071	8.36E-07	-0.016	-0.024; -0.004	4.80E-07		-0.0021	-0.0053; 0.0011	2.06E-01	
cg02584161			-0.058	-0.45; -0.236	1.28E-06	-0.053	-0.078; -0.016	2.85E-07		-0.0072	-0.0142; -0.0002	4.46E-02	
cg02810291			-0.023	-0.18; -0.092	1.35E-06	-0.020	-0.031; -0.004	9.18E-07		-0.0014	-0.0114; 0.0085	7.79E-01	
cg04036644			-0.026	-0.21; -0.105	1.36E-06	-0.023	-0.035; -0.005	8.27E-07		-0.0024	-0.0065; 0.0016	2.37E-01	
cg11811897			-0.047	-0.37; -0.191	1.68E-06	-0.041	-0.064; -0.008	8.98E-07		-0.0074	-0.0126; -0.0021	6.39E-03	
cg15817130			-0.038	-0.29; -0.155	1.83E-06	-0.036	-0.05; -0.017	3.49E-08		-0.0057	-0.0133; 0.0019	1.41E-01	
cg06711254			-0.056	-0.45; -0.227	2.15E-06	-0.047	-0.075; -0.007	1.57E-06		-0.0036	-0.0124; 0.0052	4.22E-01	
cg19096460			-0.024	-0.2; -0.099	2.89E-06	-0.019	-0.032; -0.002	3.82E-06		-0.0015	-0.0066; 0.0036	5.62E-01	
cg18980650			-0.036	-0.26; -0.131	3.31E-06	-0.034	-0.049; -0.014	8.07E-08		-0.0035	-0.0114; 0.0043	3.78E-01	
cg27504269			-0.04	-0.31; -0.161	3.52E-06	-0.036	-0.053; -0.011	3.21E-07		-0.0041	-0.0107; 0.0025	2.25E-01	
cg12096528	Late childhood	10	-0.016	-0.15; -0.076	2.24E-06	-0.014	-0.022; -0.002	1.19E-06	10y (N=529)	0.0003	-0.0034; 0.004	8.72E-01	
cg00807464	Accumulation		0.003	0.07; 0.12	7.56E-07	0.003	0.001; 0.004	6.88E-08	Accumulation	0.0004	-0.0008; 0.0017	4.97E-01	
cg10420609			-0.014	-0.53; -0.278	7.71E-07	-0.012	-0.018; -0.004	3.46E-07	(N=381)	-0.0004	-0.0025; 0.0016	6.75E-01	
cg14579651			-0.012	-0.49; -0.257	1.68E-06	-0.010	-0.016; -0.002	1.40E-06		-0.0015	-0.0036; 0.0005	1.46E-01	

^{*}Bolded CpGs passed a nominal p<0.05 in the Raine Study with 95% confidence intervals (CI) that did not overlap with zero. § Estimates and confidence intervals corrected for winner's curse effects.

Table S9. Replication of childhood adversity associations in the FFCWS cohort.

Table 57. Keph	ication of ch	ALSPAC (discovery results)						ALSPAC (Winner's curse corrected) §				FFCWS				
Adversity	CpG	Timing	Age (years)	Effect estimate	95% CI	P-value	Effect estimate	95% CI	P-value	Age (years)	N*	Effect estimate	95% CI	P-value		
Caregiver physical or	cg14855874	Early childhood	5	0.030	0.02; 0.041	4.42E-08	0.029	0.013; 0.041	4.42E-08	5	1527	-0.0005	-0.006; 0.005	8.67E-01		
emotional abuse	cg15454534			-0.017	-0.023; -0.01	1.71E-07	-0.015	-0.022; -0.005	1.71E-07		662	0.0014	-0.002; 0.005	3.83E-01		
	cg06215562			-0.021	-0.029; -0.013	4.46E-07	-0.019	-0.029; -0.005	4.46E-07		1527	-0.00004	-0.003; 0.002	9.76E-01		
Financial hardship	cg14455319	Very early childhood	0.66	0.052	0.031; 0.074	1.94E-06	0.043	0.006; 0.07	1.94E-06	1	1859	-0.0015	-0.009; 0.006	7.17E-01		
	cg13204236			-0.037	-0.051; -0.023	2.04E-07	-0.034	-0.05; -0.012	2.04E-07		1859	-0.0029	-0.007; 0.001	1.42E-01		
	cg15037420	Early childhood	5	-0.034	-0.048; -0.02	1.89E-06	-0.028	-0.046; -0.004	1.89E-06	5	1845	-0.0024	-0.006; 0.001	1.31E-01		
	cg06410970			-0.033	-0.046; -0.021	1.80E-07	-0.031	-0.045; -0.011	1.80E-07		1845	-0.00064	-0.002; 0.001	3.59E-01		
	cg02011706	Late childhood	11	-0.064	-0.089; -0.038	9.99E-07	-0.055	-0.085; -0.011	9.99E-07	9	1859	-0.0041	-0.011; 0.003	2.64E-01		
	cg04659536			-0.028	-0.039; -0.016	1.70E-06	-0.023	-0.037; -0.004	1.70E-06		1859	-0.0014	-0.004; 0.001	2.90E-01		
	cg17670999	Recency		-0.0020	-0.003; -0.001	1.03E-06	-0.0017	-0.003; -0.0003	1.03E-06		722	0.00003	-0.0001; 0.0002	7.32E-01		
	cg25459301			-0.0027	-0.004; -0.002	5.54E-06	-0.0020	-0.004; -0.0002	5.54E-06		1661	-0.00012	-0.0004; 0.0001	3.74E-01		
	cg06812747			-0.0027	-0.004; -0.002	2.81E-06	-0.0021	-0.004; -0.0003	2.81E-06		1661	0.00020	-0.0001; 0.0005	1.46E-01		
Maternal psychopathology	cg16813552	Very early childhood	2.75	-0.015	-0.021; -0.01	5.06E-08	-0.014	-0.02; -0.006	5.06E-08	1	1846	0.0015	-0.001; 0.004	2.69E-01		
One-adult household	cg05491478	Very early childhood	1.75	-0.027	-0.038; -0.016	2.08E-06	-0.022	-0.036; -0.003	2.08E-06	1	1842	-0.0007	-0.002; 0.0001	7.26E-02		
	cg16907527	Early childhood	3.9	-0.032	-0.041; -0.022	5.26E-11	-0.031	-0.041; -0.021	5.26E-11	3	799	-0.0010	-0.004; 0.002	5.10E-01		
	cg08818094			-0.050	-0.067; -0.034	3.49E-09	-0.049	-0.066; -0.028	3.49E-09		1842	-0.0004	-0.002; 0.001	5.58E-01		
	cg01060989			-0.031	-0.041; -0.02	1.19E-08	-0.030	-0.041; -0.016	1.19E-08		799	-0.0003	-0.003; 0.002	8.36E-01		
	cg15783822			-0.021	-0.03; -0.013	1.47E-06	-0.018	-0.029; -0.003	1.47E-06		1842	0.00000	-0.002; 0.002	9.99E-01		
	cg15864691			-0.018	-0.025; -0.011	4.80E-07	-0.016	-0.024; -0.004	4.80E-07		1842	0.0005	-0.003; 0.004	7.99E-01		
	cg02810291			-0.023	-0.032; -0.014	9.18E-07	-0.020	-0.031; -0.004	9.18E-07		1842	-0.0016	-0.005; 0.002	4.04E-01		

cg04036644	-0.026	-0.037; -0.016	8.27E-07	-0.023	-0.035; -0.005	8.27E-07	1842	-0.0006	-0.003; 0.002	6.10E-01
cg11811897	-0.047	-0.066; -0.029	8.98E-07	-0.041	-0.064; -0.008	8.98E-07	1842	0.0004	-0.003; 0.004	8.20E-01
cg15817130	-0.038	-0.051; -0.024	3.49E-08	-0.036	-0.05; -0.017	3.49E-08	1842	0.0008	-0.002; 0.004	5.42E-01
cg06711254	-0.056	-0.079; -0.034	1.57E-06	-0.047	-0.075; -0.007	1.57E-06	1842	-0.0068	-0.017; 0.003	1.89E-01
cg19096460	-0.024	-0.034; -0.014	3.82E-06	-0.019	-0.032; -0.002	3.82E-06	1842	-0.00005	-0.002; 0.002	9.67E-01
cg18980650	-0.036	-0.049; -0.023	8.07E-08	-0.034	-0.049; -0.014	8.07E-08	799	0.0023	-0.002; 0.007	3.33E-01
cg27504269	-0.040	-0.055; -0.025	3.21E-07	-0.036	-0.053; -0.011	3.21E-07	1842	-0.0046	-0.018; 0.008	4.84E-01
cg00807464 Accumulation	0.0031	0.002; 0.004	6.88E-08	0.0029	0.001; 0.004	6.88E-08	1659	0.0032	-0.002; 0.009	2.45E-01

^{*}CpGs with lower N (<800) were measured on the 450K array only, resulting in a smaller sample size. *Estimates and confidence intervals corrected for winner's curse effects.

Table S10. Sensitivity analysis of DNA methylation at birth (cord blood) for loci identified at age 15.

Adversity	Timing	Age (years)	CpG	DNAm unexposed ¹	DNAm exp. SP ²	Δ DNAm ³	Effect estimate ⁴	SE*	95% CI	P-value	FDR-adjusted p-value
Caregiver	Early childhood	5	cg14855874	0.099	0.112	0.013	0.014	0.007	-0.0004; 0.028	5.60E-02	3.95E-01
physical or emotional abuse			cg15454534	0.866	0.864	-0.003	-0.003	0.005	-0.0124; 0.0072	6.06E-01	8.78E-01
omonoma acase			cg06215562	0.830	0.825	-0.005	-0.005	0.005	-0.0154; 0.0055	3.52E-01	7.10E-01
Sexual or	Early childhood	3.5	cg26970800	0.890	0.901	0.011	0.012	0.013	-0.0141; 0.0384	3.65E-01	7.10E-01
physical abuse (by anyone)			cg15723468	0.849	0.835	-0.014	-0.015	0.008	-0.03; 0.0005	5.80E-02	3.95E-01
(by unyone)			cg17928317	0.690	0.721	0.032	-0.019	0.020	-0.0575; 0.0203	3.49E-01	7.10E-01
	Late childhood	8	cg27558057	0.242	0.231	-0.012	0.076	0.024	0.0276; 0.1238	2.09E-03	8.56E-02
Family instability	Very early childhood	2.5	cg02735620	0.880	0.881	0.001	0.000	0.005	-0.0093; 0.0092	9.86E-01	9.86E-01
Financial	Very early	0.66	cg14455319	0.254	0.281	0.027	0.028	0.012	0.0055; 0.0513	1.54E-02	3.15E-01
hardship	childhood		cg13204236	0.858	0.866	0.007	0.008	0.007	-0.0066; 0.0224	2.83E-01	7.10E-01
	Early childhood	5	cg15037420	0.774	0.763	-0.012	-0.012	0.008	-0.028; 0.0039	1.39E-01	5.39E-01
			cg06410970	0.843	0.857	0.015	0.015	0.009	-0.0024; 0.0319	9.08E-02	4.65E-01
	Late childhood	11	cg02011706	0.837	0.822	-0.014	-0.016	0.019	-0.053; 0.0211	3.99E-01	7.11E-01
			cg04659536	0.898	0.892	-0.005	-0.007	0.007	-0.0204; 0.0073	3.53E-01	7.10E-01
	Recency		cg17670999	0.807	0.807	0.000	0.000	0.000	-0.001; 0.0006	6.21E-01	8.78E-01
			cg25459301	0.757	0.765	0.009	0.001	0.001	-0.0003; 0.0023	1.27E-01	5.39E-01
			cg06812747	0.819	0.817	-0.003	-0.001	0.001	-0.002; 0.0006	3.01E-01	7.10E-01
Maternal psychopathology	Very early childhood	2.75	cg16813552	0.899	0.896	-0.003	-0.004	0.003	-0.0088; 0.0017	1.83E-01	6.25E-01
Neighborhood	Very early	2.75	cg04288299	0.912	0.921	0.010	0.002	0.005	-0.008; 0.0115	7.23E-01	8.84E-01
disadvantage	childhood		cg25019631	0.227	0.228	0.001	0.004	0.011	-0.018; 0.0258	7.28E-01	8.84E-01
			cg04224851	0.905	0.903	-0.002	-0.001	0.003	-0.0071; 0.0052	7.58E-01	8.88E-01
One adult in the household	Very early childhood	1.75	cg05491478	0.900	0.903	0.003	0.002	0.008	-0.0131; 0.0167	8.16E-01	9.24E-01
	Early childhood	3.9	cg16907527	0.840	0.848	0.008	0.006	0.006	-0.0066; 0.0179	3.68E-01	7.10E-01
			cg08818094	0.832	0.834	0.001	-0.001	0.011	-0.0221; 0.0208	9.50E-01	9.86E-01
			cg01060989	0.809	0.814	0.005	0.005	0.007	-0.0083; 0.0183	4.64E-01	7.61E-01
			cg15814750	0.738	0.755	0.018	0.016	0.008	0.0006; 0.0324	4.25E-02	3.95E-01
			cg15783822	0.859	0.858	-0.001	0.001	0.005	-0.0098; 0.0114	8.77E-01	9.46E-01
			cg15864691	0.899	0.903	0.004	0.004	0.005	-0.0053; 0.0138	3.81E-01	7.10E-01

	cg02584161	0.650	0.654	0.004	0.003	0.014	-0.024; 0.0297	8.34E-01	9.24E-01
	8	0.040	0.050	0.000	0.010	0.005	,	2.200.02	2.050.01
	cg02810291	0.849	0.858	0.009	0.010	0.005	0.0008; 0.0195	3.38E-02	3.95E-01
	cg04036644	0.889	0.889	0.001	-0.002	0.006	-0.0137; 0.0096	7.31E-01	8.84E-01
	cg11811897	0.737	0.728	-0.010	-0.011	0.011	-0.0329; 0.0106	3.14E-01	7.10E-01
	cg15817130	0.787	0.782	-0.004	-0.006	0.007	-0.0207; 0.0087	4.23E-01	7.22E-01
	cg06711254	0.711	0.698	-0.013	-0.015	0.010	-0.0352; 0.0052	1.45E-01	5.39E-01
	cg19096460	0.843	0.841	-0.003	-0.003	0.006	-0.0146; 0.0087	6.16E-01	8.78E-01
	cg18980650	0.795	0.791	-0.004	0.003	0.008	-0.0121; 0.0175	7.21E-01	8.84E-01
	cg27504269	0.748	0.752	0.004	0.003	0.008	-0.0133; 0.0189	7.33E-01	8.84E-01
Late childhood 10	cg12096528	0.877	0.886	0.009	0.009	0.005	-0.0007; 0.0189	6.74E-02	3.95E-01
Accumulation	cg00807464	0.052	0.052	0.001	0.000	0.001	-0.0013; 0.0014	9.86E-01	9.86E-01
	cg10420609	0.555	0.559	0.004	0.001	0.002	-0.0035; 0.0063	5.81E-01	8.78E-01
	cg14579651	0.615	0.611	-0.004	-0.002	0.002	-0.0066; 0.0019	2.85E-01	7.10E-01

¹DNAm unexp. = mean DNA methylation levels in individuals with no exposure to adversity from age 0 to 11.

²DNAm exp. SP = mean DNA methylation levels in individuals with exposure to adversity that occurred during the selected sensitive period (SP).

³ΔDNAm= difference in mean DNA methylation levels between individuals exposed to adversity during the selected sensitive period and individuals unexposed to adversity (i.e., DNAm exp. SP – DNAm unexp.)

⁴Effect estimates were calculated using linear regression of exposure to adversity from the theoretical model and DNA methylation, correcting for the covariates described in the methods.

^{*} SE = standard error; bolded loci passed a 5% FDR threshold in the original age 15 analysis.

Table S11. Associations between adversity and DNA methylation at age 7 (whole blood) for loci identified at age 15.

Adversity	Timing	Age (years)	CpG	DNAm unexposed ¹	DNAm exp. SP ²	Δ DNAm ³	Effect estimate ⁴	SE*	95% CI	P-value	FDR-adjusted p-value
Caregiver	Early childhood	5	cg14855874	0.089	0.102	0.013	0.012	0.006	0.0011; 0.0228	3.06E-02	2.51E-01
physical or emotional abuse			cg15454534	0.888	0.889	0.001	0.001	0.003	-0.0043; 0.0069	6.51E-01	9.60E-01
			cg06215562	0.839	0.843	0.004	0.004	0.005	-0.006; 0.0132	4.58E-01	9.60E-01
Sexual or	Early childhood	3.5	cg26970800	0.902	0.887	-0.015	-0.015	0.010	-0.0336; 0.0042	1.27E-01	6.51E-01
physical abuse (by anyone)			cg15723468	0.799	0.807	0.008	0.006	0.009	-0.0108; 0.0237	4.63E-01	9.60E-01
(by anyone)			cg17928317	0.695	0.726	0.031	-0.002	0.016	-0.0326; 0.0285	8.97E-01	9.60E-01
	Late childhood	8	cg27558057	0.248	0.224	-0.024	0.068	0.021	0.0257; 0.1097	1.63E-03	6.67E-02
Family instability	Very early childhood	2.5	cg02735620	0.877	0.880	0.002	0.003	0.004	-0.0047; 0.0102	4.72E-01	9.60E-01
Financial	Very early	0.66	cg14455319	0.266	0.288	0.021	0.022	0.009	0.0045; 0.0403	1.43E-02	2.27E-01
hardship	childhood		cg13204236	0.867	0.868	0.001	0.002	0.006	-0.0103; 0.0143	7.44E-01	9.60E-01
	Early childhood	5	cg15037420	0.795	0.792	-0.003	-0.003	0.007	-0.0157; 0.0106	7.06E-01	9.60E-01
			cg06410970	0.870	0.868	-0.003	-0.002	0.006	-0.0134; 0.0089	6.89E-01	9.60E-01
	Late childhood	11	cg02011706	0.860	0.863	0.003	0.006	0.012	-0.018; 0.0308	6.05E-01	9.60E-01
			cg04659536	0.906	0.905	-0.001	-0.002	0.005	-0.0106; 0.0075	7.38E-01	9.60E-01
	Recency		cg17670999	0.836	0.836	0.000	0.000	0.000	-0.0004; 0.0009	4.15E-01	9.60E-01
			cg25459301	0.791	0.788	-0.002	0.000	0.000	-0.0011; 0.0007	6.66E-01	9.60E-01
			cg06812747	0.847	0.843	-0.004	0.000	0.000	-0.0009; 0.0008	8.49E-01	9.60E-01
Maternal psychopathology	Very early childhood	2.75	cg16813552	0.890	0.882	-0.008	-0.007	0.003	-0.0134; -0.0009	2.47E-02	2.51E-01
Neighborhood	Very early	2.75	cg04288299	0.932	0.935	0.003	0.006	0.003	-0.0006; 0.0121	7.41E-02	5.06E-01
disadvantage	childhood		cg25019631	0.194	0.173	-0.021	-0.013	0.009	-0.0296; 0.0044	1.46E-01	6.66E-01
			cg04224851	0.903	0.915	0.012	0.006	0.003	0.0011; 0.0114	1.66E-02	2.27E-01
One adult in the household	Very early childhood	1.75	cg05491478	0.915	0.920	0.006	0.005	0.005	-0.0046; 0.0151	2.94E-01	9.60E-01
	Early childhood	3.9	cg16907527	0.844	0.845	0.001	0.001	0.005	-0.0083; 0.011	7.86E-01	9.60E-01
			cg08818094	0.858	0.851	-0.007	-0.005	0.007	-0.0191; 0.0088	4.68E-01	9.60E-01
			cg01060989	0.834	0.835	0.001	0.001	0.006	-0.0105; 0.0118	9.13E-01	9.60E-01
			cg15814750	0.752	0.747	-0.006	-0.005	0.008	-0.0207; 0.0098	4.81E-01	9.60E-01
			cg15783822	0.878	0.880	0.002	0.002	0.004	-0.0054; 0.0101	5.46E-01	9.60E-01
			cg15864691	0.911	0.913	0.002	0.002	0.003	-0.0035; 0.0085	4.11E-01	9.60E-01

	cg02584161	0.688	0.690	0.002	0.000	0.013	-0.025; 0.0254	9.88E-01	9.88E-01
	cg02810291	0.833	0.836	0.003	0.003	0.005	-0.0071; 0.0131	5.66E-01	9.60E-01
	cg04036644	0.903	0.903	0.000	-0.001	0.005	-0.0096; 0.0085	8.99E-01	9.60E-01
	cg11811897	0.778	0.772	-0.006	-0.008	0.009	-0.0256; 0.0089	3.43E-01	9.60E-01
	cg15817130	0.822	0.824	0.002	0.000	0.006	-0.0123; 0.013	9.57E-01	9.80E-01
	cg06711254	0.713	0.704	-0.008	-0.009	0.011	-0.0316; 0.0134	4.27E-01	9.60E-01
	cg19096460	0.853	0.850	-0.003	-0.002	0.005	-0.0112; 0.0065	6.05E-01	9.60E-01
	cg18980650	0.795	0.788	-0.007	-0.002	0.007	-0.0154; 0.0113	7.62E-01	9.60E-01
	cg27504269	0.783	0.781	-0.001	-0.001	0.008	-0.0163; 0.0141	8.90E-01	9.60E-01
Late childhood 10	cg12096528	0.885	0.886	0.001	0.002	0.004	-0.0065; 0.0098	6.85E-01	9.60E-01
Accumulation	cg00807464	0.050	0.051	0.001	0.001	0.001	-0.0002; 0.0018	1.12E-01	6.51E-01
	cg10420609	0.603	0.602	-0.001	0.001	0.003	-0.0047; 0.0058	8.34E-01	9.60E-01
	cg14579651	0.663	0.653	-0.010	-0.003	0.003	-0.0083; 0.0018	2.03E-01	8.30E-01

¹DNAm unexp. = mean DNA methylation levels at age 7 in individuals with no exposure to adversity from age 0 to 11.

²DNAm exp. SP = mean DNA methylation levels at age 7 in individuals with exposure to adversity that occurred during the selected sensitive period (SP).

³ΔDNAm= difference in mean DNA methylation levels between individuals exposed to adversity during the selected sensitive period and individuals unexposed to adversity (i.e., DNAm exp. SP – DNAm unexp.)

⁴Effect estimates were calculated using linear regression of exposure to adversity from the theoretical model and DNA methylation, correcting for the covariates described in the methods.

^{*} SE = standard error; bolded loci passed a 5% FDR threshold in the original age 15 analysis.

Table S12. Types of longitudinal DNAm trajectories in response to childhood adversity for top adolescent loci.

Adversity	Timing	Age (years)	CpG	Trajectory name
Caregiver physical or emotional abuse	Early childhood	5	cg14855874	Emergent
			cg15454534	Latent
			cg06215562	Latent
Sexual or physical abuse (by anyone)	Early childhood	3.5	cg26970800	Emergent
			cg15723468	Latent
			cg17928317	Primed
	Late childhood	8	cg27558057	Stable
Family instability	Very early childhood	2.5	cg02735620	Emergent
Financial hardship	Very early childhood	0.66	cg14455319	Time-stable
			cg13204236	Latent
	Early childhood	5	cg15037420	Latent
			cg06410970	Overcompensation
	Late childhood	11	cg02011706	Emergent
			cg04659536	Latent
	Recency		cg17670999	Stable
			cg25459301	Overcompensation
			cg06812747	Stable
Maternal psychopathology	Very early childhood	2.75	cg16813552	Stable
Neighborhood disadvantage	Very early childhood	2.75	cg04288299	Overcompensation
			cg25019631	Overcompensation
			cg04224851	Overcompensation
One adult in the household	Very early childhood	1.75	cg05491478	Overcompensation
	Early childhood	3.9	cg16907527	Flat emergent
			cg08818094	Latent
			cg01060989	Latent
			cg15814750	Latent
			cg15783822	Latent
			cg15864691	Overcompensation
			cg02584161	Latent
			cg02810291	Overcompensation

		cg04036644	Latent
		cg11811897	Latent
		cg15817130	Latent
		cg06711254	Flat emergent
		cg19096460	Latent
		cg18980650	Emergent
		cg27504269	Latent
Late childhood	10	cg12096528	Overcompensation
Accumulation		cg00807464	Stable
		cg10420609	Latent
		cg14579651	Stable

^{*}Bolded loci passed a 5% FDR threshold in the original analysis.

Table S13. Persistence of differential DNA methylation patterns identified at age 7 (whole blood) into adolescence (age 15).

Adversity	Timing	Age (years)	CpG	DNAm unexposed ¹	DNAm exp. SP ²	$\Delta DNAm^3$	Effect estimate ⁴	SE*	95% CI	P-value	FDR-adjusted p-value
Caregiver physical or emotional abuse	Middle childhood	6	cg12023170	0.098	0.105	0.008	0.006	0.007	-0.0077; 0.0191	4.02E-01	8.56E-01
Sexual or physical	Early childhood	4.75	cg20369299	0.682	0.662	-0.02	-0.016	0.018	-0.0523; 0.0196	3.72E-01	8.56E-01
abuse (by anyone)			cg13817046	0.425	0.424	-0.001	0.001	0.014	-0.0257; 0.0285	9.18E-01	9.61E-01
Family instability	Very early childhood	2.5	cg04079399	0.885	0.883	-0.002	-0.002	0.004	-0.0112; 0.0063	5.90E-01	8.75E-01
	Early childhood	4.75	cg01407460	0.023	0.024	0.000	0.001	0.001	-0.0009; 0.002	4.22E-01	8.56E-01
			cg17134302	0.835	0.836	0.001	0.001	0.006	-0.0099; 0.0118	8.63E-01	9.61E-01
			cg13706680	0.875	0.883	0.008	0.008	0.005	-0.0005; 0.0173	6.30E-02	7.16E-01
			cg27457457	0.664	0.646	-0.017	-0.015	0.016	-0.0469; 0.0176	3.74E-01	8.56E-01
			cg01504589	0.836	0.828	-0.008	-0.007	0.009	-0.0247; 0.0105	4.28E-01	8.56E-01
			cg13876553	0.801	0.805	0.004	0.006	0.009	-0.0128; 0.0243	5.43E-01	8.75E-01
			cg01841772	0.810	0.825	0.014	0.014	0.009	-0.0028; 0.0315	1.02E-01	7.16E-01
			cg16231917	0.214	0.242	0.028	0.025	0.015	-0.0037; 0.0542	8.66E-02	7.16E-01
			cg26997966	0.860	0.854	-0.006	-0.007	0.005	-0.0174; 0.0041	2.24E-01	8.56E-01
			cg14401897	0.799	0.808	0.009	0.010	0.010	-0.0103; 0.0299	3.37E-01	8.56E-01
			cg27639644	0.854	0.851	-0.003	-0.003	0.006	-0.0151; 0.0098	6.78E-01	8.75E-01
			cg02886132	0.878	0.885	0.007	0.007	0.004	-0.0012; 0.0162	9.28E-02	7.16E-01
			cg27061903	0.051	0.054	0.003	0.003	0.003	-0.0025; 0.0085	2.84E-01	8.56E-01
			cg10571837	0.897	0.903	0.006	0.006	0.004	-0.0014; 0.0129	1.15E-01	7.16E-01
			cg12188526	0.883	0.885	0.001	0.002	0.004	-0.007; 0.0104	6.95E-01	8.75E-01
			cg21172807	0.109	0.124	0.014	0.014	0.005	0.0033; 0.0245	9.90E-03	4.55E-01
			cg01267076	0.846	0.847	0.002	0.003	0.007	-0.01; 0.0164	6.36E-01	8.75E-01
			cg22346081	0.858	0.860	0.002	0.002	0.005	-0.0073; 0.0119	6.40E-01	8.75E-01
			cg16338178	0.825	0.821	-0.004	-0.003	0.007	-0.0174; 0.0113	6.75E-01	8.75E-01
			cg08971940	0.772	0.785	0.013	0.014	0.011	-0.0074; 0.0357	1.97E-01	8.56E-01
			cg14948379	0.851	0.848	-0.003	-0.003	0.007	-0.0159; 0.0103	6.79E-01	8.75E-01
			cg01654242	0.810	0.817	0.007	0.007	0.010	-0.013; 0.0272	4.88E-01	8.75E-01

		cg11438065	0.901	0.902	0.002	0.002	0.004	-0.0053; 0.0089	6.12E-01	8.75E-01
		cg22011436	0.840	0.846	0.006	0.007	0.008	-0.0085; 0.0225	3.75E-01	8.56E-01
		cg01587190	0.058	0.061	0.003	0.003	0.002	-0.0003; 0.0072	7.05E-02	7.16E-01
		cg01023798	0.854	0.853	-0.002	0.000	0.006	-0.0123; 0.0122	9.92E-01	9.92E-01
		cg09305491	0.910	0.909	-0.001	-0.001	0.004	-0.008; 0.006	7.80E-01	9.38E-01
		cg22060367	0.880	0.880	0.000	0.000	0.005	-0.0084; 0.0093	9.20E-01	9.61E-01
		cg05353659	0.892	0.888	-0.004	-0.004	0.004	-0.0118; 0.0041	3.41E-01	8.56E-01
		cg27567416	0.882	0.887	0.005	0.006	0.004	-0.002; 0.014	1.42E-01	7.24E-01
		cg07206497	0.876	0.876	0.001	0.002	0.005	-0.0072; 0.0106	7.04E-01	8.75E-01
		cg05886789	0.839	0.841	0.002	0.003	0.006	-0.0086; 0.0155	5.77E-01	8.75E-01
		cg14637285	0.858	0.851	-0.007	-0.007	0.006	-0.0185; 0.0043	2.23E-01	8.56E-01
		cg00967695	0.883	0.875	-0.008	-0.008	0.007	-0.0225; 0.0061	2.62E-01	8.56E-01
		cg01100868	0.892	0.894	0.002	0.003	0.004	-0.0056; 0.0111	5.20E-01	8.75E-01
		cg23184756	0.834	0.835	0.001	0.000	0.006	-0.0121; 0.0131	9.41E-01	9.61E-01
		cg00943585	0.828	0.824	-0.005	-0.003	0.011	-0.0246; 0.0194	8.16E-01	9.38E-01
Middle childhood	5.75	cg17719337	0.040	0.040	0.000	0.000	0.002	-0.0031; 0.0033	9.39E-01	9.61E-01
		cg26848593	0.027	0.028	0.001	0.000	0.001	-0.0015; 0.0025	6.23E-01	8.75E-01
		cg06770536	0.733	0.718	-0.015	-0.018	0.012	-0.042; 0.0051	1.24E-01	7.16E-01
	6.75	cg19569074	0.677	0.668	-0.009	-0.004	0.016	-0.0356; 0.0274	7.98E-01	9.38E-01
		cg10940545	0.807	0.796	-0.011	-0.015	0.015	-0.0443; 0.0143	3.14E-01	8.56E-01

¹DNAm unexp. = mean DNA methylation levels at age 15 in individuals with no exposure to adversity from age 0 to 11.

²DNAm exp. SP = mean DNA methylation levels at age 15 in individuals with exposure to adversity that occurred during the selected sensitive period (SP).

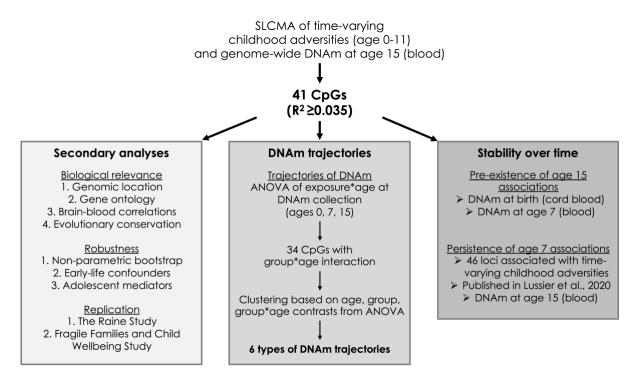
³ΔDNAm= difference in mean DNA methylation levels between individuals exposed to adversity during the selected sensitive period and individuals unexposed to adversity (i.e., DNAm exp. SP – DNAm unexp.)

⁴Effect estimates were calculated using linear regression of exposure to adversity during the selected sensitive period from the theoretical model and DNA methylation, correcting for the covariates described in the methods.

^{*} SE = standard error.

SUPPLEMENTAL FIGURES

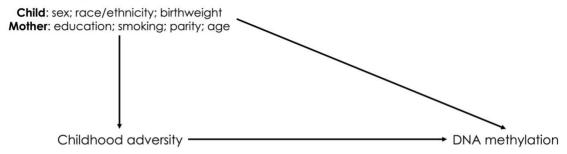
Figure S1. Flow-chart of analyses



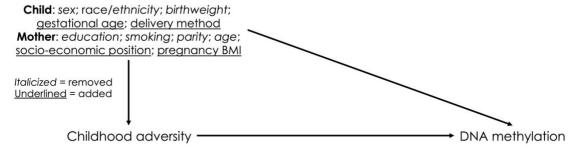
Summary of primary and secondary analyses included in the present manuscript.

Figure S2. Directed acyclic graphs (DAGs) of primary and sensitivity analyses

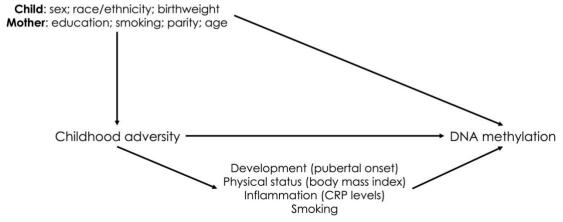
A. Primary analyses



B. Sensitivity analyses of early-life confounders



C. Sensitivity analyses of adolescent mediators



A) Confounders were selected based on prior analyses in the ALSPAC cohorts, which have shown that these child- and mother-based factors are confounders of the relationship between childhood adversity and DNAm.

B) In our sensitivity analyses of early-life confounders, we assessed the impact of removing (italics) or adding (underlined) confounders to our primary model in A. These confounders were added/removed individually.

C) In our sensitivity analyses of adolescent mediators, we investigated mediation through factors related to adolescent development and behaviors, each assessed individually in our primary model.

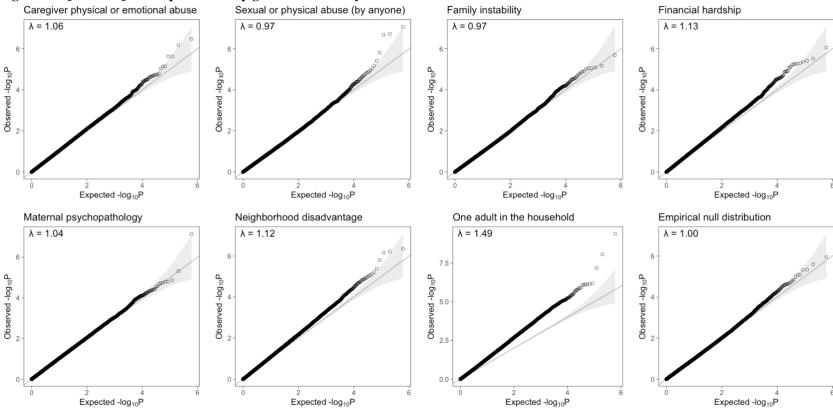


Figure S3. Quantile-Quantile plots of the epigenome-wide analyses

Quantile-quantile (QQ) plots of the expected versus observed p-value distributions for the 302,581 CpGs analyzed for each adversity. The genomic inflation factor (λ) is shown for each adversity and ranged from 0.97 to 1.49, with the one-adult household analysis showing the most inflation (1.49). To determine whether the inflation observed in some of these analyses was due to issues with the method of statistical inference or the assumptions upon which the model relies, we also show a QQ plot of an empirical null distribution, generated using scrambled one-adult household exposure data from ALSPAC with the same covariates as the other analyses. We did not observe any inflation in this model, suggesting that inflation was not due to inference, but instead may represent stronger associations between the exposures and DNAm, which are further amplified due to the non-independence of CpGs (i.e., correlations across the epigenome).

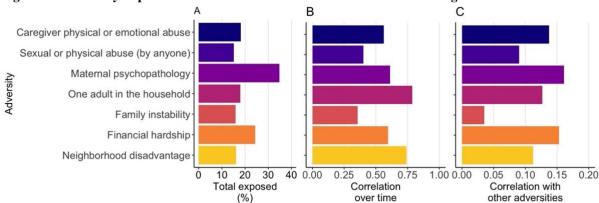


Figure S4. Summary of prevalence and correlations between adversities from age 0-11.

- **A)** The prevalence of each adversity from age 0-11 varied by type, ranging from 15.1% (sexual or physical abuse by anyone) to 34.8% (maternal psychopathology).
- **B**) Exposures within each type of adversity were generally correlated over time, ranging from 0.357 (family instability) to 0.786 (one adult in the household). Closer timepoints tended to be more related than more distant timepoints.
- C) On average, the absolute correlation of exposures to different adversities was modest, ranging from -0.035 (family instability; shown here on absolute scale) to 0.161 (maternal psychopathology), which may reflect various dimensions of childhood adversity.

Correlations were assessed using tetrachoric correlations.

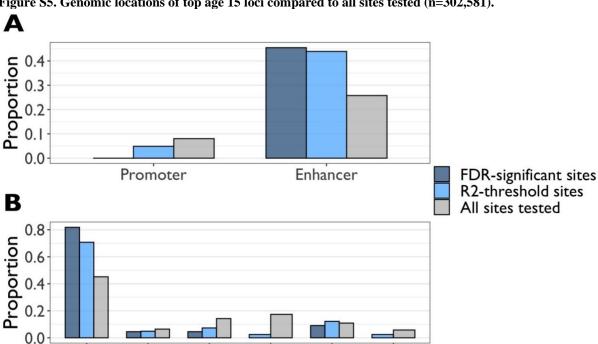


Figure S5. Genomic locations of top age 15 loci compared to all sites tested (n=302,581).

A) Compared to all tested sites, FDR-significant loci showed more enrichment in enhancer regions ($\chi^2=4.5$; p=0.034) and no presence in promoter regions (χ^2 =1.9; p=0.17). R²-threshold loci also showed higher enrichment in enhancers (χ^2 =7.1; p=0.0079) and no differences in promoter enrichment (χ^2 =0.55; p=0.46). B) FDR-significant loci also differed in terms of their location relation to CpG islands, showing higher enrichment in Open Sea regions and decreased enrichment in CpG islands compared to all sites ($\chi^2=13.3$;

p=0.021). R²-threshold loci also higher enrichment in Open Sea regions and decreased enrichment in CpG islands

S. Shore S. Shelf

Open Sea N. Shelf N. Shore Island

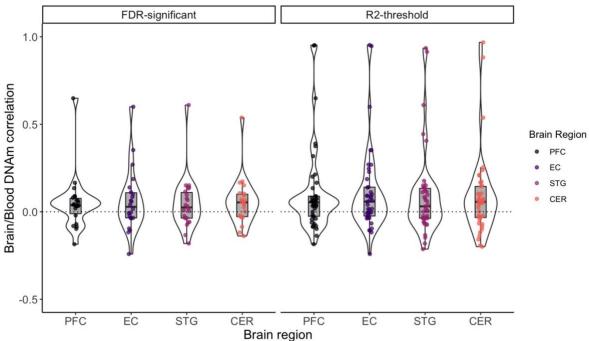


Figure S6. Brain-blood correlations for top loci identified at age 15.

Correlations between DNA methylation measured in blood and specific brain regions are shown for the 22 FDR-significant loci identified at age 15, as well as the 41 loci that passed an R^2 threshold of 0.035. Data were obtained from Hannon et al., 2015. PFC = prefrontal cortex; EC = entorhinal cortex; STG = superior temporal gyrus; CER = cerebellum.

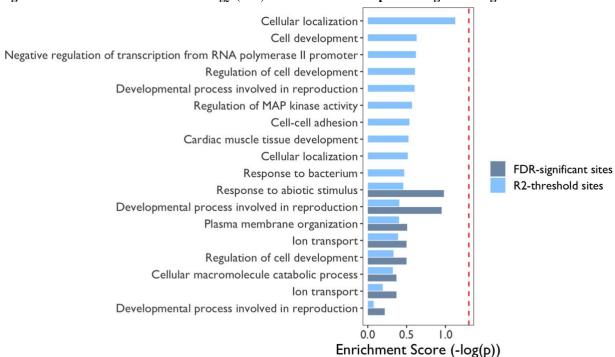


Figure S7. Enrichment of Gene Ontology (GO) term clusters for top loci at age 15 using DAVID.

The 22 FDR-significant loci were annotated to 21 unique genes, while the 41 R²-threshold loci were annotated to 39 genes. The plot shows the clusters of GO biological processes that emerged from these genes, as analyzed using DAVID (4,5). No clusters were significant at p<0.05, shown here as the dotted red line corresponding to an enrichment score of 1.3.

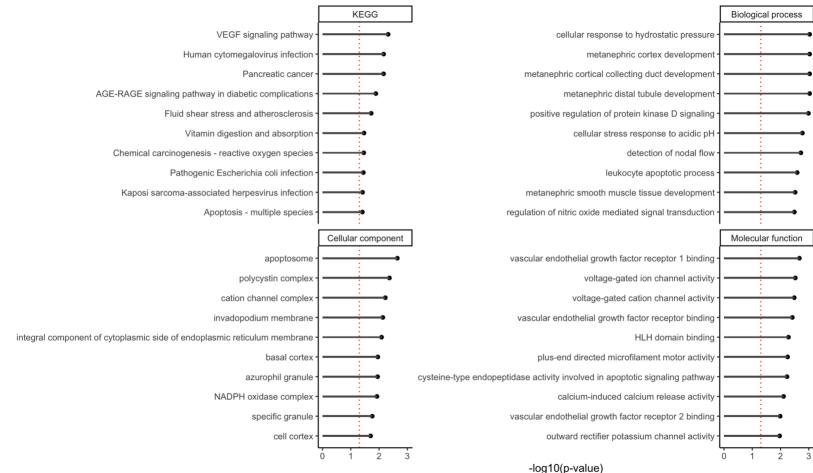


Figure S8. Enrichment of Gene Ontology (GO) term for top loci at age 15 using missMethyl.

Gene ontology enrichment was completed using the *missMethyl* package on the 41 loci that passed an $R2 \ge 0.035$. The approach accounts for the total number of CpGs measured in each gene from the 302,581 CpGs analyzed. No clusters were significant at FDR<0.05, shown here as the dotted red line corresponding to an $-\log_{10}(0.05)$. The top 10 processes from KEGG, biological processes, cellular component, and molecular function categories are shown. Top pathways and processes were related to immune function, apoptosis, and development.

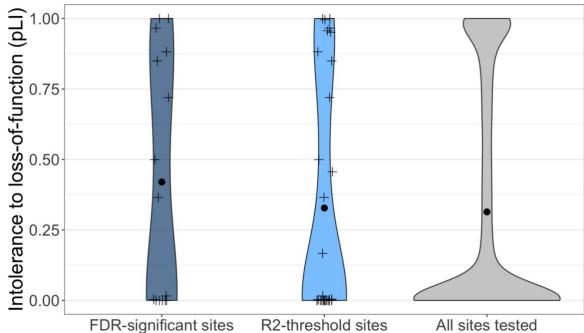
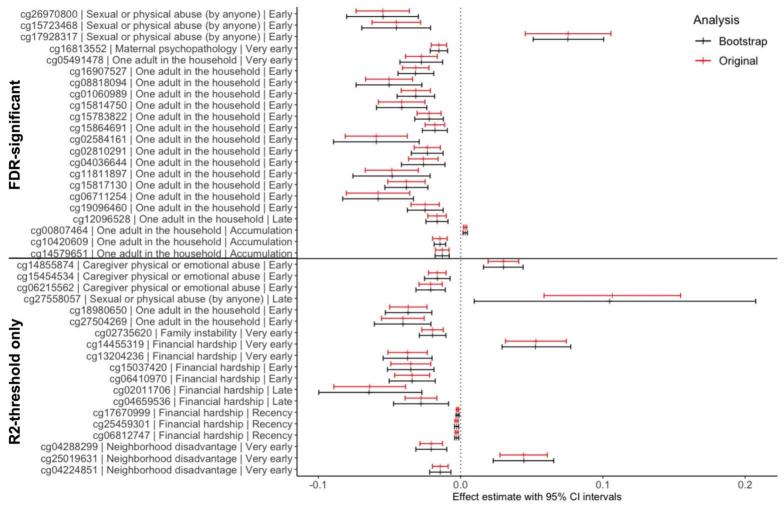


Figure S9. Genes annotated to top age 15 loci were no more highly constrained than all sites.

Violin plots show the distribution of gene constraint scores (pLI) for FDR-significant (n=17 annotated genes from 22 loci), R²-threshold loci (n=33 annotated genes from 41 loci), and genome-wide loci (n=16,114), where higher values represent increased probability of a gene being intolerant to Loss-of-Function variation. Genes annotated to FDR-significant sites were no more highly constrained than the rest of genes tested (permutation p=0.27 for FDR-significant subset; p=0.51 for R²-threshold subset). Black points represent mean pLI values for the two sets of genes. Three genes in the set of FDR-significant loci showed a pLI>0.9 (*DSP*, *CUX2*, and *STK38L*), with four more in the R²-threshold subset (*FBXL16*, *PKD2*, *TAF1*, and *XKR6*).





The 41 R²-threshold associations (of which 22 passed a 5% FDR cutoff) between childhood adversity and DNA methylation at age 15 were internally validated using non-parametric bootstrap analyses. The average effect estimates for the 10,000 bootstraps (black) showed only minor differences from the effects estimates generated in the original analyses of childhood adversity and DNAm (red). 95% confidence intervals are shown.

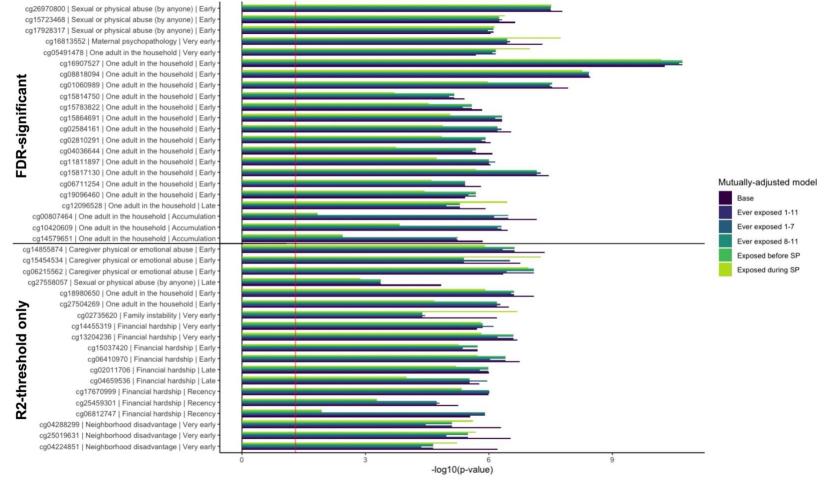
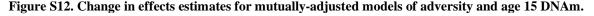
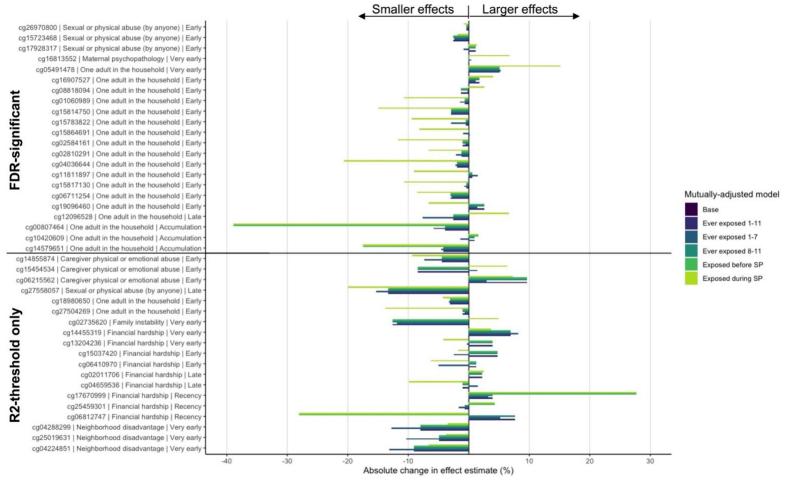


Figure S11. Significance levels for mutually-adjusted models of adversity and age 15 DNAm.

We compared the significance of associations between childhood adversity and DNA methylation (DNAm) at age 15 between the base model and "mutually-adjusted" models, which additionally included other types of childhood adversity. These five mutually-adjusted models included a variable of exposure to any other adversity between age 1-11, age 1-7, or age 8-11. We also tested the effects of exposures to adversity before or during the SLCMA-selected sensitive period; accumulation hypotheses were corrected using the total number of exposures from age 1-11. Significance levels are represented by the -log₁₀ of p-values, whereby larger values represent smaller p-values (higher significance) and smaller values represent larger p-values (lower significance). The red line shows the -log₁₀ of p=0.05. All associated passed a false-discovery rate of 0.05 when correcting for the testing of 22 FDR-significant loci.





The strength of associations between childhood adversity and DNA methylation (DNAm) at age 15 from the base model were compared to mutually-adjusted models, which additionally included other types of childhood adversity. These five "mutually-adjusted" models included a variable of exposure to any other adversity between age 1-11, age 1-7, or age 8-11. We also tested the effects of exposures to adversity before or during the SLCMA-selected sensitive period (SP); accumulation hypotheses were corrected using the total number of exposures from age 1-11. The majority of associations showed little change in the strength of associations between a given childhood adversity and DNAm when accounting for other exposures, shown as the absolute percent change in effect estimate. However, associations between the accumulation of exposures to one-adult households and DNAm at age 15 were most attenuated in the mutually-adjusted models, showing a 1-40% reduction in the size of the effect estimate. Accounting for exposure that co-occurred during the SLCMA-selected sensitive period also resulted in smaller effect estimates for exposures to one-adult households during early childhood.

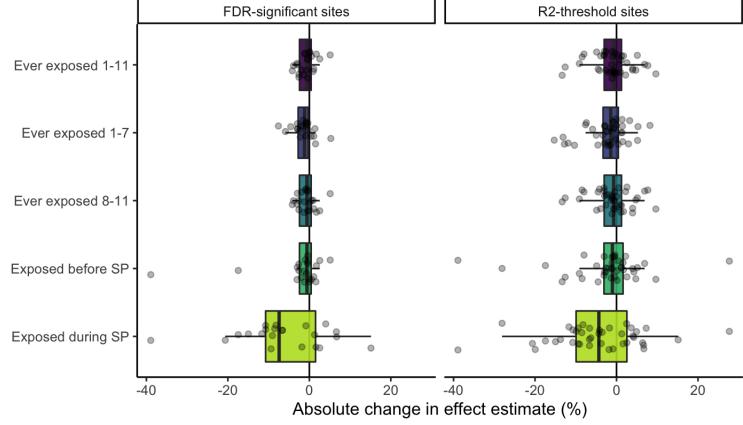


Figure S13. Average differences across mutually-adjusted models of exposure to childhood adversity and DNA methylation at age 15.

The strength of the associations between childhood adversity and DNA methylation (DNAm) at age 15 from the base model were compared to mutually-adjusted models that accounted for the potential effects of other types of childhood adversity. These "mutually-adjusted" models included a variable of exposure to any other adversity between age 1-11, age 1-7, or age 8-11. We also tested the effects of exposures to adversity before or during the SLCMA-selected sensitive period (SP); accumulation hypotheses were corrected using the total number of exposures from age 1-11. Across all 22 loci FDR-significant, the effects of mutual adjustment were most pronounced when correcting for exposures that occurred during the same sensitive period (mean = -6.3%, range = -38.9% to 15.1%). These effects were similar in the 41 R²-treshold loci (mean = -4.7%, range = -38.9% to 27.7%). Each point represents one CpG.

Figure S14. Summary of replication cohorts

Cohort	Adversity	Age (years)																
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
ALSPAC	Caregiver physical or emotional abuse	8m	21m	33m	47m	61m	72m			108m		132m				DNAm (blood)		
	Sexual or physical abuse		18m	30m	42m	57m	69m	81m	96m									
	Maternal psychopathology	8m	21m	33m		61m	72m					132m						
	One adult in the household	8m	21m	33m	47m			84m	96m		120m							
	Family instability		18m	30m	42m	57m	69m	81m	96m									
	Financial stress	8m	21m	33m		61m		84m				132m						
	Neighborhood disadvantage	8m	21m	33m		61m		84m			120m							
FFCWS	Caregiver physical or emotional abuse			36m		60m				108m						DNAm (saliva)		
	Maternal psychopathology	12m		36m		60m				108m								
	One adult in the household	12m		36m		60m				108m								
	Family instability	12m		36m		60m				108m								
	Financial stress	12m		36m		60m				108m								
he Raine Study	One adult in the household	12m	24m	36m		60m			96m		120m							DNA (bloo

Summary of the childhood adversity measures available in ALSPAC, Future of Families and Child Wellbeing Study (FFCWS), and the Raine Study, as well as the mean age at DNA methylation (DNAm) collection.

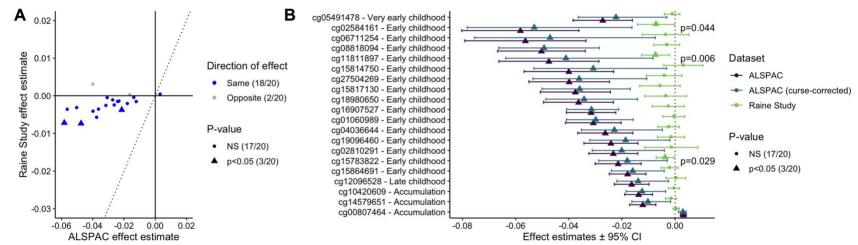


Figure S15. Replication of one-adult household associations in the Raine Study

A) For 18 of the 20 CpGs associated with one-adult households, the direction of effect estimates was the same (blue) for ALSPAC (x-axis) and the Raine Study (y-axis), which is a greater number than expected under the null hypothesis (p=0.000201). Three CpGs showed nominally significant associations between exposure to one-adult households and DNAm at age 18 in the Raine Study (p<0.05; triangles).

B) The size of effect estimates was attenuated in the Raine Study (green) compared to the ALSPAC cohort (purple), with only three CpGs in the Raine Study showing 95% confidence intervals (CI) that did not overlap with zero. When correcting for the winner's curse in ALSPAC (blue), these differences were slightly mitigated, and showed some potential overlaps with estimates from the Raine Study (13 of 20 loci with overlapping 95% CI).

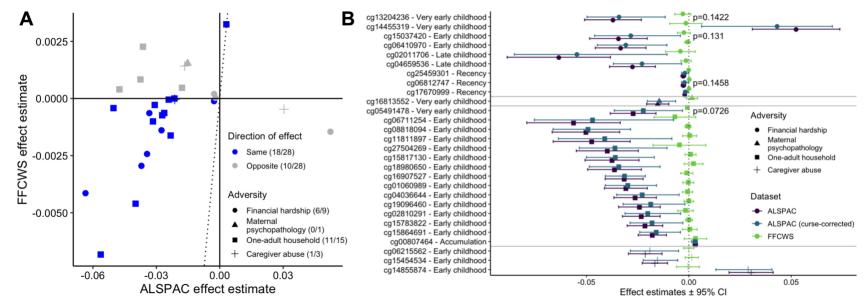


Figure S16. Replication of associations in the FFCWS cohort

A) For 18 of the 28 CpGs associated with four types of childhood adversity, the direction of effect estimates was the same (blue) for ALSPAC (x-axis) and the FFCWS cohort (y-axis), which is (p=0.092). Associations with one-adult households showed closer concordance across cohorts, with 11 of 15 CpGs analyzed showing the same direction of effects between cohorts (p=0.059).

B) The size of effect estimates was attenuated in FFCWS (green) compared to the ALSPAC cohort (purple), with only one CpG showing concordant effects between cohorts (cg00807464, one-adult households, accumulation). When correcting for the winner's curse in ALSPAC (blue), these differences were slightly mitigated, and showed some potential overlaps with estimates from the FFCWS cohort (12 of 28 loci with overlapping 95% CI).

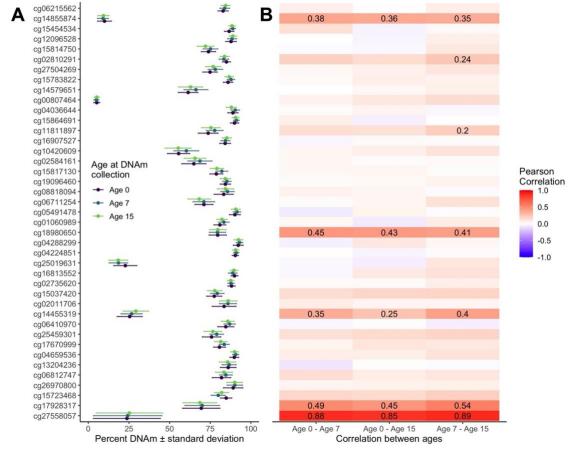


Figure S17. Population and individual-level stability of DNAm from birth to adolescence of top loci

A) Mean DNAm and standard deviation of the top 41 loci at birth, age 7, and age 15. Population-level DNAm levels were similar across ages, as were their distributions.

B) Individual-level Pearson correlations were low across ages, with only five CpGs showing an r > 0.2 across all three ages. These findings suggest that top loci may be located in regions of the genome that are more variable across development.

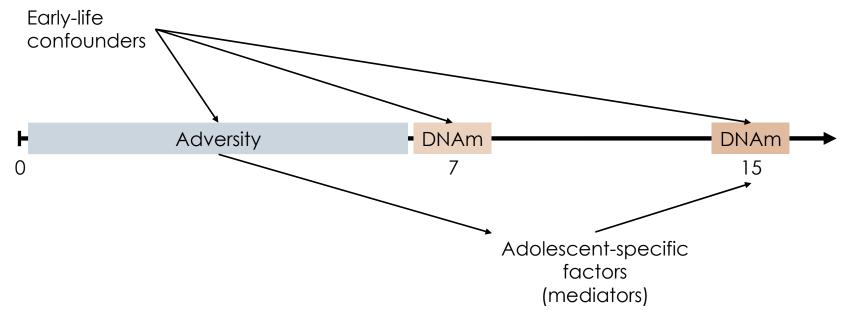


Figure S18. Accounting for potential confounders and mediators of adversity-DNAm relationships.

We identified two main types of factors that may have influenced or explain the results of our analyses between time-varying childhood adversity and DNA methylation (DNAm) patterns at age 7 and 15.

First, early-life confounders could have influenced the results of analyses of both age 7 and age 15 DNA methylation levels. These early-life confounders were investigated by including or removing covariates from the regression analyses of the 41 adolescent-specific loci to determine whether they influenced the strength of associations.

Second, adolescent-specific factors, meaning those that occurred after age 7, could only influence associations with age 15 DNA methylation for temporal reasons. Given that confounders must be causally associated with the exposure (adversity) and outcome (DNAm at age 15), adolescent-specific factors were considered as potential mediators of this relationship. In this case, any factors that significantly mediated this relationship would explain why associations between adversity and DNAm were not present at age 7.

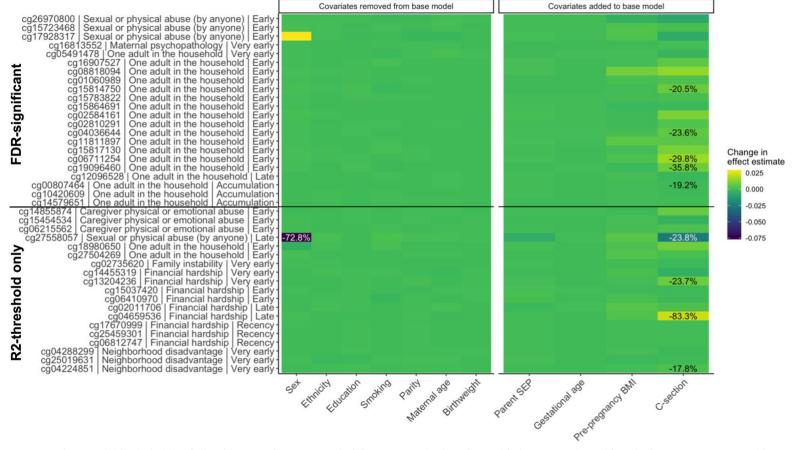


Figure S19. Effects of early-life confounders on associations between adversity and DNAm at age 15.

Our base regression model included the following covariates: sex, ethnicity, maternal education at birth, maternal smoking during pregnancy (smoking), parity, maternal age at birth, and birthweight. We investigated the impact of removing these covariates or adding additional ones to our regression analyses, specifically for the CpGs that showed associations between childhood adversity and age 15 DNA methylation.

Removing any one of the main covariates from our analyses resulted in small changes to the effect estimate from the regression model, except for two CpGs on chromosome X (cg17928317; cg27558057), which showed large changes in effect when sex was not included in the model.

When adding potential confounders to the regression model, we again found small changes in effect estimates, with only four CpGs showing a >10% change in effect upon including of maternal pre-pregnancy body mass index (BMI). Parental socio-economic status at birth (SES parent) and gestational age in weeks did not influence the strength of associations. Including delivery method (C-section) as a covariate induced broader changes in effect estimates.

Percent changes in effect estimates are shown for CpGs that no longer met a Bonferroni-adjusted p<0.05 (for 41 tests) after covariate removal/addition.

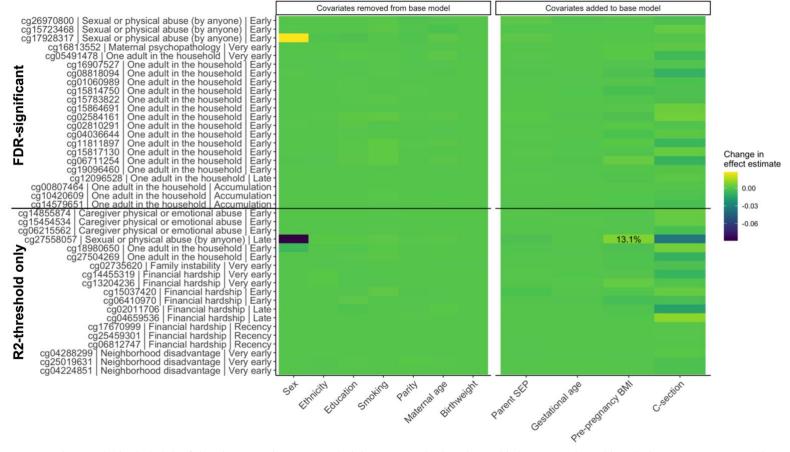


Figure S20. Effects of early-life confounders on associations between adversity and DNAm at age 7.

Our base regression model included the following covariates: sex, ethnicity, maternal education at birth, maternal smoking during pregnancy (smoking), parity, maternal age at birth, and birthweight. We investigated the impact of removing or adding confounders to our regression analyses of our 41 top adolescent CpGs. With this base model, none of the loci showed significant associations between childhood adversity and DNA methylation at age 7. Removing covariates from the primary model resulted in small changes to the effect estimate from the regression model, except for two CpGs on chromosome X (cg17928317; cg27558057), which showed a larger change in effect when sex was not included in the model.

When adding parental socio-economic status at birth (SES parent), gestational age in weeks, maternal pre-pregnancy body mass index (BMI), or delivery method (C-section) to the base model, we again found minor fluctuations in the strength of associations, suggestive of little confounding effects on these associations.

Percent changes in effect estimates are shown for CpGs that no longer met a Bonferroni-adjusted p<0.05 (for 41 tests) after covariate removal/addition.

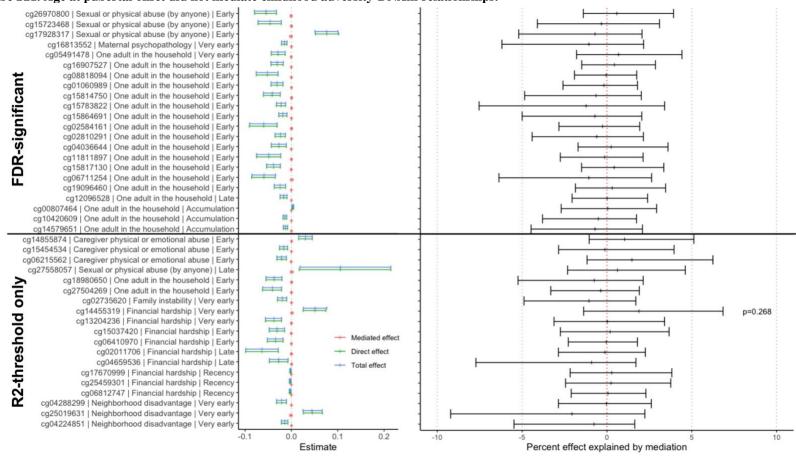
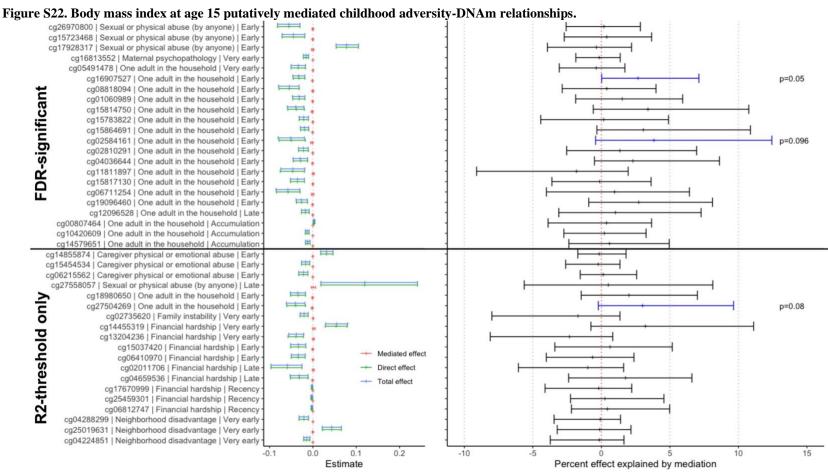


Figure S21. Age at pubertal onset did not mediate childhood adversity-DNAm relationships.

Mediation by the age of pubertal onset, estimated using peak height velocity, was tested for the loci associated with childhood adversity and DNA methylation at age 15. The average causal mediation effect (mediated effect, red; left panel) was close to zero for all CpGs, explaining very little of the association between childhood adversity and DNA methylation levels. None of the estimated mediated effects were significant (p>0.05). The lowest p-value belong to cg14455319 (p=0.268). Y-axis is noted as "CpG | childhood adversity | SLCMA hypothesis".



Mediation by body mass index, measured at age 15, was tested for the loci associated with childhood adversity and DNA methylation at age 15. The average causal mediation effect (mediated effect, red; left panel) was near zero for all CpGs, explaining very little of the association between childhood adversity and DNA methylation levels. However, one locus (cg16907527) showed nearly significant mediated effects, explaining 2.67% of the relationship between childhood adversity and DNA methylation (p=0.050). Two other loci showed causal mediation with p<0.1, shown in blue (right panel). No associations were significant after correction for multiple-testing at a false-discovery rate <0.05. Y-axis is noted as "CpG | childhood adversity | SLCMA hypothesis".

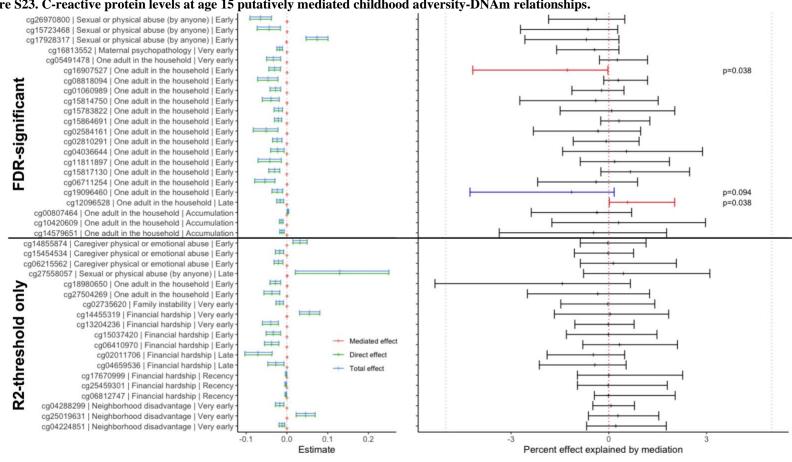
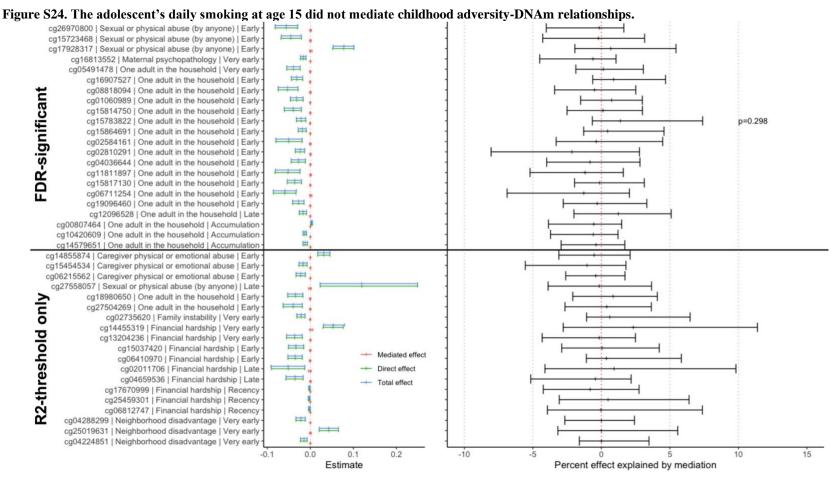
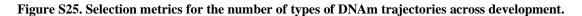


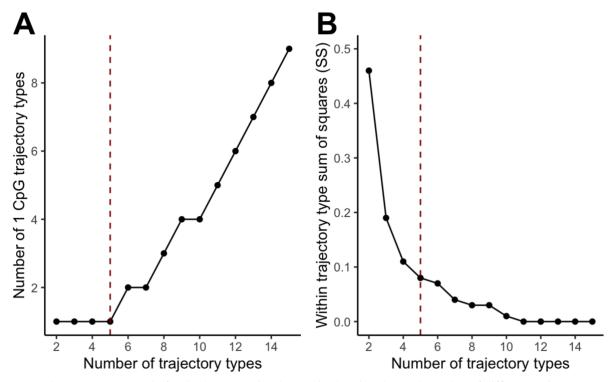
Figure S23. C-reactive protein levels at age 15 putatively mediated childhood adversity-DNAm relationships.

Mediation by the levels of C-reactive protein, measured at age 15, was tested for the loci associated with childhood adversity and DNA methylation at age 15. A) The average causal mediation effect (mediated effect, red; left panel) was close to zero for all CpGs, explaining very little of the association between childhood adversity and DNA methylation levels. B) Two of the estimated mediated effects were significant (p<0.05, red; cg16907527, VEGFA, -1.27% relationship explained; cg12096528, SLC25A41, -1.14% relationship explained) and one locus showed a putative causal mediation effect with (p<0.1, blue; cg19096460, HERC3). However, none of these passed multiple-test correction. Y-axis is noted as "CpG | childhood adversity | SLCMA hypothesis".



Mediation by smoking behavior at age 15, categorized as the adolescent smoking cigarettes on a daily basis, was tested for the 23 loci significantly associated with childhood adversity and DNA methylation at age 15. The average causal mediation effect (mediated effect, red; left panel) was close to zero for all CpGs, explaining very little of the association between childhood adversity and DNA methylation levels. None of the estimated mediated effects were significant (p>0.05). The lowest p-value belonged to cg15783822 (p=0.298). Y-axis is noted as "CpG | childhood adversity | SLCMA hypothesis".



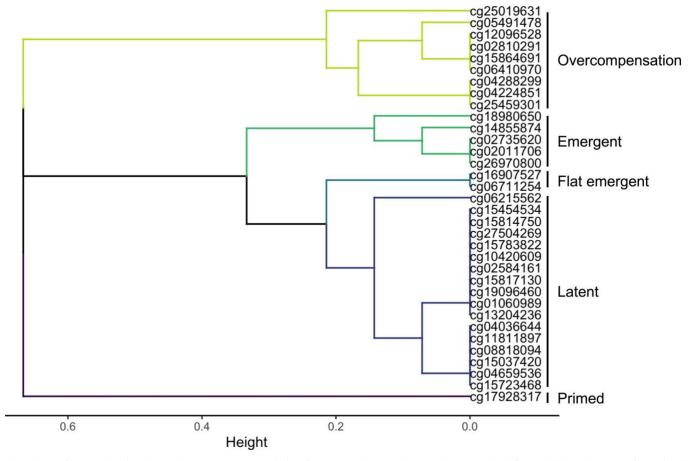


A) Number of trajectory types that were composed of a single CpG, with the x-axis showing the total number of different trajectory types. From the 2 to 5 trajectory solutions, only one trajectory type was composed of a single CpG.

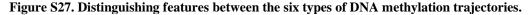
The red dashed line represents the number of total trajectory types selected for final analyses (5), based on the number of trajectory types with single loci and elbow of the minimal sum of squares plot.

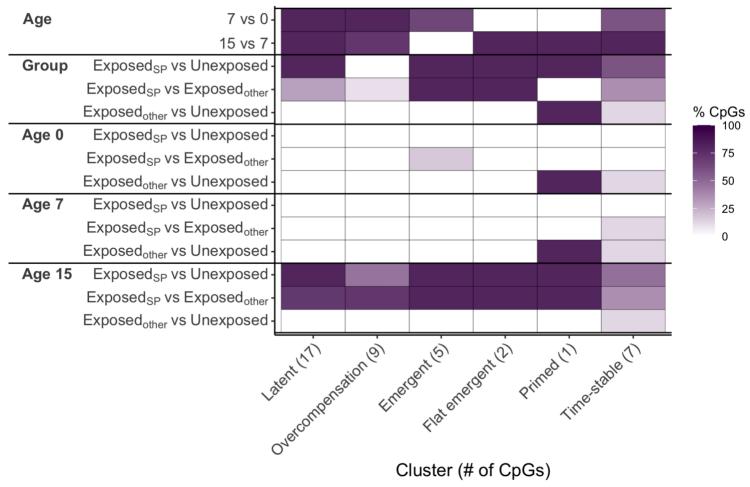
B) The mean within trajectory type sum of squares shown by number of total trajectories, where lower values reflect closer observations within clusters (i.e., more homogenous clusters). This metric showed an almost complete drop-off by the model with 5 trajectory types, suggesting that the good model fit was achieved.





Hierarchical clustering of age 15 loci using Tukey summary statistics for group-by-age interactions revealed five additional types of longitudinal DNAm patterns beyond those that did not show significant group-by-age interactions. These types of trajectories ranged in size from 1 (primed) to 17 CpGs (latent).





Summary of the significant Tukey summary statistics used to differentiate the six types of DNA methylation trajectories. The fraction of loci with a significant contrast for each type of trajectory is shown (lighter color indicates more loci, or a greater fraction of trajectories). The summary statistics on the y-axis show whether the contrast was significant for: 1) mean differences between ages (age 0, age 7, age 15), 2) mean exposure group differences *across* all ages (exposed during the period identified from the SLCMA [exposed_{SP}]; exposed during other period [exposed_{other}], or unexposed), and 3) exposure group differences *within* each age.

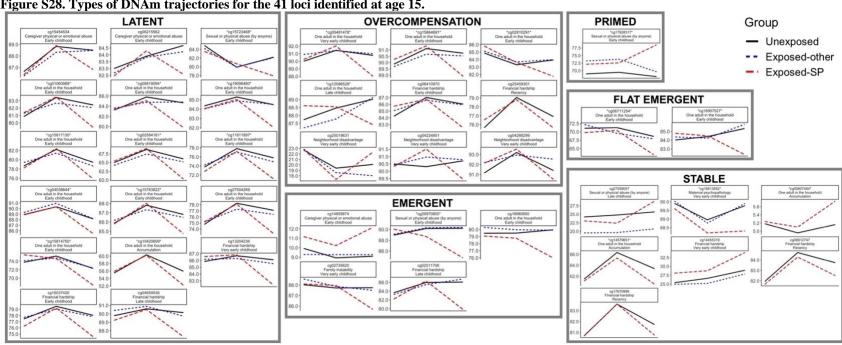
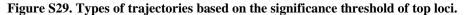
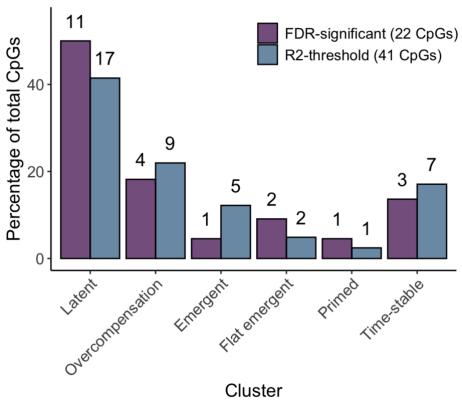


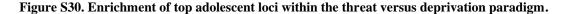
Figure S28. Types of DNAm trajectories for the 41 loci identified at age 15.

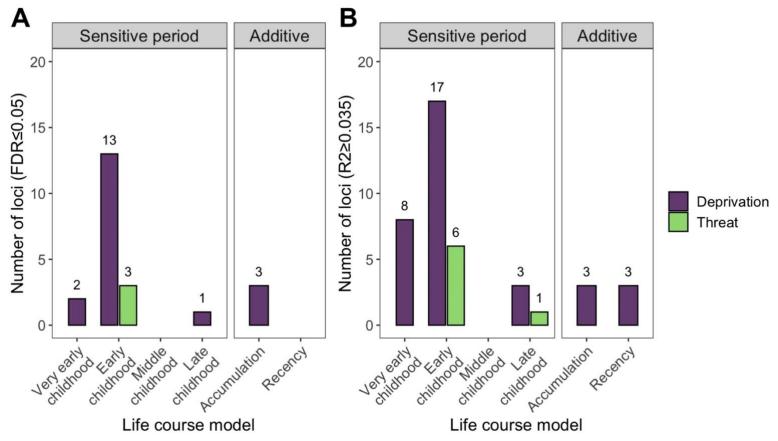
Shown here are the cell-type corrected DNA methylation (DNAm) values on the y-axis and the age at DNAm collection on the x-axis for the 41 loci identified from the SLCMA analyses of age 15 DNAm. Of the 41 loci, seven did not show significant exposure group by age effects (group-by-age effects) and are shown as "Stable". From the 34 loci with significant group by age effects, we identified five distinct types of DNAm trajectories and responses to childhood adversity across development. These DNAm trajectories were identified based on mean exposure group differences across ages, mean age differences across exposure groups, and exposure group differences at specific ages. Exposure groups were as follows: 1) exposed to adversity during the period identified from the SLCMA (exposed-SP; red); 2) exposed to adversity outside the period identified from the SCLMA (exposed-other; blue); or 3) unexposed to adversity across development (black). The childhood adversity and hypothesis selected in the SLCMA are shown in the header of each individual plot. Waves of DNAm collection are shown on the x-axis (age 0, 7, and 15 at the inflection points) and percent DNAm is shown on the y-axis.





The fraction of CpGs falling within different types of DNA methylation trajectories across development did both vary based on selection thresholds based on and FDR<0.05 or and $R^2 \ge 0.035$ ($\chi^2 = 1.92$, p = 0.86). However, the were generally more CpGs in the latent class and fewer in the emergent class for the FDR-significant loci compared to the R^2 -threshold loci.





The life course theoretical models were split by sensitive periods (i.e., exposure to adversity during specific childhood periods) or additive models (i.e., accumulation or recency of exposures). Colors represent the two adversity paradigms, threat versus deprivation. **A)** Of the 22 loci identified at a false-discovery rate (FDR) <0.05, most loci were associated with exposure to deprivation during early childhood. **B)** Of the 41 loci identified at an R2 \geq 0.035 cutoff and p<1x10⁻⁵ threshold, most associations were again linked to a deprivation exposure, particular during very early and early childhood. Exposures to threat-type adversities were mainly linked to DNAm when they occurred during early childhood.